

The Believer's Provision Series 1



د. خالد بن عبدالرحمن الجريسي

Selected Adhkaar

Situations & Supplications

Dr. Khaled Ibn Abdul-Rahman AL-Jeraisy

Introduction by Shaikh Abdullah Ibn Abdurrahman Al-Jibreen

The Believer's Provision Series Book 1

منتقى الأذكار

Selected Adhkaar

Supplications
For
Protection and Reward

Dr. Khaled Al-Jeraisy

Translated by

Dr. Mohamed Atif Mogahed Mohamed



Contents

Foreword	13
Translator's Note	15
Pronunciation Guide	17
Introduction	21
Chapter 1: How to Pray for the Prophet	25
Chapter 2: Etiquette of Du'aa' and	
Dhikr	. 29
Chapter 3: Situations and Supplications	33
3.1 Du'aa' for Istikhaarah	. 33
3.2 Travel Du'aa'	35
3.3 Du'aa' on Returning from Travel	37
3.4 Du'aa' for a Departing Traveller	38
3.5 A Traveller's Du'aa' for	
Those Seeing Him off	. 39
3.6 Du'aa' on Getting Dressed	. 39
3.7 Du'aa' for a Friend	
Wearing New Clothes	. 41

3.8 Du'aa' on Entering the House41
3.9 Du'aa' on Going out of the House 42
3.10 Du'aa' on the way to the Mosque 44
3.11 Du'aa' on Entering and
Leaving the Mosque45
3.12 Du'aa' on Eating and Drinking 47
3.13 <i>Du'aa'</i> on Sneezing
3.14 Congratulations on a Wedding49
3.15 Du'aa' on Having Intercourse 50
3.16 Du'aa' on Leaving an Assembly 51
3.17 Du'aa' on Entering the Marketplace 52
3.18 <i>Du'aa'</i> when Angry
3.19 <i>Du'aa'</i> for Rain
3.20 Du'aa' during Rain & if
Expecting Damage from Rain 55
3.21 Du'aa' when the Wind Blows 56
3.22 Du'aa' on Hearing Thunder 57
3.23 <i>Du'aa'</i> in Distress
3.24 <i>Du'aa'</i> in Difficulty

3.25 Du'aa' in Irreversible Situations 59
3.26 Du'aa' when Satan Whispers 60
3.27 Du'aa' against Shirk Thoughts 61
3.28 Du'aa' if Feeling Pessimistic 62
3.29 Du'aa' on Seeing Suffering62
3.30 Du'aa' in Happy / Hateful Outcomes 63
3.31 Du'aa' not to Cast the Evil Eye 64
3.32 Du'aa' on Hearing a Rooster Crow,
a Donkey "Ee-awe" or a Dog Bark 64
3.33 Du'aa' in Ruqya Treatment 65
3.33.1 Ruqya Treatment of Bites / Stings 65
3.33.2 Ruqya Treatment of Illness 66
3.33.3 Ruqya Treatment of Ulcers /
Wounds 66
3.33.4 The Prophet's <i>Ruqya</i>
3.33.5 Jibreel's <i>Ruqya</i>
3.33.6 Ruqya for Treating Physical Pain 68
3.33.7 Du'aa' on Visiting a Sick Person 69
3.33.8 Du'aa' if Fearing Fitnah at Death 70

Chapter 5: Adhkaar for Acts of
Worship
5.1 Salaah-Related Adhkaar
5.1.1 When Preparing for Salaah 113
5.1.2 Du'aa' on Leaving for the Mosque 116
5.1.3 Du'aa' on Entering and
Leaving the Mosque
5.1.4 Du'aa' while in the Mosque 119
5.1.5 Du'aa' on Hearing the Prayer Call 120
5.1.6 Du'aa' after the Prayer Call 121
5.1.7 Du'aa' on Starting Salaah 124
5.1.8 Adhkaar in Rukuu' (Bowing) 129
5.1.9 Du'aa' on Straightening up
from <i>Rukuu'</i>
5.1.10 Adhkaar in Sujuud
5.1.11 Du'aa' when Sitting between
Prostrations
5.1.12 <i>Tashahhud</i>
5 1 13 Du'aa' after Tashahhud 140

5.1.14 Du'aa' for Seeking the Good
of Both Worlds140
5.1.15 Adhkaar after Tasleem
5.1.16 Suras to Recite in Al-Witr Salaah 149
5.1.17 Qunuut Du'aa'
5.1.18 Adhkaar for Specific Salaahs 153
5.1.18.1 Rain-Invoking Prayers 153
5.1.18.2 Istikhaarah Supplication 155
5.1.18.3 The Friday Dawn Prayer 158
5.1.18.4 The Friday Prayer
5.1.18.5 Salaat Al-Kusuuf (Eclipse) 159
5.1.18.6 The Eed Salaah
5.2. Adhkaar for Zakaah
5.2.1 Prayer on Receiving Zakaah 163
5.2.2 Prayer if Offered Money 164
5.2.3 Du'aa' on Returning a Loan 165
5.3 Fasting <i>Adhkaar</i>
5.3.1 What to Say on Sighting the
Ramadan Crescent

500D 4 T 1/ 1 T / 1/60
5.3.2 Response to Insult when Fasting 166
5.3.3 What to Do during your Fast 166
5.3.4 <i>Du'aa'</i> on Breaking Fast
5.3.5 A Guest's Du'aa' on Breaking
Fast 167
5.3.6 Du'aa' on Laylatul-Qadr
5.4 Adhkaar for Hajj and Omrah 169
5.4.1 Travel-Related Adhkaar 169
5.4.1.1 Du'aa' Uphill and Downhill 169
5.4.1.2 Du'aa' if Troubled by Transport 170
5.4.1.3 Travelling Du'aa' at Daybreak 170
5.4.1.4 <i>Du'aa'</i> on Staying the Night 171
5.4.1.5 <i>Du'aa'</i> on Entering a Town 172
5.5 Rite-Related Adhkaar for Hajj &
Omrah
5.5.1 Adhkaar for Ihraam
5.5.2 <i>Talbiyah</i>
5.5.3 Adhkaar for Tawaaf
5.5.4 Du'aa' in the Post-Tawaaf Rak'ahs 176

5.5.5 Adhkaar between Al-Safa
and Al-Marwah 177
5.5.6 Du'aa' on Proceeding to Arafah 179
5.5.7 Du'aa' on the Mount of Arafah 181
5.5.8 Acts for the Dawn of the
Sacrifice Day
5.5.9 Du'aa' and Acts on Throwing
Jamaraat183
5.5.10 Du'aa' during Tashreeq Days 184
5.5.11 Du'aa' on Offering Hajj Sacrifice 185
5.5.12 Du'aa' on Completing All
<i>Hajj</i> Rites
Chapter 6: General Adhkaar
Endnotes 198

Foreword

Praise be to Allah, the King worthy of worship, the Generous. I do praise and thank Him for the countless blessings He has granted us. I testify that there is no god but He, alone without partners. I testify that Muhammad is His slave and Messenger, whom Allah has promised a high status in the Hereafter. May Allah's prayers and peace be upon him, his kin, his Companions and his followers till the Appointed Day.

I have read this booklet, on the virtues of Allah's remembrance and supplication. The booklet underscores the value of Allah's remembrance and supplication and how they can be answered.

The writer has succeeded in selecting relevant content from only the established *hassan* ('good') or *Sahih* ('sound') supplications and regular voluntary sayings and Adhkaar, specific as well as general. Besides, he has pointed out the great rewards of supplication,

and has documented the authenticity of narration and grades of Hadiths. Wallaahu a'lam (Only Allah se knows the truth).

May Allah reward the writer greatly, and May His peace and blessings be upon Prophet Muhammad, his kin, his sahaabah (companions) and his followers.

Abdullah Ibn-Abdurrahman Al-Jibreen

Translator's Note

Bismil-laahir-rahmaanir-raheem.

Praise be to Allah.

May Allah's prayers and blessings be upon His Prophet Muhammad, his kin, his Companions and his followers. Amen.

The translator would like to acknowledge that the meanings of the Qur'anic verses in this booklet are taken from Picthall's translation. He would also like to acknowledge that The Alim for Windows has been a great help. May Allah reward Picthall and all of those involved in The Alim. In this booklet, each supplication appears in three forms: an English transliteration (in italics) of the Arabic original, followed by a translation of the meaning in English, followed by the original in Arabic.

On the next 5 pages is a Pronunciation Guide showing the pronunciation symbols used in transliteration. It is mainly concerned with expected difficulties.

Pronunciation Guide

Avoiding technical terms, this Guide provides a simplified approximation of the Arabic pronunciation of the transliteration symbols. At the bottom of each two pages, there are words representing, to a great extent, the pronunciation of the symbols.

Symbol	Arabic Letters	Examples
th	ث	Thick, health
#	į	That, with - the tongue tip is between the teeth.
/ № /	٦	hamada (praised), fataha (opened); it sounds like the 'h' in 'hat', but the air scrapes through the throat.
/ h /	د	<i>H</i> ome
/s/	س	see, miss [the tip of the tongue is closer to the upper and lower teeth as in S].
/ S /	ص	Sounds like the letter 's', as in 'sun' and 'son', but fuller; the

		front of the tongue touches the
		front of the roof of the mouth.
/z/	ز	Zero, please
Ž	ظ	Sounds like the letters 'th', as in 'thus', but fuller. The tongue tip touches the upper teeth from inside.
/sh/	ش	Shout, push
/ d /	3	dad [the tip of the tongue is closer to the teeth ridge as in D.
/ D /	ض	Sounds like the letter 'd', as in 'dug' and 'mud', but the front of the tongue, rather than the tip itself, touches the front of the roof of the mouth. It sounds fuller than d .
/g h /	ۼ	Paris (as pronounced by the French), ghaadara (Arabic 'left'). The back of the tongue touches the roof of the mouth.
/w/	و	Week, cow
/kh/	څ	Loughness, Khalid (name) - the back of the tongue touches the roof of the mouth, with air passing through them causing a friction.

/\$/	ع	'arafat (name), 'ad (come back),
		'freet (ghost)
/#/		Ring, tank, monk - it sounds
		like the letter 'n', but less
		obvious, and air is diverted
		towards the nose.
/T/	J	Sounds like the letter 't', but
		fuller, as in 'butter' and 'Qatar'.
		The front of the tongue, rather
		than the tip, touches the front of
		the roof of the mouth.
/ # /		Should, could, put
/44/		Moon, group, fruit
/i/		in, sin.
/ee/		Deal, feel.
/ a /		Admire, happy
aa		dam, mad - Arabic words:
		maata (died); aaba (returned).
<u> aa </u>		star, car - Arabic words: qaala
		(said); Saama (fasted)
/ ay /		ice, find
-		Do NOT pause. Read on.
0		Pronounce the symbols inside the
		brackets if you read on. Do not
		read them if you pause or stop.

鱉	It means: May Allah's prayers
	and peace be upon him. Read it
	as: /Sallal-laahu ζalayhi wa-
	sallam/.
<i>3</i> 8	It means: Honor and majesty be
	to Allah. Read it as: /ζazza wa
	jalla/.

Introduction

Praise be to Allah, the Exalted in might, the Ever-Forgiving, Who has made day and night a sign for reminding those who see and reason. It is He Who sent Prophet Muhammad and made him the Imam of the pious who remember Him constantly. To his call responds every one seeking Heaven and avoiding the Hellfire by means of Allah's remembrance, day and night. May Allah's peace and prayers be upon him, his fellow Prophets, their kin and every one who remembers Allah, the One, the Almighty.

Our greatest duty is to worship only Allah, the most High. Whoever is in constant remembrance of Him qualifies for His greatest rewards.

Since it pleases Allah a lot that we follow His Messenger, I have sought to present fellow Muslims with this selection of his established adhkaar. It is not meant to exclude any supplications, but to facilitate following the

Sunnah in Allah's remembrance. This is consistent with the Prophet's typical caring and merciful attitude towards Muslims. The selection itself represents the first in a number of publications called The Believer's Provision Series. Indeed, Allah's remembrance is the best provision for the believer's journey to please Him and seek His countless blessings. Selected Adhkaar consists of six chapters. Chapter 1 presents how to invoke Allah's blessings upon His Messenger Muhammad. Chapter 2 provides etiquette some requirements for remembrance supplication. Chapter 3 contains a selection of established supplications to be said on certain occasions. Chapter 4 is concerned with specific prayers for a typical day and night. Chapter 5 provides some supplications related to specific acts of worship, i.e. salaah, zakaah, fasting and hajj and omrah. general adds a number of Chapter 6 supplications, i.e. not restricted to specific situations or times. The endnotes document the Hadiths and their categories, narrators and references. This facilitates access to

sources and further adhkaar. The adhkaar in this booklet are recorded in order to help readers listen to and learn them by heart.

In the organization of contents, I have followed Al-Imam Annawawi's arrangement of the adhkaar⁽¹⁾ in his comprehensive book Hilyat Al-Abraar wa Shi'aar Al-Akhyaar.⁽²⁾ This may - by Allah's permission - help those Muslims who are likely to be discouraged by lengthy manuscripts to make valuable gains with regard to Allah's remembrance.

I pray that Allah se will accept this work. May I ask those who read this selection and practice the adhkaar therein to pray for me and to forgive me for any shortcomings.

In this regard, He 🥦 says:

- "(35)... and men who remember Allah much and women who remember Allah hath prepared for them forgiveness and a vast reward." [Surat Al-Ahzab, Ayah 35].
- "(41) O ye who believe! Remember Allah with much remembrance. (42) And glorify Him early and late." [Surat Al-Ahzab, Ayahs 41-42].

"(35) There they have all that they desire, and there is more with Us." [Surat Qaaf, Ayah 35].

Also, the Prophet said, "Proceed. This is Jumdan. The Mufarriduun have won the race." "Who are the Mufarriduun?" he was asked. He replied, "...[The] men who remember Allah much and women who remember Allah." (3)

Khaled Al-Jeraisy Riyadh, 15/6/1421H.

Chapter 1

How to Pray for the Prophet

In Surat Al-Ahzab, Ayah 56, Allah states commands Muslims to pray for the Prophet: "(56) Lo! Allah and His angels shower blessings on the Prophet. O you who believe! Ask blessings on him and salute him with a worthy salutation."

Also, the Prophet **\$ told** us to say:

|allaahumma Salli ζalaa muhammad(iw) waζalaa aali muhammad(iŋ), kamaa Sallayta ζalaa ibraaheem(a) wa-ζalaa aali ibraaheem(a), innaka hameedum-majeed, wa-baarik ζalaa muhammad(iw) wa-ζalaa aali muhammad (iŋ), kamaa baarakta ζalaa ibraaheem(a) wa-ζalaa aali ibaraaheem(a), fil-ζaalameen(a), innaka hameedum-majeed|

[|]i| = sit; |i| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

"O Allah, pray for Muhammad and the family of Muhammad, as You have prayed for Ibraheem and the family of Ibraheem, You are Praiseworthy and Gloryworthy. O Allah, bless Muhammad and the family of Muhammad, as You have blessed Ibraheem and the family of Ibraheem, in all the worlds. (4) You are Praiseworthy and Gloryworthy. (5)

﴿ اللَّهُمُّ صَلَّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّبْتَ عَلَى [إِبْرَاهِيمَ وَعَلَى] آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ، اللَّهُمُّ بَارِكُ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى بَارِكُ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى] آلِ إِبْرَاهِيمَ [في الْعَالَمِينَ] إِنَّكَ حَمِيدٌ مَجِيدٌ».

Muslims must respond to Allah's command, and to His Prophet's call for praying for him, particularly on Fridays. The Prophet said: "The best of your days [of the week] is Friday. Adam was created on a Friday, and he died on

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

a Friday. The Blowing [of the Trumpet on Doomsday] will be on a Friday, and so will the Swoon [of all who are in the heavens and the earth, except whom Allah wills]. So, pray a lot more for me on Fridays, as your prayers will reach me." The people said: "O Messenger of Allah, how can our prayers reach you when [you die and] your body decays?" He said: "Allah, Lord of Dignity and Majesty, prohibits the earth from eating away the bodies of Prophets - may His prayers be upon them." (6)



[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

Chapter 2

Etiquette of *Du'aa'* and *Dhikr*⁽⁷⁾

- 1. Supplications must be purely for Allah's sake. The Prophet said, "Deeds are measured by intentions [of the doer], and one is judged accordingly: if one's emigration is for the sake of Allah and His Messenger, it will count as such; [yet], if his emigration is for the sake of worldly gains or marriage, it will count as such." (8)
- 2. Remembrance must be in its own assemblies. The Prophet says, "Whenever a number of [Muslim] people assemble for remembrance of Allah, Lord of Dignity and Majesty, angels throng to their assembly, mercy envelops them, tranquility and peace descend upon their souls, and Allah mentions

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

them among those in His Presence."(9)

3. There must be no limitations to Allah's remembrance. It is for all times and situations. One does not have to be facing Al-Ka'bah (the Holy Mosque in Makkah), nor does he have to be in a complete state of tahaarah (purity of the body).

In Surat Ala-Imran, Ayah 191, Allah says, "Such as remember Allah, standing, sitting, and reclining, and consider the creation of the heavens and the earth...."

As reported by Aisha, the Prophet said, "Allah's Messenger used to remember Allah in all conditions." (10)

4. Remembrance assemblies are to be held in clean spots. This is why mosques are recommended for remembrance purposes. In Surat An-Nur, Ayah 36, Allah states describes them as "...houses which Allah has allowed to be exalted and that His name shall be remembered therein...."

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

- 5. One's mouth should be so clean that it does not produce offensive smells. For example, the Prophet said, "Whoever eats that plant (garlic) must not come to our mosque [as angels are offended by what offends humans]."⁽¹¹⁾
- 6. One must do remembrance properly so that he can reflect on what he says. According to one Hadith, the Prophet turned a man back three times to repeat his Salaah (compulsory prayer) for not praying properly. Each time the Prophet instructed him, "Go back, and pray, for you have not prayed." (12)
- 7. One should observe his Dhikr acts regularly. However, if, for some reason, he misses his regular Dhikr appointment, he can do it some other time. The Prophet says, "If one misses his Hizb (a number of Suras) or a part of it due to sleep, but reads it between the dawn and the noon prayers, it counts as if read at night." (13)

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

8. One should do as much *dhikr* as possible so that he can be counted - by Allah's permission among *dhaakirs* (those who remember Allah). The Prophet says, "When I instruct you to do something, do as much of it as you can." (14)



 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

Chapter 3

Situations and Supplications

3.1 *Du'aa'* for *Istikhaarah* (Seeking Allah's Guidance in Making Choices):

Teaching Muslims how to make istikhaarah, the Prophet says: "If anyone of you considers doing something, he should offer a two-Rak'ah prayer other than the obligatory ones, then say:

|allaahumma innee astakheeruka biζilmik(a), wa-astaqdiruka bi-qudratik(a), wa-as-aluka min-faDlikal-ζaŽeem, fa-innaka taqdiru wa-laa aqdir(u), wa-taζlamu wa-laa aζlam(u), wa-aŋta ζallaam-ul-ghuyuub(i) | allaahumma iŋ-kuŋta taζlamu anna haađalamra [naming his matter] khayrul-lee fee deeni wa-maζaashee wa-ζaaqibati amree (or ζaajili amree wa-aajilihi), faqdurhu lee, wa-

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

yassirhu lee, thumma baarik lee feeh(i), wa-iŋ kuŋta taζllamu anna haaðal-amra sharrul-lee fee deeni wa-maζaashi wa-ζaaqibati amree (or fee ζaajili amree wa-aajilihi), faSrifhu ζannee wa-Srifnee ζanh(u), wa-qdur liyal-khayra haythu kaan(a), thumma raDDinee bih/

"O Allah! I seek guidance from Your knowledge, and Power from Your Might, and I ask for Your great blessings. You are competent, but I am not. You know, but I do not, and You are the Knower of the unseen. O Allah! If, in your knowledge, that thing (for which you are seeking guidance) is good for my faith, my subsistence and my Hereafter (You can say, '... good for my present and future'), ordain it for me, make it easy for me, and bless it. If, in Your knowledge, it is harmful for my faith, subsistence and Hereafter, (You can say, '... harmful for my present and future), keep it away from me, and keep me away from it. Ordain whatever is good for me, and make me contented with it -

 $/\hbar/ = \hbar u lm (Arabic dream);$

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{ba}d;$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;

you mention the thing for which you are doing the." (15)

اللَّهُمَّ إِنِّي أَسْتَخِيرُكَ بِعِلْمِكَ، وَأَسْتَقْدِرُكَ بِقُدْرَتِكَ، وَأَسْأَلُكَ مِنْ فَصْلِكَ الْعَظِيم، فَإِنَّكَ تَقْدِرُ وَلَا أَقْدِرُ. وَتَعْلَمُ وَلَا أَعْلَمُ، وَأَنْتَ عَلَّمُ الْغَيُوبِ، اللَّهُمَّ إِنْ كُنْتَ تَعْلَمُ أَنَّ مَذَا الأَمْرَ خَيْرٌ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةٍ أَمْرِي - أَوْ مَذَا الأَمْرَ خَيْرٌ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةٍ أَمْرِي - أَوْ قَالَ: فِي عَاجِلِ أَمْرِي وَآجِلِهِ - فَاقْدُرُهُ لِي ويسَرْهُ لِي ثُمَّ بَارِكَ لِي فِيهِ، وَإِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الأَمْرَ شَرَّ لِي فِي عَلِي وَيَسُرْهُ لِي فِي وَالْذِي فِي وَالْمِنْ فَي وَالْمَرِي وَآجِلِهِ - فَاقْدُرُهُ لِي عَلِي فِيهِ، وَإِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الأَمْرَ شَرَّ لِي فِي وَالْمِي وَعَاقِبَةٍ أَمْرِي - أَوْ قَالَ: فِي عَاجِلِ أَمْرِي وَآجِلِهِ - فَاضْرِفْهُ عَنِي وَاصْرِفْنِي عَنْهُ، وَاقْدُرْ لِي الْخَيْرَ وَالْمَوْنِي عَنْهُ، وَاقْدُرْ لِي الْخَيْرَ وَسَمِّي حَاجَتَهُ».

3.2 Travel Du'aa':

On riding a means of transport to start a journey, one should follow the Prophet's example. Whenever the Prophet some mounted his camel to set out on a journey, he glorified Allah three times:

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

|allaahu-akbar(u), allaahu-akbar(u), allaahu-akbar(u), allaahu-akbar| | ''(13) ... subhaanal-laāee sakh-khara lanaa haāaa, wamaa kunnaa lahu muqrineen (14), wa-innaa ilaa rabbinaa lamunqalibuun''| allaahumma innaa nas-aluka fee safarina haaāal-birra wat-taqwaa, wa-minal-ζamali maa tarDaa| allaahumma hawwin ζalainaa safaranaa haaāaa, wa-Twi ζannaa buζdah| allaahumma aŋtaS-Saahibu fis-safar(i), wal-khaleefa(tu) fil-ahal| allaahumma innee aζuuāu bika miw-waζthaa-issafar(i), wa-ka-aabatil-manŽar(i), wa-suu-il-munqalab(i), fil-maali wal-ahl|

"Allah is the Greatest, Allah is the Greatest, Allah is the Greatest." (13)... Glorified be He Who has subdued these unto us, and we were not capable (of subduing them); (14) And lo! Unto our Lord we are returning." O Allah, we seek virtue and piety from You on this journey, and deeds that please You. O Allah, facilitate our travel, and make its distance easy for us. O Allah, You are the

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

travel Companion, and the family Guardian. O Allah, I seek refuge in You from the hardship of the journey, from the gloominess of sights, and from finding misfortunes in property or family on our return." (16)

﴿ اللّهُ أَكْبَر، اللّه أَكْبَر، اللّه أَكْبَر. " سُبْحَانَ الَّذِي سَخَرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ، وَإِنَّا إِلَى رَبُنَا لَمُنْقَلِبُونَ "، اللّهُمَّ إِنَّا نَسْأَلُكَ فِي سَفَرِنَا هَذَا الْبِرَّ وَالتَّقْوَى، وَمِنَ الْعَمَلِ مَا تَرْضَى، اللّهُمَّ هَوُنْ عَلَيْنَا سَفَرَنَا هَذَا، وَاطْوِ عَنَّا بُعْدَهُ، تَرْضَى، اللّهُمَّ أَنْتَ الصَّاحِبُ فِي السَّفَرِ، وَالْحَلِيفَةُ فِي الأَهْلِ، اللّهُمَّ أَنْتَ الصَّاحِبُ فِي السَّفَرِ، وَالْحَلِيفَةُ فِي الأَهْلِ، اللّهُمُّ إِنِّي أَعُودُ بِكَ مِنْ (وَعْنَاء) السَّفَرِ، وَالْأَهْلِ، وَ(كَابَةِ) اللّهُمُّ إِنِّي أَعُودُ بِكَ مِنْ (وَعْنَاء) السَّفَرِ، وَالأَهْلِ. وَ(كَابَةِ) الْمَالُو وَالأَهْلِ.

3.3 Du'aa' on Returning from Travel:

On returning home from travel, the Prophet would say the above supplication plus the following:

|aayibuun(a), taa-ibuun(a), ζaabiduun(a), lirabbinaa haamiduun|

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

"We are returning repentant, worshipping our Lord and praising Him." (17)

3.4 Du'aa' for a Departing Traveller

Bidding farewell to a traveller, the Prophet **\$** would say:

|astawdiζul-laaha deenak(a), waamaanatak(a), wa-khawaateema aζmaalik(a)|

"To Allah I commend your faith, your trust and the conclusion of your deeds." (18)

He would also say:

|zawwadakal-l<u>aa</u>hut-taqwaa, wa-ghafara đanbak(a), wa-yassara lakal-khair(a) haithumaa kug t(a)|

"May Allah provide you with piety, may Allah forgive your sins, and may Allah

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

facilitate good for you wherever you may be." (19)

﴿ زَوَّدَكَ اللَّهُ التَّقْوَى، وَغَفَرَ ذَنْبَكَ، وَيَسَّرَ لَكَ الْخَيْرَ حَيْثُمَا كُنْتَه.

3.5 A Traveller's Du'aa' for Those Seeing Him off Abu-Hurairah narrated, "On bidding me farewell, the Prophet said: |astawdi\u00e4ukal-laahal-laae laa taDee\u00eau wadaa-i\u00eauh(u)|

"I commend you to Allah, Whose trusts are never lost." (20)

﴿ أَسْتَوْدِعُكَ اللَّهَ الَّذِي لا تَضِيعُ وَدَائِعُهُ ٩.

3.6 Du'aa' on Getting Dressed

Like the Prophet \$\square\$, one could say:

|alhamdu-lil-laahil-ladee kasaani haadaththawb(a), wa-razaqaneeh(i), min ghairi hawlim-minnee walaa quwwah|

"All thanks and praise be to Allah, Who

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

clothed me and gave me this garment even though I have no power or strength."

According to the Hadith, if one says the above-mentioned prayers on getting dressed, Allah strong forgives his earlier and later sins. (21)

On wearing a new garment, one should pray:

|allaahumma | lakal-ħamd(u), aŋta kasawtaneeh(i), asaluka khayrah(u) wa khayra maa Suniζa lah(u), wa aζuuđu bika miŋ sharrih(i) wa sharri maa Suniζa lah|

"O Allah! All praise be to you. You have clothed me with it. I beg you to give me its good and the good it is made for. I beg you to protect me from its evil and the evil it is made for." (22)

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

﴿ ٱللَّهُمُّ لَكَ ٱلْحَمْدُ أَنْتَ كَسَوْتَنِيهِ، أَسْأَلُكَ خَيْرَهُ وَخَيْرَ مَا صُنِعَ لَهُ، وَأَعُوذُ بِكَ مِنْ شَرُّهِ وَشَرٌّ مَا صُنِعَ لَهُ».

3.7 Du'aa' for a Friend Wearing New Clothes When you see a friend wearing new clothes, you should say to him, as the Prophet said to Omar:

|ilbas jadeeda(w), wa-ζish saζeeda(w), wamut shaheedaa|

"May you wear new clothes, live commendably, and die a martyr." (23)

«الْبَسْ جَدِيدًا، وَعِشْ حَمِيدًا، وَمُثْ شَهِيدًا» .

3.8 Du'aa' on Entering the House

The Prophet says, "If one remembers Allah on entering one's house and on eating one's meals, Satan says [to the devils in his company]: You have no place to stay or food to eat...." To remember Allah so on entering your house, you can say:

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

|all<u>aa</u>humma innee as-aluk(a) khayralmawlij(i), wa-khayral-makhraj(i), bismillaahi walajnaa, wa-bismil-laahi kharajnaa, wa-ζalal-l<u>aa</u>hi rabbinaa tawakkalnaa|

"O Allah! I am asking You for the best entry and the best exit. In the name of Allah we enter, and in the name of Allah we go out, and we put our trust in Allah, our Lord." (25)

﴿ اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ الْمَوْلِجِ، وَخَيْرَ الْمَخْرَجِ، بِسْمِ اللَّهِ وَلَجْنَا، وَعَلَى اللَّهِ رَبُّنَا تَوَكَّلْنَا». اللَّهِ وَلَجْنَا، وَعَلَى اللَّهِ رَبُّنَا تَوَكَّلْنَا».

Then, greet your family.

3.9 Du'aa' on Going out of the House

On going out of your house, you should pray:

|bismil-laah(i), tawakkaltu \(\zatalal-laah(i), laa\)
hawla wa-laa quwwata illaa bil-laah|
allaahumma innee a\(\zetauud\) u bika an aDilla awuDall(a), aw-azilla aw-uzall(a), aw-a\(\zeta\)lima
aw-u\(\zetalam(a)\), aw-ajhala aw-yujhala
\(\zetaalayy(a)\)

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

"In the name of Allah, I have put my trust in Allah. There is no might or power except with Allah. O Allah, I seek refuge in you from going astray or leading others astray, from slipping (into sin) or causing others to slip, from wronging others or being wronged, and from behaving with ignorance or being treated with ignorance." (26)

﴿ بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ، لَا حَوْلَ وَلا قُوَّةَ إِلَّا بِاللَّهِ، اللَّهِ، اللَّهُمُ إِنِّي أَعُوذُ بِكَ أَنْ أَضِلُ أَوْ أَضَلُ ، أَوْ أَزِلُ أَوْ أَلِلَّهُ ، اللَّهُمُ إِنِّي أَعُوذُ بِكَ أَنْ أَضِلُ أَوْ أَضَلُ ، أَوْ أَخِهَلَ أَوْ أَضَلُ ، أَوْ أَخْهَلَ أَوْ يُجْهَلَ عَلَيَّ ، أَوْ أَجْهَلَ أَوْ يُجْهَلَ عَلَيَّ ، أَوْ أَجْهَلَ أَوْ يُجْهَلَ عَلَيَّ ،

However, it is sufficient to say:

|bismil-laah(i), tawakkaltu ζalall<u>aa</u>h(i), laa hawla walaa quwwata illaa bil-laah|

"In the name of Allah, I have put my trust in Allah. There is no might or power except with Allah."

﴿ بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ، لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ.

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

The Prophet says, "When one goes out of one's house saying: |bismil-laah(i), tawakkaltu ζalallaah(i), laa hawla wa-laa quwwata illaa bil-laah|, one is told, 'This is sufficient for you. You are protected,' and the devil stays away."

3.10 Du'aa' on the way to the Mosque

Like the Prophet **\$5**, on your way to the mosque, you should say:

|allaahumma-jζal fee qalbee nuura(w), wa-fee baSaree nuura(w), wa-fee samζee nuura(w), wa-ζay-yasaaree nuura(w), wa-ζay-yasaaree nuura(w), wa-fawqee nuura(w), wa-tahtee nuura(w), wa-amaamee nuura(w), wa-khalfee nuura(w), wa-jζal lee nuura(w), wa-ζaŽŽim lee nuuraa|

"O.Allah! Let there be light in my heart, light in my eye-sight, light in my hearing, light on my right, light on my left, light above me, light under me, light in front of me and light

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

behind me, provide me with light and make my light great."(28)

﴿اللَّهُمُّ اجْعَلْ فِي قَلْبِي نُورًا، وَفِي بَصَرِي نُورًا، وَفِي بَصَرِي نُورًا، وَفِي سَمْعِي نُورًا، وَعَنْ يَسَارِي نُورًا، وَعَنْ يَسَارِي نُورًا، وَفَوْقِي نُورًا، وَفَوْقِي نُورًا، وَأَمَامِي نُورًا وَخَلْفِي نُورًا، وَأَمَامِي نُورًا وَخَلْفِي نُورًا، وَأَمَامِي نُورًا وَخَلْفِي نُورًا، وَأَمَامِي نُورًا، وَخَلْفِي نُورًا، وَأَمَامِي نُورًا، وَخَلْفِي نُورًا، وَعَظْمُ لِي نُورًا،

3.11 *Du'aa'* on Entering and Leaving the Mosque

On entering the mosque, one should step in with his right foot saying:

|bismil-laah(i), waS-Salaatu wa-ssalaamu Lalaa rasuulillaah(i), all<u>aa</u>humma-ftah lee abwaaba rahmatik|

"In the name of Allah, and may His prayers and peace be upon Allah's Messenger. O Allah! Open for me the gates of Your mercy."

﴿ بِشْمَ اللَّهِ، والصَّلاةُ والسَّلامُ على رسولِ اللهِ، اللَّهُمَّ

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

On going out of the mosque, one should step out with his left foot saying:

|bismil-laah(i) waS-Sal<u>aa</u>tu was-salaamu ζalaa rasuulil-laah(i), all<u>aa</u>humma innee asaluka miŋ faDlik|

"In the name of Allah, and may His blessings and peace be upon Allah's Messenger. O Allah! I am asking You to give me from Your Bounty." (29)

﴿إِنْ اللهِ، والصَّلاةُ والسَّلامُ على رسولِ اللهِ، اللَّهُمُّ
 إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ».

Note: "In all his affairs, the Prophet k loved to start with the right side [hand/foot/...]." (30) He assigned the right for activities that are desirable, that require cleanliness or that involve beautifying, but he kept the left for others. (31)

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

3.12 Du'aa' on Eating and Drinking

To start eating or drinking, you should say:

/bismil-laah/ "In the name of Allah."

In one Hadith, the Prophet said, "You lad, say the name of Allah, eat with your right hand, and eat from the nearest side to you." (32)

However, if you forget to say that at the start, you should, as soon as you remember while eating or drinking, say:

|bismil-laahi awwalahu wa-aakhirah(u)|

"In the name of Allah in its beginning and end." (33)

Whenever the Prophet strainshed eating or drinking, he used to say:

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

|alĥamdulil-laah(i) ĥamdaŋ katheeraŋ Tayyibam-mubaarakaŋ feeh(i), ghaira makfiyyiw-wa-laa muwaddaζ(iw), wa-laa mustaghnan ζanh(u), rabbanaa|

"Abundant, blessed and good praise be to Allah. His favour cannot be compensated, nor can it be left or dispensed with, O our Lord!." (34)

﴿ الْمَحَمْدُ لِلَّهِ كَثِيرًا طَيْبًا مُبَارَكًا فِيهِ، غَيْرَ مَكْفِيٍّ وَلا مُوَدَّعٍ، وَلا مُوَدَّعٍ، وَلا مُسْتَغْنَى عَنْهُ رَبُّنَا».

3.13 Du'aa' on Sneezing

When you sneeze, you should say:

/alhamdulil-laah/ "Praise be to Allah."

«الْحَمْدُ لِلَّه».

On hearing you say /alhamdulil-laah/, a fellow Muslim has to say to you:

/yarhamukal-laah/ "May Allah have mercy on you."

```
|a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{ba}d;

|d| = t\text{his}; |D| = d\text{umb}; |ee| = \text{meat}; |gh| = \text{Paris}); |h| = \text{has};

|h| = h\text{ulm (Arabic dream)};
```

«يَرْحَمُكَ اللَّه».

You must reply:

/yahdeekumul-laah wa-yuSlihu baalakum/

"May Allah grant you guidance and peace of mind."

The Prophet says, "If one sneezes, he should say, 'Praise be to Allah'. A fellow Muslim [hearing him praise Allah] must say to him, 'May Allah have mercy on you.' The sneezer, in turn, must reply, May Allah grant you guidance and peace of mind'." (35)

3.14 Congratulations on a Wedding

To congratulate a fellow Muslim on his wedding, you can say:

|baarakal-l<u>aa</u>hu lak(a), wa-baaraka ζalaik(a), wa-jamaζa bainakuma fee khair|

```
|i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus
```

"May Allah bless your wedding, may He bless you, and may He bring you together into a good life." (36)

3.15 Du'aa' on Having Intercourse

On starting intercourse, a husband and his wife should pray:

|bismil-laah(i), all<u>aa</u>humma jannibna-shshayt<u>aa</u>n(a), wa-jannibi-sh-shayt<u>aa</u>na maa razaqtanaa|

"O Allah! Keep us away from Satan, and keep Satan away from the baby You may give us."

The Prophet says, "If one, on starting intercourse, says, 'O Allah! Keep us away from Satan, and keep Satan away from the

[|]a| = happy; |aa| = lamb; |aa| = star; |ay| = find; |d| = bad; |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has; |h| = hulm (Arabic dream);

baby You may give us', the baby they may have will never be harmed by Satan." (37)

3.16 Du'aa' on Leaving an Assembly

This is what you should say when leaving a gathering:

|subhaanakal-l<u>aa</u>humma wa-bi-hamdik(a), ashhad(u) allaa ilaaha illaa aŋt(a,) astaghfiruka wa-atuubu ilayk(a)|

"O Allah! Glory be to You, and praise be to You. I testify that there is no god but You. I am asking for Your forgiveness, and to You I am relenting."

﴿ اللَّهُمُ وَبِحَمْدِكَ ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ ،
 أَشْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ ٩.

The Prophet says, "If one, having done a lot of shouting in an assembly, says before leaving: O Allah! Glory be to You, and praise be to You. I testify that there is no god but

[|]i| = sit; |u| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

You. I am asking for Your forgiveness, and to You I am relenting', the sins he has committed in that assembly will be forgiven." (38)

3.17 Du'aa' on Entering the Marketplace On getting into the marketplace, one should pray:

|laa ilaaha illal-l<u>aa</u>h(u) wahdah(u), laa shareeka lah(u), lahul-mulk(u), wa-lahulhamd(u), yuhyee wa yumeet(u), wa huwa hayyul-laa yamuut(u), bi-yadihil-khayr(u), wa huwa ζalaa kulli shay-in qadeer|

"There is no god but Allah, alone, without partners. To Him belong the dominion and all Praise. He gives life and takes it away. He is the Living One, Who never dies, and He has power over all things."

﴿لاَ إِلهُ إِلاَ اللهُ وَخْدَهُ لاَ شَرِيكَ لَهُ، لَهُ ٱلْمُلْكُ وَلَهُ الْحَمْدُ، يُخِيى وَيُمِيتُ وَهُوَ حَيْ لاَ يَمُوتُ، بِيَدِهِ ٱلْخَيْرُ وَهُوَ حَيْ لاَ يَمُوتُ، بِيدِهِ ٱلْخَيْرُ وَهُوَ عَلَى كُلُّ شَيءٍ قَدِيرٌ ٩.

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

According to the hadith, if one says the above-mentioned prayers on getting into the marketplace, Allah rewards one with a million hasanas (good points), removes a million sins from one's record and raises one a million grades. (39)

3.18 Du'aa' when Angry

Whenever you feel angry, you should say:

|aζuuđu bil-laahi minash-shait<u>aa</u>nir-rajeem|

"I seek refuge in Allah from Satan, the outcast."

According to one Hadith, "Two men cursed each other in the presence of the Prophet. One of them got angry, and his face was getting red. Seeing anger in the man's face, the Prophet said [to those with him], 'I know something he can say to remove his anger. It

[|]i| = sit; |g| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

is: I seek refuge in Allah from Satan, the outcast.' 11(40)

3.19 Du'aa' for Rain

Whenever he prayed for rain, the Prophet **55** put up his hands and said:

|all<u>aa</u>humma aghithnaa, all<u>aa</u>humma aghithnaa, all<u>aa</u>humma aghithnaa|

"O Allah! Rescue us [with rain]. O Allah! Rescue us [with rain]. O Allah! Rescue us [with rain]."

He also said:

|all<u>aa</u>humma-sqinaa, all<u>aa</u>humma-sqinaa, allaahumma-sqinaa|

"O Allah! Provide us with water. O Allah! Provide us with water. O Allah! Provide us with water." (41)

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

«اللَّهُمَّ اسْقِنَا، اللَّهُمَّ اسْقِنَا، اللَّهُمَّ اسْقِنَا».

3.20 *Du'aa'* during Rain & if Expecting Damage from Rain

On seeing rain, the Prophet s would say:

|all<u>aa</u>humma Sayyiban naafiζaa|

"O Allah! [We beg You to] Make it abundant and useful." (42)

«اللَّهُمَّ صَيِّباً نَافِعًا».

After rainfall, the Prophet 뾿 would say:

/muTirnaa bi-faDlil-laahi wa-rahmatih/ "We have been given rain by Allah's Grace and Mercy." (43)

If he feared harm might be caused by rain, he said:

|all<u>aa</u>humma hawaalaynaa wa-laa ζalaynaa,

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

all<u>aa</u>humma ζalal-aakaam(i), wal-jibaal(i), wal-aajaam(i), waŽ-Žiraab(i), (44) wa-butuunil-awdiya(ti), wa-manaabiti-sh-shajar|(45)

"O Allah, [make it fall] around us and not upon us. O Allah, make it fall upon the hills, mountains, bushes, valleys and plantations."

«اللَّهُمُّ حَوَالَيْنَا وَلَا عَلَيْنَا، اللَّهُمُّ عَلَى الآكَامِ وَالجِبَالِ، وَاللَّهُمُّ عَلَى الآكَامِ وَالجِبَالِ، وَاللَّهُمُّ عَلَى الآكَامِ وَالطَّرَابِ، وَبُطُونِ الأَوْدِيَةِ، وَمَنَابِتِ الشَّجَرِ».

3.21 Du'aa' when the Wind Blows

Whenever the wind blew, the Prophet would say:

|allaahumma innee as-aluka khayrahaa, wakhayra maa feehaa, wa-khayra maa ursilat bih(i), wa-aζuuðu bika miŋ sharrihaa, washarri maa feehaa, wa-sharri maa ursilat bih|

"O Allah! I beg You to give us its good, the good it contains and the good sent with it. I beg You to protect us from its evil, the evil it

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

contains and the evil sent with it."(46)

﴿ اللَّهُمَّ إِنِّي أَشَأَلُكَ خَيْرَهَا وَخَيْرَ مَا فِيهَا، وَخَيْرَ مَا أَلِيهَا، وَخَيْرَ مَا أَرْسِلَتْ بِهِ، وَأَعُوذُ بِكَ مِنْ شَرِّهَا، وَشَرِّ مَا فِيهَا، وَشَرِّ مَا فِيهَا، وَشَرِّ مَا أَرْسِلَتْ بِهِ، وَأَعُوذُ بِكَ مِنْ شَرِّهَا، وَشَرِّ مَا فِيهَا، وَشَرِّ مَا أَرْسِلَتْ بِهِه.

3.22 Du'aa' on Hearing Thunder

On hearing thunder, the Prophet si used to say:

|allaahumma laa taqtulnaa bi-ghaDabik(a), wa-laa tuhliknaa bi-ζaāaabik(a), wa-ζaafinaa qabla āaalik|

"O Allah! Do not kill us with Your wrath, Do not destroy us with Your torment. Grant us earlier security."

﴿اللَّهُمُّ لا تَقْتُلْنَا بِغَضَبِكَ، وَلَا تُهْلِكُنَا بِعَذَابِكَ، وَعَافِنَا قَبْلَ ذَلِكَ».

On hearing thunder, Abdullah Ibn-Azzubair used to say:

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

|subhaanal-ladee yusabbihur-raζdu bihamdih(i), wal-malaa-ikatu min kheefatih(i)|

"Exalted be He. The thunder hymneth His praise and [so do] the angels for awe of Him" (47)

﴿سُبْحَانَ الَّذِي يُسَبِّحُ الرَّعْدُ بِحَمْدِهِ، وَالْمَلاثِكَةُ مِنْ خِيفَتِهِ،

3.23 Du'aa' in Distress

When in distress, one should pray:

|laa ilaaha illal-l<u>aa</u>hul-ζaŽeem-ul-ĥaleem, laa ilaaha illal-l<u>aa</u>h(u), rabbus-samaawaati wa-rabbul-arD(i), wa-rabbul-ζarshil-ζaŽeem|

"There is no god but Allah, the Magnificent, the Forbearing; there is no god but Allah, Lord of the heavens and the earth, and Lord of the Glorious Throne." (48)

«لَا إِلَهَ إِلَّا اللَّهُ الْعَظِيمُ الْحَلِيمُ، لَا إِلَهَ إِلَّا اللَّهُ رَبُّ السَّمَوَاتِ وَالأَرْضِ وَرَبُّ الْعَرْشِ الْعَظِيمِ».

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

3.24 Du'aa' in Difficulty

On facing something difficult, the Prophet **\$** would say:

|all<u>aa</u>humma laa sahla illaa maa jaζaltahu sahlaa, wa-aŋta tajζalul-hazna⁽⁴⁹⁾ iāaa shi'ta sahlaa|

"O Allah! Nothing is easy except that which You make easy. It is only You Who can, if You will, make the hard [land] easy." (50)

3.25 Du'aa' in Irreversible Situations

When something happens to you, and as it cannot be undone, you should say:

|qaddaral-laah(u), wa-maa shaa-a faζal|

"Allah has ordained it, and whatever He wills He does."

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

The Prophet says, "If a harm befalls you, do not say, 'If I had done such and such a thing, the result would have been different.' Such hypothesizing opens the door for Satan's work. You should say [instead], 'Allah has ordained it, and whatever He wills is done.' "(51)

3.26 Du'aa' when Satan Whispers

Whenever Satan whispers to you, you must say:

|aζuuđu bil-laah(i), aamantu bil-laahi warusulih|

"I seek refuge in Allah [from Satan's whispers]. I believe in Allah and His Messengers."

The Prophet says, "...If a person comes to that [point where Satan questions him about

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

who created Allah], he must invoke Allah's protection and dismiss Satan's suggestions." In a similar Hadith, he says, "If one finds something like that [Who created Allah?], he must say, 'I do believe in Allah and His Messengers.' "(52)

3.27 Du'aa' against Shirk Thoughts

If one gets whispers raising doubts on one's beliefs, one should pray:

|allaahumma innee aζuuđu bika an ushrika bika shayan aζlamuh(u), wa astaghfiruka limaa laa aζlam|

"O Allah, I seek Your protection from associating with You anything that I am aware of, and I seek Your forgiveness for whatever I am not aware of." (53)

«ٱللَّهُمَّ إِنِّي أَعُودُ بِكَ أَنْ أَشْرِكَ بِكَ شَيْنًا أَعْلَمُهُ، وَأَسْتَغْفِرُكَ لِمَا لاَ أَعْلَمُهُ.

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

3.28 Du'aa' if Feeling Pessimistic

If you feel pessimistic about something you are planning to do, you should pray:

|allaahumma laa Tayra illaa Tayruk(a), wa laa khayra illaa khayruk(a), wa ilaaha ghayruk|

"O Allah, there is no omen except what You ordain; there is no good except what comes from You; and there is no God except You." (54)

3.29 Du'aa' on Seeing Suffering

Whenever you see someone suffering, you should pray:

/alhamdu lil-laahil-ladee ζaafaani mimmabtalaaka bih(i), wa faDDalanee alaa katheerim-man khalaqa tafDeelaa/

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

"Praise be to Allah for having protected me from what has befallen you, and for having granted me so many favors over so many of His creatures!." (55)

However, you are to say the prayer to yourself, making sure the suffering person does not hear it.

3.30 Du'aa' in Happy / Hateful Outcomes

When something you love happens, you should prostrate in gratitude to Allah, saying these words of praise:

|alhamdu lil-laahil-lađee bi-niζmatih(i) tatimmuS-S<u>aa</u>lihaat|

"Praise be to Allah, by Whose Grace good deeds take place." (56)

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

When something you hate happens, you should pray:

|alħamdu lil-laahi ζalaa kulli haal|

"Praise be to Allah in all circumstances." (57)

«ٱلْحَمْدُ للهِ عَلَى كُلِّ حَالِ».

3.31 Du'aa' not to Cast the Evil Eye

The Prophet commands us to invoke Allah's blessings on whatever / whoever we admire lest we should be casting the evil eye on them. So, to avoid casting the evil eye, we should pray:

|all<u>aa</u>humma baarik ζalayh|

"O Allah, bless him."

«اللهم بارك عليه».

3.32 *Du'aa'* on Hearing a Rooster Crow, a Donkey "Ee-awe" or a Dog Bark

On hearing a rooster crow, one should pray:

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

|allaahumma innee asaluka min faDlik|

"O Allah, I ask You of Your bounty."

On hearing a donkey "ee-awe" or a dog bark, one should pray:

|aζuuđu bil-laahi minash-shaiT<u>aa</u>nir-rajeem|

"I seek refuge in Allah from Satan, the outcast." (59)

3.33 Du'aa' in Ruqya Treatment

3.33.1 Ruqya Treatment of Bites / Stings

For Ruqya treatment of stings and bites, recite Surat Al-Fatihah. According to one Hadith, some of the Prophet's Companions recited Surat Al-Fatihah as a Ruqya for a tribe's chief. In return, they were given some sheep as wages. The Prophet stapproved

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

what they did and allowed them to share the wages. He wondered, "How did you know it [Al-Fatihah] is a Ruqya?!..."⁽⁶⁰⁾

3.33.2 Ruqya Treatment of Illness

According to the Hadith, "Whenever the Messenger of Allah fell ill, he recited Surat Al-Falaq and Surat An-Naas, and did Nafth." (61) Asked about Nafth, Azzuhry answered: the Prophet sused to do it into his own palms, and then rub his face with them. (62)

3.33.3 Ruqya Treatment of Ulcers / Wounds

The Prophet sused to dip his finger in dust, take it out and say, "In the name of Allah, with the earth of our land and the saliva of one of us, by Allah's permission, are cured the ill among us." (63)

3.33.4 The Prophet's Ruqya

According to Anas, the Prophet sused to say this Ruqya:

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

|allaahumma rabban-naas(i), mudhibalbaas(i), ishfi antash-shaafee, laa shaafiya illaa ant(a), shifaa-al-laa yughaadiru saqamaa|

"O Allah, Lord of mankind! It is You Who removes suffering. You are the Healer, and none can heal but You. I beg You to bring about healing that leaves behind no ailment." (64)

«اللَّهُمَّ رَبُّ النَّاسِ، مُذْهِبَ الْبَاسِ، اشْفِ أَنْتَ الشَّافِي، لَا لَيُعَادِرُ سَقَمًا». لَا يُغَادِرُ سَقَمًا».

3.33.5 Jibreel's Ruqya

Whenever the Prophet stiff fell ill, Angel Jibreel (Gabriel) treated him with this Ruqya:

|bismil-laah(i) yubreek, wa-min kulli daa-iyyashfeek(a), wa-min sharri haasidin idaa hasad(a), wa-sharri kulli dee Zayn|

"In the name of Allah. May He grant you healing. May He cure you of all diseases, the

[|]i| = sit; |v| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

evil of envious ones and the evil eye." (65)

3.33.6 Ruqya for Treating Physical Pain

For treatment of physical pain with Ruqya, you can, as the Prophet st used to, do the following:

Put your hand on the painful spot, and say three times:

/bismil-laah/ "In the name of Allah."

Then, say seven times:

|aζuuđu bil-laahi wa-qudratih(i) min sharri maa ajid(u) wa-uhaađir|

"I seek refuge in Allah and His might from the evil of what I find and fear." (66)

```
|a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};

|d| = t\text{his}; |D| = d\text{umb}; |ee| = \text{meat}; |gh| = \text{Paris}; |h| = \text{has};

|h| = h\text{ulm (Arabic dream)};
```

3.33.7 Du'aa' on Visiting a Sick Person

To pray for a sick person you are visiting, you should say:

|as-alul-l<u>aa</u>hal-ζaŽeem(a), rabbal-ζarshilζaŽeem ay-yashfiyak(a)|

The Prophet says, "If you are visiting a sick person who is not near death, and you say these prayers for him seven times, 'I beg Allah, the Magnificent, Lord of the Glorious Throne, to grant you healing', Allah will cure his illness." (67)

As the Prophet ﷺ did, you can also say:

|laa baas, Tahuurun iŋ-shaa-all<u>aa</u>h|

"May you suffer no hardship. May you be purified by Allah's permission." (68)

«لا بَأْسَ، طَهُورٌ إِنْ شَاءَ اللَّهُ».

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

3.33.8 Du'aa' if Fearing Fitnah at Death

If you fear the Fitnah of death, you should pray:

|allaahumma ahyinee maa kaanatil-hayaatu khairal-lee, wa-tawaffanee idaa kaanatilwafaatu khairal-lee|

"O Allah, keep me alive if - [in Your Knowledge] - living is better for me, but take my life if death is better for me."

The Prophet says, "One must not wish to die if one is suffering from some disease. Instead, one should say, 'O Allah, keep me alive if - [in Your Knowledge] - living is better for me, but take my life if death is better for me.' "(69)

3.33.9 Du'aa' When Dying

When one is on his deathbed, one should pray

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

as the Prophet did. He should read as much Qur'an as possible, and do as much remembrance as he can.

On his deathbed, the Prophet si said:

/maζal-lađeena anζamal-l<u>aa</u>hu ζalaihim minan-nabiyyeena, waS-SiDDeeqeena, washshuhadaa-i, waS-S<u>aa</u>liheen, wa-hasuna ulaaika rafeeq<u>aa</u>/

"(69)... with those unto whom Allah hath shown favour, of the Prophets and the saints and the martyrs and the righteous. The best of company are they!" [Surat An-Nisaa', Ayah 69].

He also prayed:

|all<u>aa</u>humma-ghfir lee wa-rhamnee, waalhiqnee bir-rafeeqil-a ζlaa|

"O Allah! Forgive me, have mercy on me, and let me join the Highest Company." (70)

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

«اللَّهُمَّ اغْفِرْ لِي، وَارْحَمْنِي، وَأَلْحِقْنِي بِالرَّفِيقِ الأَعْلَى».

One should also pray:

|laa ilaaha illal-l<u>aa</u>h, wal-l<u>aa</u>hu akbar(u), laa ilaaha illal-l<u>aa</u>h(u), wahdahu laa shareeka lah(u), lahul-mulak(u), wa lahul-hamd(u), laa ilaaha illal-l<u>aa</u>h, wa laa hawala wa laa quwwata illaa billaah|

"There is no God but Allah. Allah is the Greatest. There is no God but Allah, alone without partners. To Him belongs the dominion, and to Him all praise is due. There is no God but Allah. There is no might or power except with Allah."

﴿لَا إِلٰهَ إِلَّا اللهُ، وَٱللهُ أَكْبَرُ، لَا إِلٰهَ إِلَّا اللهُ وَخْدَهُ
 لاَ شَرِيكَ لَهُ، لَهُ ٱلْمُلْكُ وَلَهُ ٱلْحَمْدُ، لا إِلٰهَ إِلَّا اللهُ، وَلاَ حَوْلَ وَلاَ شَرِيكَ لَهُ، لَهُ ٱلْمُلْكُ وَلَهُ ٱلْحَمْدُ، لا إِلٰهَ إِلَّا اللهُ، وَلاَ حَوْلَ وَلاَ قُوّةَ إِلاَّ بِاللهِ.

According to the Hadith, if one says the

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

above-mentioned prayers in sickness, then dies, one is saved from the Hellfire. (71)

3.33.10 Last Moment's Du'aa'

At the last moments of one's life, one should be reminded to say:

|laa ilaaha illal-l<u>aa</u>h|

"There is no god but Allah."

«لا إِلَهَ إِلَّا اللَّهُ».

The Prophet says, "If the last words one [who is dying] utters are 'There is no God but Allah', he goes to Heaven." He also said, "Make your own folks that are dying repeat after you, 'There is no God but Allah.' "(73) In this respect, you should do that as gently as possible in order that the dying person does not become so annoyed that he may reject to declare the shahaada - may Allah forbid. It is recommended that if the dying person utters the shahaada once, you do not need to repeat

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

it unless he says something else. (74)

3.33.11 Du'aa' on Closing a Dead Person's Eyes Once a dead person's eyes are closed, one should say this prayer for him / her:

|allaahumma-ghfir li [name of the dead person], warfaζ darajatahu fil-mahdiyyeen, wakhlufhu fee aqibihi minal-ghaabireen, waghfir lanaa wa lahu ya rabbal- ζaalameen, wafsaĥ lahu fee qabrih(i), wa nawwir lahu feeh|

"O Allah, forgive... [name of deceased]. Raise his / her rank amongst the rightly guided. Be the guardian of the offspring he / she has left behind. O Lord of the worlds, forgive us and forgive him / her. Expand the grave and provide it with light for him / her." (75)

﴿ ٱللَّهُمُّ ٱغْفِرْ لِفُلاَنِ (ويذكره باسمه)، وَٱرْفَعْ دَرَجَتُهُ فِي ٱلْمُهْدِيِّينَ، وَٱخْفُورْ لَنَا وَلَهُ الْمَهْدِيِّينَ، وَٱخْلُفْهُ فِي عَقِيهِ فِي ٱلْغَابِرِينَ، وَٱغْفِرْ لَنَا وَلَهُ يَا رَبُّ ٱلْعَالَمِينَ، وَٱفْسَحْ لَهُ فِي قَبْرِه، وَنَوَّرْ لَهُ فِيهِه.

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

3.33.12 *Du'aa'* at a Funeral

Offering a funeral prayer for a dead person, the Prophet swas heard supplicating:

|allaahumma-ghfir lah(u), wa-rhamh(u), waζaafihi, wa-ζfu ζanh(u), wa-akrim nuzulah(u), wa-wassiζ mudkhalah(u), waghsilhu bilmaa-i wath-thalji wal-barad(i), wa-naqqihi min-alkhaTaayaa kamaa naqqaytath-thawbal-abyaDa minad-danas(i), wa-abdilh(u) daaran khayram-min daarih(i), wa-ahlan khayram-min ahlih(i), wa-zawjan khayram-min zawjih(i), wa-adkhilhuljanna(ta), wa-aζiāhu min ζaāaabil-qabr(i), wa-min ζaāaabin-naar|

"O Allah! Forgive him; have mercy on him; heal him; pardon him; be generous to him; make his entrance comfortable; wash him with water, snow and hail, and purify him from sins as a white garment is washed clean of dirt; give him a home better than his home (on earth), a family better than his family, and

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

a wife better than his wife; take him into Heaven, and protect him from the trial of the grave and the torture of the Hellfire." (76)

﴿اللَّهُمُ اغْفِرْ لَهُ وَارْحَمْهُ، وَعَافِهِ وَاغْفُ عَنْهُ، وَأَكْمِمْ
نُزُلَهُ، وَوَسِّعْ مُدْخَلَهُ، وَاغْسِلْهُ بِالْمَاءِ وَالثَّلْجِ وَالْبَرَدِ،
وَنَقُهِ مِنَ الْخَطَايَا كَمَا نَقَّيْتَ النَّوْبَ الأَبْيَضَ مِنَ الدَّنَسِ،
وَأَبْدِلْهُ دَارًا خَيْرًا مِنْ دَارِهِ، وَأَهْلاً خَيْرًا مِنْ أَهْلِهِ،
وَزَوْجًا خَيْرًا مِنْ زَوْجِهِ، وَأَهْلاً خَيْرًا مِنْ أَهْلِهِ،
وَزَوْجًا خَيْرًا مِنْ زَوْجِهِ، وَأَدْخِلْهُ الْجَنَّة، وَأَعِذْهُ مِنْ
عَذَابِ الْقَبْرِ، ومِنْ عَذَابِ النَّارِه.

3.33.13 *Du'aa'* on the Death of a Family Member

When a member of one's family dies, one should say:

/innaa lil-laahi wa-innaa ilaihi r<u>aa</u>jiζuun, all<u>aa</u>humma'-jurnee fee muSeebatee, waakhlif lee khairam-minhaa/

"We all belong to Allah, and to Him we will all return. O Allah! Reward me for my affliction,

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

and give something better instead."

According to the Hadith, if a Muslim who loses a relative by death says those prayers, Allah will give him something better instead. (77)

According to the Prophet's teachings, the family of the deceased is not to say any prayers except for good things; there are angels that say 'amen' in response to the prayers.⁽⁷⁸⁾

3.33.14 Du'aa' on a Relative's Death

To console someone on the death of a relative, one should say:

|inna lil-laahi maa akhađ(a), wa-lahu maa aζT<u>aa</u>, wa-kullu shayin ζindahu bi-ajalimmusammaa|

[|]i| = sit; |u| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

"To Allah belongs what He takes, and to Him belongs what he gives. For everything He has fixed a time limit."

The Prophet said those words to console his daughter when she lost a son of hers, and he told her to have patience and to pray for reward from Allah . (79)

3.33.15 Du'aa' for a Deceased Baby

At the funeral prayer for a child, one should pray for its parents:

|allaahumma-jζalhu lahumaa faraTaa⁽⁸⁰⁾wajζalhu lahumaa salafaa, wa-jζalhu lahumaa dukhraa, wa-thaqqil bihi mawazeenahumaa, wa-afrigh Sabran alaa qulubihimaa, wa-laa taftinhumaa baζdah, wa-laa tahrimhumaa ajrah|

"O Allah! Make this baby for its parents a forerunner, a treasure and an admonition;

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{ba}d;$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

make it weigh heavily in their good deeds [on the Day of Judgement]; grant them patience; do not put them to trial after it, nor deprive them of reward⁽⁸¹⁾ [from You for losing their baby]."

«اللَّهُمَّ اجْعَلْهُ لَهُمَا فَرَطاً، وَاجْعَلْهُ لَهُمَا سَلَفاً، وَاجْعَلْهُ لَهُمَا سَلَفاً، وَاجْعَلْهُ لَهُمَا ذُخْراً، وَثَقُلْ بِهِ مَوَازِينَهُمَا، وَأَفْرِغِ الصَّبْرَ عَلَى قَلْهِمَا، وَأَفْرِغِ الصَّبْرَ عَلَى قَلْوبِهِما، وَلَا تَفْرِمْهُمَا أَجْرَهُ».

Should one say something in a funeral procession?

As the Righteous Salaf used to do, one should walk silently in the funeral procession. If one does any reflection or remembrance, it should not be done aloud. (82)

3.33.16 *Du'aa'* at Burial

According to the Prophet's teachings, once a deceased person is put into the grave, fellow Muslims should say:

[|]i| = sit; |v| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

|bismillaah(i), wa ζalaa sunnati rasuulil-laah|

"In the name of Allah, and according to the Sunnah of Allah's Messenger." (83)

3.33.17 Du'aa' after Burial

Once a deceased person is buried, one should ask Allah to forgive him / her and to make firm his / her answers to questioning in the grave. The Prophet used to tell those present at the grave: "Ask Allah to forgive your deceased brother, and to make his answers firm, for he is being questioned now." (84)

Such supplication is good for the deceased. Allah strewards them through it. (85)
As the Prophet says, we can say these prayers:

|allaahumma-ghfir li-hayyinaa wa-mayyitinaa, wa-Sagheerinaa wa-kabeerinaa, wa-đakarinaa wa-uŋthaanaa, wa-shaahidinaa

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

wa-gh<u>aa</u>-ibinaa| all<u>aa</u>humma man ahyaytahu minnaa fa-ahyihi ζalal-eemaan, wa-maŋ tawaffaytahu minnaa fa-tawaffahu ζalalislaam| all<u>aa</u>humma laa tahrimnaa ajrah(u), wa-laa tuDillanaa baζdah|

"O Allah! Forgive our living, our dead, our young, our old, our males and our females; forgive those of us who are present, and those who are absent. O Allah! Whomsoever among us You let live, make him live in faith, and whomsoever You cause to die, let him die in Islam. O Allah! Do not deprive us of our reward [for supplicating for him], and lead us not astray after him." (86)

﴿ اللَّهُمُّ اغْفِرْ لِحَيْنَا وَمَيْتِنَا، وَصَغِيرِنَا وَكَبِيرِنَا، وَذَكَرِنَا وَأَنْثَانَا، وَشَاهِلِنَا وَغَائِبِنَا، اللَّهُمُّ مَنْ أَخْيَيْتُهُ مِنَّا فَأَخْبِهِ عَلَى [الإسلام] عَلَى [الإيمَانِ]، وَمَنْ تَوَقَّيْتُهُ مِنَّا فَتَوَقَّهُ عَلَى [الإسلام] اللَّهُمُّ لَا تَحْرَمْنَا أَجْرَهُ وَلا تُضِلَّنَا بَعْدَهُ ؟.

Should you speak about a dead Muslim, it has

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

to be about his good qualities. The Prophet says, "Do not call the dead bad names, for they have gone to what they have already done." (87)

3.33.18 Du'aa' on Visiting Graves

On visiting the graves, one should say as the Prophet sused to say:

|assalaamu ζalaa ahlid-diyaar(i) minal-mu'mineena wal-muslimeen(a), wa yarhamul-laahu minnal-mustaqdimeena wal-musta'khireen, wa-innaa iŋ-shaa-allaahu bikum la laahiquun|

"Peace be upon the believers and Muslims in these houses (tombs). May Allah have mercy on the earlier and the latter ones. Verily, When Allah wills it, we will join you." (88)

﴿السَّلامُ عَلَى أَهْلِ الدِّيَارِ مِنَ الْمُؤْمِنِينَ وَالْمُسْلِمِينَ، وَيَرْحَمُ ٱللهُ مِنَّا ٱلْمُسْتَقْدِمِينَ وَٱلْمُستَأْخِرِينَ، وَإِنَّا إِنْ شَاءَ ٱللهُ بِكُمْ لَلَاحِقُونَ».

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

Chapter 4

Daily and Nightly Adhkaar

Out of the numerous adhkaar, we have selected the following ones, which can be easily remembered. You should ask Allah to help you learn and say them regularly and not to give up. The adhkaar have countless benefits and are greatly rewarded.

4.1 Morning and Evening Adhkaar Morning Adhkaar

When you wake up in the morning, you should say:

/alhamdu lil-laahil-ladee ahyaanaa ba\za mamaatinaa, wa- ilaihin-nushuur/

"Praise be to Allah, Who has given us life after death (sleep), and to Him is resurrection." (89)

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

«الْحَمْدُ لِلَّهِ الَّذِي أَخْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ».

You can also say:

|alhamdu lil-laahil-lađee ζaafaanee fee jasadee, wa-radda ζalayya ruuhi, wa-ađina lee bi-đikrih|

"Praise be to Allah, Who has made my body sound, returned my soul into my body, and allowed me to remember Him." (90)

«الْحَمْدُ لِلَّهِ الَّذِي عَافَانِي فِي جَسَدِي، وَرَدَّ عَلَيَّ رُوحِي، وَأَذِنَ لِي بِذِكْرِهِ».

Then, you should recite Ayat Al-Kursi. According to the Hadith, if you recite it, "A guard will be appointed for your protection, and no Satan will approach you till the evening." If you recite it in the evening, you will get the same protection till the morning.

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

You should also recite Surat Al-Ikhlaas, Surat Al-Falaq and Surat An-Naass. The Prophet says "They (those Suras) are sufficient protection for you against everything (harmful)." (92)

You can say, mornings and evenings, what the Prophet signification for seeking Allah's forgiveness:

|allaahumma anta rabbee, laa ilaaha illaa ant(a), khalaqtanee wa-anaa ζabduk(a), wa-anaa ζalaa ζahdika wa-waζdika mastaTaζt(u), aζuuðu bika min sharri ma Sanaζt(u), abuu-u laka biniζmatika ζalayya wa-abuu-u laka biðambi, faghfir lee, innahu laa yaghfiruð-ðunuuba illaa ant(a)|

"O Allah, You are my Lord, there is no god but You. You created me and I am Your servant, and I try my best to keep my covenant (faith) with You and to live in the hope of Your promise. I seek refuge in You from the evil I have done. I acknowledge

[|]i| = sit; |g| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

Your favors upon me and I admit my sins. Please, forgive me, for none forgives sins but You."⁽⁹³⁾

«اللَّهُمُّ أَنْتَ رَبِّي لا إِلَهَ إِلَا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَبْدُكَ، وَأَنَا عَلْم أَنْ مَنْ شَرِّ وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ، أَعُودُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَعُودُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، وَأَبُوءُ [لَكَ مِنْ شَرِّ مَا صَنَعْتُ، وَأَبُوءُ [لَكَ] بِذَنْبِي مَا صَنَعْتُ، وَأَبُوءُ [لَكَ] بِذَنْبِي فَاعْفِرْ لِي، فَإِنَّهُ لا يَغْفِرُ الذُّنُوبَ إِلا أَنْتَ.

In the morning, you should pray:

|allaahumma bika aSbahnaa, wa-bika amsaynaa, wa-bika nahyaa, wa-bika namuut(u), | wa-ilaykan-nushuur|

"O Allah! In Your name we have reached the morning, as in Your name we reached the nightfall. By Your permission we live, and by It we die, and unto You is the Resurrection."

«اللَّهُمَّ بِكَ أَصْبَحْنَا، وَبِكَ أَمْسَيْنَا، وَبِكَ نَحْيَا، وَبِكَ
 نَمُوتُ، وَإِلَيْكَ النَّشُورُ».

[|]a| = happy; |aa| = lamb; |aa| = star; |ay| = find; |d| = bad; |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has; |h| = hulm (Arabic dream);

In the evening, you should pray: |allaahumma bika amsaynaa, wa-bika aSbahnaa, wa-bika nahyaa, wa-bika namuut(u), wa-ilaykal-maSeer|

"O Allah! In Your name we have reached the evening, as in Your name we reached the morning. By Your permission we live, and by It we die, and unto You is the return." (94)

﴿اللَّهُمَّ بِكَ أَمْسَيْنَا، وَبِكَ أَصْبَحْنَا، وَبِكَ نَحْيَا، وَبِكَ نَمُوتُ، وَإِلَيْكَ الْمَصِيرُ».

In the morning you can pray:

/aSbahnaa, wa-aSbahal-mulku lil-laah(i), wal-hamdulil-laah(i), laa ilaaha illal-l<u>aa</u>h(u) wahdah(u), laa shareeka lah(u), lahul-mulku, wa-lahul-hamd(u), wa-huwa ζalaa kulli shayin qadeer/

"We have reached the morning, while the dominion remains Allah's, and to Him all praise is due. There is no god but Allah, alone,

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

without partners. To Him belongs the dominion, and to Him all praise is due. He has power over all things."

«أَصْبَحْنَا وأَصِبِحَ الْمُلْكُ لِلَّهِ، وَالْحَمْدُ لِلَّهِ، لاَ إِلَهَ إِلَّا اللَّهُ وَخُدَهُ لِلَّهِ، لاَ إِلَهَ إِلَّا اللَّهُ وَخُدَهُ لا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلُّ شَيْءٍ قَدِيرٌ».

Similarly, in the evening you can pray:

|amsayna, wa-amsal-mulku lil-laah(i),wal-hamdu-lil-laah, laa ilaaha illal-l<u>aa</u>h(u), wahdah(u), laa shareeka lah(u), lahul-mulk(u), wa-lahul-hamd(u) wa-huwa ζalaa kulli shayin qadeer|

"We have reached the evening, while the dominion remains Allah's, and to Him all praise is due. There is no god but Allah, alone, without partners. To Him belong the dominion and all Praise, and He has power over all things."

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

«أَمْسَيْنَا وَأَمْسَى الْمُلْكُ لِلَّهِ، وَالْحَمْدُ لِلَّهِ، لا إِلَهَ إِلَا اللَّهُ وَحْدَهُ لِلَّهِ، لا إِلَهَ إِلَا اللَّهُ وَحْدَهُ لا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلُّ شَيْءٍ قَلِيرٌ».

You can also add:

|rabbee, as-aluka khayra maa fee haaðihillayla(ti), wa-khayra maa baζdahaa, waaζuuðu bika miŋ sharri maa fee haaðihillayla(ti), wa-sharri maa baζdahaa|

"O my Lord! I ask You the good of tonight and the good of what follows it, and I seek refuge in You from the evil of tonight and the evil of what follows it." (95)

﴿ رَبُ أَسْأَلُكَ خَيْرَ مَا فِي هَذِهِ اللَّيْلَةِ، وَخَيْرَ مَا بَعْدَهَا،
 وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِي هَذِهِ اللَّيْلَةِ، وَشَرِّ مَا بَعْدَهَا».

One can also say these prayers in the mornings and evenings:

/allaahumma innee asalukal-ζaafiyata fid-

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

dunyaa wal-aakhirah, allaahumma innee asalukal- \(\)aafiyata fee deenee wa dunyaaya, wa ahlee wa maalee, allaahumma-satur \(\)awraatee wa aamir- raw\(\)aatee, allaahumma-hafa\(\)Žnee mimbayni yadayya, wa min khalfee, wa \(\)ay-yameenee wa \(\)aŋ-shimaalee, wamin fawqee, wa a\(\)ua\(\)du bi-\(\)a\(\)Zamatika an ughtaala min ta\(\)tee/

"O Allah, I ask You for health in this world and in the Hereafter. O Allah, I ask You for forgiveness, for soundness of faith and for security in this world and safety of my family and of my wealth. O Allah, keep my awraat (private things forbidden to the public) unrevealed, and protect me from being terrorized. O Allah, protect me from the front and the back, from my right and my left and from above, and I seek refuge in Your Magnificence from being swallowed (by the earth) from beneath."

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

أَسْأَلُكَ ٱلْعَفْرَ وَٱلْعَافِيَةَ فِي دِينِي وَدُنْيَايَ وَأَهْلِي وَمَالِي، اللَّهُمُّ الْخَفَظْنِي مِنْ اللَّهُمُّ السُّمُّ الْحَفَظْنِي مِنْ اللَّهُمُّ السُّمُّ الْحَفَظْنِي مِنْ بَيْنِ يَدَيُّ وَمِنْ خَلْفِي، وَعَنْ يَمِينِي وَعَنْ شِمَالِي، وَمِنْ بَيْنِ يَدَيُّ وَمِنْ شِمَالِي، وَمِنْ فَوْقِي، وَعَنْ شِمَالِي، وَمِنْ فَوْقِي، وَعَنْ شِمَالِي، وَمِنْ فَوْقِي، وَعَنْ شِمَالِي، وَمِنْ فَوْقِي، وَأَعُوذُ بِعَظْمَتِكَ أَنْ أَغْتَالَ مِنْ تَحْتِي،

4.2 Du'aa' on Friday Mornings

On Friday mornings, you should -in addition to the afore-mentioned morning supplications - pray as much as you can for the Prophet. He said, "The best of your days (of the week) is Friday. Adam was created on a Friday, he died on a Friday, and the blow in the horn (for Doomsday) will be on a Friday, and so will the Annihilator. So, pray for me as much as you can on Fridays. Your prayers will reach me...." (97)

4.3 Adhkaar on Going to Bed

The following is a selection of what the Prophet used to do and say on going to

[|]i| = sit; |i| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

bed.⁽⁹⁸⁾ To observe this *sunnah*, Muslims should follow the Prophet's example while seeking help and reward from Allah.

[1] Recite Ayat Al-Kursi:

|(255)|allaahu laa ilaaha illaa huwal-kayyul-qayyuum(u), laa ta'khuāuhu sinatuw-wa-laa nawm(ul), lahu maa-fis-samaawaati wa-maa-fil-arD(i), man āal-laāee yashfaζu ζindahuu illaa bi-iānih(i), yaζlamu maa baina aideehim wa-maa khalfahum, wa-laa yuheeTuna bi-shai-im-min ζilmihee illaa bimaa shaa'(a), wasiζa kursiyyuhus-samaawaati wal-arD(a), wa-laa ya-uuduhu hifŽuhumaa, wa-huwal-ζaliyyul ζaŽeem(u)|

"(255) Allah! There is no God save Him, the Alive, the Eternal. Neither slumber nor sleep overtakes Him. Unto Him belongs whatsoever is in the heavens and whatsoever is in the earth. Who is he that intercedes with Him save by His leave? He knows that which

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

is in front of them and that which is behind them, while they encompass nothing of His knowledge save what He will. His throne includes the heavens and the earth, and He is never weary of preserving them. He is the Sublime, the Tremendous."

The Prophet says, "Once in bed for sleep, recite Ayat Al-Kursi...." (99)

[2] Recite the last verses of Surat Al-Bagarah:

|(285) aamanar-rasuulu bimaa unzila ilayhi mir-rabbihi wal-mu'minuun(a), kullun aamana bil-laahi, wa-malaa-ikatihi, wa-kutubihi, wa-rusulih(i), laa nufarriqu bayna ahadim-mir- ruslulih(i), wa-qaaluu samiinaa wa-aTainaa, ghufraanaka rabbanaa wa-ilaikal-maSeer|

/(286) rabbanaa laa tu-aakhidnaa innaseenaa aw akhTa'naa, rabbanaa wa-laa tahmil Zalaynaa iSran kamaa hamaltahu

[|]i| = sit; |v| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

ζalal-lađeena miŋ qablinaa, rabbanaa wa-laa tuĥammilnaa maa laa T<u>aa</u>qata lanaa bih(i), waζfu ζannaa, waghfir lanaa, warĥamnaa, aŋta mawlaanaa, faŋSurnaa ζalal-qaumil-kaafireen(a)|

"(285) The messenger believes in that which hath been revealed unto him from his Lord and (so do) the believers. Each one believes in Allah and His angels and His scriptures and His messengers - We make no distinction between any of His messengers - and they say: We hear, and we obey. (Grant us) Your forgiveness, our Lord. Unto You is the journeying."

"(286) Allah taskes not a soul beyond its scope. For it (is only) that which it has earned, and against it (only) that which it has deserved. Our Lord! Condemn us not if we forget, or miss the mark! Our Lord! Lay not on us such a burden as You did lay on those before us! Our Lord! Impose not on us that

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

·[YA7 -YAs

which we have not the strength to bear! Pardon us, absolve us and have mercy on us, You, our Protector, and give us victory over the disbelieving folk."

وَمَامَنَ الرَّسُولُ بِمَا أُنْدِلَ إِلَيْهِ مِن رَبِيهِ وَالْمُؤْمِنُونَ كُلُّ ءَامَنَ وَمَاكَيْكُوهِ وَكُنْهُو وَرُسُلِهِ لَا نُفَرِقُ بَيْنَ أَحَدِ فِن رُسُلِهِ وَرَسُلِهِ لَا نُفَرِقُ بَيْنَ أَحَدِ فِن رُسُلِهِ وَكَالُوا سَمِعْنَا وَأَطَعْنَا عُفْرَانِكَ رَبِّنَا وَإِلَيْكَ الْمَصِيدُ فَي لَا يُحْرَانِكَ رَبِّنَا وَإِلَيْكَ الْمَصِيدُ فَي لَا يُكَلِّفُ اللّهِ يُكَلِّفُ اللّهَ اللّهُ تَعْمَلُوا سَمِعْنَا وَأَطَعْنَا عُفُوانِكَ رَبّنَا وَلِي اللّهُ وَسَعَهَا لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا يُكَلِفُ اللّهُ لَنَهُ اللّهُ وَسَعَها لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا كُسَبَتْ وَعَلَيْهَا مَا الْكَشَبَتُ رَبّنَا لَا تُواعِدُنَا إِن نَسِينَا أَوْ أَخْطَانًا رَبّنَا وَلا يُحْمَلُنَا أَنْ اللّهُ وَلَا تُحْمَلُنَا أَنْ وَالْمَعْنَا أَنْ اللّهُ وَلَا تُحْمَلُنا مَا لا طَاقَةً لَنَا بِيدٌ وَاعْفُ عَلَى اللّهِ اللّهُ اللّهُ وَالْعَلْمُ مَا اللّهُ اللللّهُ اللّهُ اللّهُ الللللّهُ اللّهُ اللّهُ الللللّهُ اللّهُ اللّهُ الللللّهُ اللّهُ

The Prophet says, "If one recites the last two verses of Surat Al-Baqarah at night, they will be sufficient [for that night's portion of remembrance]." (100)

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

[3] Recite Surat Al-Kafirun:

|(1) qul yaa ayyuhal-kaafiruun(a), (2) laa aζbudu maa taζbuduun(a), (3) wa-laa aŋtum ζaabiduuna maa aζbud(u), (4) wa-laa ana ζaabidum-maa ζabattum, (5) wa-laa aŋtum ζaabiduuna maa aζbud(u),(6) lakum deenukum, wa-liya deen(i)|

"(1) Say: O disbelievers! (2) I worship not that which ye worship; (3) Nor worship you that which I worship. (4) And I shall not worship that which you worship. (5) Nor will ye worship that which I worship. Unto you your religion, and unto me my religion."

The Prophet says, "Recite Surat Al-Kafirun, then go straight to bed; it manifests your dissociation from Shirk (polytheism)." (101)

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

[4] Do Nafth (blowing slightly - without spitting - into your palms put together) after reciting Surat Al-Ikhlaas, Surat Al-Falaq, and Surat An-Nas. You should, then, rub your hands over the parts of your body you can reach, starting with the head, face, and front of your body. You can do the recitation and nafth three times.

When the Prophet lay in bed for sleep, he did nafth⁽¹⁰²⁾ into his palms, recited Surat Al-Ikhlaas, Surat Al-Falaq and Surat An-Nas,⁽¹⁰³⁾ then rubbed his body with his hands.⁽¹⁰⁴⁾

[5] Say: /subhanallaah/ "Glory be to Allah" 33 times, /alhamdu-lil-laah/ "Praise be to Allah" 33 times and /allaahu akbar/ "Allah is the Greatest" 34 times.

The Prophet said to Ali and Fatimah, "When you lie in bed, say: 'Allah is the greatest' thirty-four times; 'Praise be to Allah' thirty-three times; and 'Glory be to Allah'

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

thirty-three times."(105)

[6] Say:

|allaahumma rabbas-samaawaati wa-rabbal-arD(i), wa-rabbal-ζarshil-ζaŽeem, rabbanaa wa-rabba kulli shai-i(η), faaliqal-habbi wan-nawaa, wa-munazzilat-tawraati wal-injeeli wal-furqaan(i), aζuuðu bika min sharri kulli shai-in anta aakhiðum-binaaSiyatih(i)| allaahumma antal-awwal(u) fa-laysa qablaka shay-a(uw), wa-antal-aakhir(u) fa-laysa baζdaka shay-a(uw), wa-antaŽ-Žaahir(u) fa-laysa fawqaka shay-a(uw), wa-antal-baaTinu fa-laysa duunaka shay-a, iqDi ζannad-dayn(a), wa-ghninaa minal-faqr|

"O Allah, Lord of the heavens and earth and the Magnificent Throne, our Lord and Lord of all things, the Revealer of At-Tawraah, Al-Injeel, and the Qur'an, the Splitter and Grower of the seed grain and date stone! I seek refuge in You from the evil of all things,

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

which you hold under Your control. You are the First, nothing before You. You are the Last, nothing after You. You are the Manifest, nothing above You. You are the Innermost, nothing beyond You. Remove the burden of our debt, and relieve us from poverty." (106)

﴿ اللَّهُمُّ رَبُّ السَّمَوَاتِ وَرَبُّ الْأَرْضِ وَرَبُّ الْغَرْشِ الْعَرْشِ الْعَظِيمِ، رَبُّنَا وَرَبُّ كُلُّ شَيءٍ، فَالِقَ الْحَبُ وَالنَّوَى، وَمُنْزِلَ التَّوْرَاةِ وَالْإِنْجِيلِ وَالْفُرْقَانِ، أَعُوذُ بِكَ مِنْ شَرِّ كُلُّ شَيءٍ أَنْتَ الْأَوِّلُ فَلَيْسَ قَبْلَكَ شَيءٌ وَأَنْتَ الْأَوِّلُ فَلَيْسَ قَبْلَكَ شَيءٌ وَأَنْتَ اللَّهُمُّ أَنْتَ الْأَوِّلُ فَلَيْسَ قَبْلَكَ شَيءٌ وَأَنْتَ الظَّاهِرُ شَيءٌ وَأَنْتَ اللَّهُمُّ الْفَقْرِهُ فَلَيْسَ دُونَكَ شَيْءٌ وَأَنْتَ الظَّاهِرُ فَلَيْسَ دُونَكَ شَيْءٌ وَأَنْتَ الْفَقْرِهِ وَأَنْتَ اللَّهُمُ اللَّهُ فَوْهُ وَلَكَ شَيْءٌ وَأَنْتَ اللَّهُ اللَّهُ وَاللَّهُ وَلَا اللَّهُ وَاللَّهُ وَاللَّالَةُ وَاللَّهُ وَاللّهُ وَاللّهُ وَاللّهُ وَاللّهُ وَاللّهُ وَاللّهُ وَاللّهُ وَاللّهُ وَاللّهُو

[7] Say:

|allaahumma bismika ahyaa wa- bismika amuut(u)|

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

"O Allah! In Your name I live, and in Your name I die." (107)

«اللَّهُمَّ بِاسْمِكَ أَحْيَا، وَبِاسْمِكَ أَمُوتُ».

[8] Say:

|bismika rabbi waDζatu jambi, wa-bika arfaζuh, in amsakta nafsee, farhamhaa, wa-in arsaltahaa fahfaŽhaa bimaa tahfaŽ(u) bihee ζibadakaS-S<u>aa</u>liheen|

"In Your name, O Lord, I lie down to sleep. And by Your permission I wake up. If You do not return my soul [to my body], have mercy on it, but if You return it [so I am still alive after sleep], protect it as You do Your righteous slaves." (108)

﴿ إِلسْمِكَ رَبِّي وَضَعْتُ جَنْبِي وَبِكَ أَرْفَعُهُ، إِنْ أَمْسَكْتَ نَفْسِي فَارْخَفْهُ، إِنْ أَمْسَكْتَ نَفْسِي فَارْخَفْهَا بِمَا تَحْفَظُ بِهِ نَفْسِي فَارْخَمْهَا، وَإِنْ أَرْسَلْتَهَا فَاحْفَظْهَا بِمَا تَحْفَظُ بِهِ عِبَادَكَ الصَّالِحِينَ ٩.

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

[9] As instructed by the Prophet 뾿, say:

|allaahumma aslamtu nafsee ilayk(a), wa-fawwaDtu amree ilaik(a), wa-wajjahtu wajhee ilayk(a), wa-alja'tu Žahree ilayk(a), raghbataw-wa-rahbatan ilayk(a), laa malja'a wa-laa manjam-minka illa ilayk(a), aamantu bikitabikal-laāee anzalta, wa-nabiyyikal-laāee arsalta|

"O Allah! I have surrendered my soul to You, entrusted You with my affair, turned my face towards You, and sought Your protection of my back. All this is in pursuit of Your pleasure and out of fear of You. There is no escape or refuge from You except in You. I believe in Your Book, which You have sent down, and in Your Prophet, whom You have sent."

﴿ اللَّهُمُّ أَسْلَمْتُ نَفْسِي إِلَيْكَ، وَقَوَّضْتُ أَمْرِي إِلَيْكَ، وَوَجَّهْتُ وَجَهِي إِلَيْكَ، وَأَلْجَأْتُ ظَهْرِي إِلَيْكَ، رَغْبَةٌ وَرَهْبَةٌ إِلَيْكَ، وَأَلْجَأْتُ ظَهْرِي إِلَيْكَ، رَغْبَةٌ وَرَهْبَةٌ إِلَيْكَ، لَا مَلْجَا وَلَا مَنْجَا مِنْكَ إِلَّا إِلَيْك، آمَنْتُ بِكِتَابِكَ الَّذِي أَنْزَلْت، وَبِنَبِيْكَ الَّذِي أَرْسَلْتَ.

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

The Prophet says that in preparation for bed, you should do wudhuu', lie on your right side, then say the above-mentioned prayers. If you die at this note, you die having pure faith. Therefore, let those prayers be your last words before sleep. (109)

4.4 Du'aa' on Having a Dream

[A] If you have a good dream, it is believed to be from Allah, so you should say:

/alhamdulil-laah/ "Praise be to Allah."

«الحمدُ لله».

You can tell the people you love about it.

[B] If you have a bad dream, it is believed to be from Satan, so you should say:

|aζuuđu bil-laahi miŋ sharrish-shaiT<u>aa</u>n washarriha|

"I seek refuge in Allah from the evil of Satan and the evil of that dream."

```
|a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};

|d| = t\text{his}; |D| = d\text{umb}; |ee| = \text{meat}; |gh| = \text{Paris}); |h| = \text{has};

|h| = h\text{ulm (Arabic dream)};
```

«أعوذُ باللهِ منْ شرِّ الشيطانِ وشرِّها».

You should also do Nafth⁽¹¹⁰⁾ three times to your left. You should not tell anyone about it. The Prophet says, "If any of you has a dream he likes, it is from Allah, so he should thank Him for it, and he can speak about it. If he sees (in the dream) something he hates, it is from Satan, so he should seek Allah's protection from its evil. He should not mention it to anyone. It cannot harm him (anyway)."⁽¹¹¹⁾

Waking up from a nightmare, you should pray:

|bismillaah(i), aζuuðu bi-kalimaatil-laahitaammaat(i) min ghaDabih(i), wa
ζiq<u>aa</u>bih(i), wa sharri ζibaadih(i), wa min
hamazaatish-shayaaTeen(i) wa ayyahDuruun|

"I seek refuge in Allah's perfect words from His anger and punishment, from the evil of

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

His slaves, and from Satan's whispers and presence." (112)

﴿ بِسْمِ ٱللهِ، أَعُوذُ بِكَلِمَاتِ ٱللهِ ٱلتَّامَّاتِ مِنْ غَضَبِهِ وَعِقَابِهِ وَشَرُّ عِبَادِهِ، وَمِنْ هَمَزَاتِ ٱلشَّيَاطِينِ، وَأَنْ يَحْضُرُونِ».

4.5 Du'aa' on Waking up at Night

If one wakes up during the night⁽¹¹³⁾ and wants to go back to sleep, one should pray:

|laa ilaaha illal-laahu wahdah(u), laa shareeka lah(u), lahul-mulk(u) wa-lahul-hamd(u), wa-huwa ζalaa kulli shai-iŋ qadeer, wal-hamdu lil-laah(i), wa-subhaanal-laah(i), wa-laa ilaaha illal-laah(u), wal-laahu akbar, wa-laa hawla wa-laa quwwata illaa bil-laah| allaahumma ighfir lee|

"There is no God but Allah, alone, without partners. To Him belongs the dominion, and to Him, all praise is due. He has power over all things. Praise be to Allah, Glory be to Allah, and there is no god but Allah. Allah is the

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

greatest, and there is no power or might except with Allah. O Allah forgive me."

﴿ لَا إِلّٰهِ إِلّٰا اللهُ وَحْدَهُ، لَا شَرِيكَ لَهُ، لَهُ المُلكُ، وَلهُ الْحَمْدُ للهِ، الْحَمْدُ للهِ، الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، وَالْحَمْدُ للهِ، وَسُبْحَانَ اللهِ، وَلَا إِلّٰهِ إِلّٰا الله، وَاللهُ أَكْبَرُ، وَلَا حَوْلَ وَلَا قُوَّةً إِلّٰا بِاللهِ، اللّٰهُمُ اغْفِرْ لي، قَلْا بِاللهِ... اللَّهُمُ اغْفِرْ لي،

According to the Hadith, if one says the above-mentioned adhkaar, then asks Allah for forgiveness, one will be forgiven; if one supplicates Allah, one's supplication will be answered; and if one washes for salaah and prays, one's salaah will be accepted. (114)

What to say on waking up during the Night

If one wakes up during the night, brushes one's teeth and does wudhuu', one should pray as the Prophet st did; the Prophet recited the following Ayahs:

/(190)inna fi-khalqissamaawaati wal-arDi

[|]i| = sit; |g| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow;|z| = zero; |Z| = Thus

wa-khtilaafil-laili wan-nahaari la-aayaat(il) li-ulilalbaab(i)(191)alladeena yadkuruunalqiyaamaw-wa quζuudaw-wa-ζalaa laaha iunuubihim. yatafakkaruuna fiwa khalqissamaawaati wal-arD(i), rabbanaa khalagta hađaa baaTila(n) maa subhaanak(a), faqinaa Ladaaban-naar (192) rabbanaa innaka man tudkhilin-naara faqad akhzaitah(u), wa-maa liŽ-Žaalimeena min an Saar (193) rabbanaa innanaa samiζnaa munaadi-yay-yunaadee lil-eemaani aaminuu bi-rabbikum fa-aamannaa, rabbanaa faghfir lanaa dunuubanaa, wa-kaffir Lannaa sayyi-aatinaa, wa-tawaffanaa ma'al-abraar (194) rabbanaa wa-aatina maa wa\attana ζalaa rusulik(a), wa-laa tukhzinaa yawmalqiyaama(ti), innaka laa tukhliful-mee\aad/ (195) fastajaaba lahum rabbuhum annee laa uDeeζu ζamala ζaamilim-miŋkum $dakarin aw unthaa ba \zeta Dukum-mimba \zeta D$, fallađeena haajaruu wa ukhrijuu min diyaarihim

wa uuduu fee sabeeli wa-qaataluu wa-qutiluu

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

la-ukaffiranna (anhum sayyi-aatihim, wa-laudkhilannahum jannaatin tajree min tahtihalanhaar(u), thawaabam-min (indillaah(i)), wal-laahu Lindahu husnuth-thawaab, (196) laa yaghurrannka taqallubul-ladeena kafaruu fil-bilaad, (192) mataa'un qaleelun thumma ma'waahum jahannam(u) wabi'sal-mihaad, (198) laakinil-ladeenat-tagaw rabbahum lahum jannaatun tajree min tahtihal-anhaaru khaalideena feeha, nuzulammin Lindillaah, wa ma Çindallaahi khayrul-lil-abraar, (199) wainna-min ahlilkitaabi lamy-yu'minu billlaahi wa maa unzila ilaykum wa maa unzila ilayhim khaashi(eena lillaah(i), laa yashtruuna biaayaatil-laahi thamanan qaleelaa, ulaa-ika lahum ajruhum Linda rabbihim, innal-laaha saree(ul hisaab (200) yaa ayyuhal-ldaeena aamanuSbiruu wa Saabiruu waraabiTuu wattaqul-laaha la\(\zeta\)allakum tuflihuun/

"(190) Lo! In the creation of the heavens and the earth and (in) the difference of night and day are tokens (of His sovereignty) for men of

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

understanding, (191) Such as remember Allah, standing, sitting, and reclining, and consider the creation of the heavens and the earth, (and say): Our Lord! You created not this in vain. Glory be to You! Preserve us from the doom of Fire (192) Our Lord! Whom You cause to enter the Fire: him indeed You have confounded. For evil doers there will be no helpers. (193) Our Lord! Lo! We have heard a crier calling unto Faith: 'Believe you in your Lord!' So we believed. Our Lord! Therefore forgive us our sins, and remit from us our evil deeds, and make us die the death of the righteous. (194) Our Lord! And give us that which You have promised to us by Your messengers. Confound us not upon the Day of Resurrection. Lo! You break not the tryst. (195) And their Lord has heard them (and He says): Lo! I suffer not the work of any worker, male or female, to be lost. You proceed one from another. So those who fled and were driven forth from their homes and suffered

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

damage for My cause, and fought and were slain, verily I shall remit their evil deeds from them and verily I shall bring them into Gardens underneath which rivers flow. A reward from Allah. And with Allah is the fairest of rewards. (196) Let not the vicissitude (of the success) of those who disbelieve, in the land, deceive you (O Muhammad). (197) It is but a brief comfort. And afterward their habitation will be hell, an ill abode. 198. But those who keep their duty their Lord, for them are Gardens underneath which rivers flow, wherein they will be safe for ever. A gift of welcome from their Lord. That which Allah has in store is better for the righteous. (199) And Lo! Of the People of the Scripture there are some who believe in Allah and that which is revealed unto you and that which was revealed unto them, humbling themselves before Allah. They purchase not a trifling gain at the price of the revelations of Allah. Verily their reward

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

is with their Lord, and Lo! Allah is swift to take account. (200) O ye who believe! Endure, outdo all others in endurance, be ready, and observe your duty to Allah, in order that ye may succeed." [Surat Al-Imraan /190-200].

﴿ إِنَّ فِي خَلْقِ ٱلسَّمَكُونِ وَٱلْأَرْضِ وَٱخْتِلَافِ ٱلَّيْلِ وَٱلنَّهَارِ لَايَنَتِ لِأُولِي ٱلْأَلْبَنبِ ﴿ ٱللَّذِينَ يَذَكُّرُونَ ٱللَّهَ قِينَمًا وَقُعُودًا وَعَلَىٰ جُنُوبِهِمْ وَيُتَفَكَّرُونَ فِي خَلَقِ ٱلسَّمَنَوَاتِ وَٱلْأَرْضِ رَبَّنَا مَا خَلَقْتَ هَلَاا بَعَطِلًا سُبَحَنَكَ فَقِنَا عَذَابَ آلنَّارِ ﴿ لَهُ كَانَا إِنَّكَ مَن تُدَخِلِ ٱلنَّارَ فَقَدَ أَخْزَيْنَهُمْ وَمَا لِلظَّللِمِينَ مِنْ أَنصَارٍ ﴿ لَهُ رَّبِّنَا آ إِنَّنَا سَمِعْنَا مُنَادِيَا يُنَادِى الْإِيمَانِ أَنُ ءَامِنُوا بِرَيِّكُمْ فَعَامَنَّا رَبَّنَا فَأَغْفِرُ لَنَا ذُنُوبَنَا وَكَعْفَرُ عَنَّا سَيِّنَاتِنَا وَتَوَفَّنَا مَعَ ٱلْأَبْرَارِ ﴿ رَبُّنَا وَءَالِنَا مَا وَعَدَّتُنَا عَلَىٰ رُسُلِكَ وَلَا غَنْزَنَا بَوْمَ ٱلْفِيكُمَةُ إِنَّكَ لَا غُلِفُ ٱلْمِيعَادَ ﴿ فَأَسْتَجَابَ لَهُمْ رَبُّهُمْ أَنِّي لَا أَضِيعُ عَمَلَ عَدِيلٍ مِنكُم مِن ذَكِّرِ أَوْ أُنثَىٰ بَعَمُنكُم مِنْ بَعَضْ فَٱلَّذِينَ هَاجَرُوا وَأَغْرِجُوا مِن دِيَدِهِمْ وَأُوذُوا فِي سَكِيبِلِي وَقَلْتَلُوا وَقُتِبُلُوا لَأَكَفِّرَنَّ عَنْهُمْ سَيَعَاتِهُمْ وَلَأَدْخِلَنَّهُمْ جَنَّاتٍ تَجَدِّى مِن تَحْتِهَا ٱلأَنْهَارُ

[|]a| = happy; |aa| = lamb; |aa| = star; |ay| = find; |d| = bad; |a| = Alies (D) = density last = posity (b) = Density (b) = tars

[|]d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;

^{/// = //}ulm (Arabic dream);

قَابًا مِنْ عِندِ اللّهِ وَاللّهُ عِندَهُ حُسَنُ النّوابِ ﴿ لَا يَغُرَنّكَ مَعَلَمُ مَنعُ عَلِيلٌ ثُمّ مَأَوّعُهُمْ مَعَلَمُ الّذِينَ كَفَرُوا فِي الْبِلَدِ ﴿ مَسَنُ النّفِلُ ثُمّ مَنعُ عَلِيلٌ ثُمّ مَأَوّعُهُمْ مَهَمْ مَنعُ عَلِيلٌ ثُمّ مَنعُ مَعَيْمُ مَهُمْ مَنعُ مَعَنَدُ مَعَيْمُ الْبَيْنَ النّعَوْا رَبّهُم لَمُمْ مَنعُ مَنعَ مَعْمَ مَنعَتُ مَعْمَ مَنعَتُ مَعْمَ مَنعَدُ اللّهِ مَعْمَ الْفَيْوَى مِن تَعْيَهُ الْأَنهُ لُو خَلِيرِي فِيهَا نُذُلًا مِن عِندِ اللّهِ وَمَا اللّهِ مَن اللهِ لَا يَشْعَرُونَ عِندَ اللّهِ وَمَا أُنزِلَ إِلَيْهُمْ وَمَا أُنزِلَ إِلَيْهِمْ خَشِعِينَ اللّهِ لَا يَشْتَرُونَ إِللّهِ وَمَا أُنزِلَ إِلَيْكُمْ وَمَا أُنزِلَ إِلَيْهِمْ خَشِعِينَ اللّهِ لَا يَشْتَرُونَ وَمَا أُنزِلَ إِلَيْهُمْ مَعْمِينَ اللّهِ لَا يَشْتَرُونَ وَمَا أُنزِلَ إِلَيْكُمْ وَمَا أُنزِلَ إِلَيْهِمْ خَشِعِينَ اللّهِ لَا يَشْتَرُونَ وَمَا أُنزِلَ إِلَيْهُمْ خَشِعِينَ اللّهِ لَا يَشْتَرُونَ وَمَا أُنزِلَ إِلَيْهُمْ أَجْرُهُمْ عِندَ رَبِهِمْ إِللّهِ وَمَا أُنزِلَ إِلْكِهُمْ أَخْرُهُمْ عِندَ رَبِّهِمْ أَلْهُ مُعْمَلًا اللّهِ لَعَلَامُ اللّهُ لِللّهُ اللّهُ الللّهُ اللّهُ اللّهُ اللّهُ اللّهُ اللّهُ اللّهُ اللّهُ الللّهُ اللّهُ اللللللّهُ الللللّهُ اللّهُ اللّهُ اللّهُ اللّهُ الللللّهُ اللللّهُ اللّهُ الللّهُ الللللّهُ الللللللّهُ اللللللللللللللللللللللل



[|]i| = sit; |v| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

Chapter 5

Adhkaar for Acts of Worship

The following is a selection of adhkaar related to salaah, zakaah, fasting, hajj and omrah:

5.1 Salaah-Related Adhkaar

5.1.1 When Preparing for Salaah

[A] Getting into the lavatory, you should, like the Prophet used to do, supplicate:

/all<u>aa</u>humma innee a\(\zera uu\overline{du bika minalkhubuthi wal-khabaa-ith/

"O Allah! I seek refuge in You from male and female devils." (116)

«اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ الْخُبُثِ وَالْخَبَاثِثِ».

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

According to the Sunnah, you should not do any supplication, speak to anyone, answer greetings, etc. when in the toilet. (117)

When you get out of the toilet, you should say:

|ghufr<u>aa</u>nak!|

"[O Allah,] Your forgiveness!"(118)

«غُفْرَانَكَ».

[B] You should start wudhuu' (washing for prayer) by saying:

/bismil-laah/ "In the name of Allah."

«بِسم اللهِ».

According to the Hadith, "No prayer (is valid) without wudhuu' (washing for salaah), and no wudhuu' (is valid) without mentioning the name of Allah, the most High." (119)

[C] As soon as you do wudhuu', you should

```
|a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};

|d| = t\text{his}; |D| = d\text{umb}; |ee| = \text{meat}; |gh| = \text{Paris}); |h| = \text{has};

|h| = h\text{ulm (Arabic dream)};
```

supplicate:

|ash-hadu allaa ilaaha illal-l<u>aa</u>h, wahdahu laa shareeka lah(u), wa-ash-hadu anna muhammadan ζabduhu wa-rasuuluh|

"I testify that there is no God but Allah, alone without partners, and I testify that Muhammad is His slave and Messenger."

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللهُ وَحْدَهُ لَاشَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ مُحَمَّداً عَبْدُهُ وَرَسُولُهُ.

The Prophet says, "If, after doing wudhuu' properly, one sincerely says, 'I testify that there is no God but Allah, and Muhammad is His slave and Messenger', the eight gates of Heaven will open for one to enter through whichever gate one likes." (120)

[D] Offer a Two-Rak'ah Prayer after Wudhuu' The Prophet says, "If any of you does wudhuu' like mine, then offers a two-Rak'ah

[|]i| = sit; |n| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

prayer during which he is not distracted, all his previous sins will be forgiven." (121)

When washing after janaabah (an act that necessitates washing the whole body, e.g. intercourse), or doing tayammum, one should say the wudhuu'-related du'aa'. (122)

5.1.2 Du'aa' on Leaving for the Mosque

On leaving the house for the mosque, one should pray:

|bismil-laah(i), tawakkaltu ζalal-l<u>aa</u>h(i), laa hawla wa-laa quwwata illaa bil-laah, all<u>aa</u>humma innee aζuuđu bika an aDilla awuDall(a), aw-azilla aw-uzall(a), aw-aŽlima aw-uŽlam(a), aw-ajhala aw-yujhala ζalayy|

"In the name of Allah, I have put my trust in Allah. There is no might or power except with Allah. O Allah, I seek refuge in you from going astray or leading others astray, from slipping (into sin) or causing others to slip, from wronging others or being wronged, and

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{ba}d;$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

from behaving with ignorance or being treated with ignorance."

﴿إِسْمِ اللّهِ، تَوَكَّلْتُ عَلَى اللّهِ، لا حَوْلَ وَلَا قُوَّةَ إِلّا إِللّهِ، اللّهِ، اللّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أَضِلٌ أَوْ أَضَلٌ، أَوْ أَزِلُ أَوْ أَلْكَ، أَوْ أَضْلٌ، أَوْ أَضْلٌ، أَوْ أَضْلٌ، أَوْ أَضْلًا أَوْ يُجْهَلَ عَلَيَّهُ.
 أَذَلُ، أَوْ أَظْلِمَ أَوْ أَظْلَمَ، أَوْ أَجْهَلَ أَوْ يُجْهَلَ عَلَيَّهُ.

One can add:

|allaahumma-jζal fee qalbee nuura(w), wa-fee
baSaree nuura(w), wa-fee samζee nuura(w),
wa-ζay-yameenee nuura(w), wa-ζay-yasaaree
nuura(w), wa-fawqee nuura(w), wa-tahtee
nuura(w), wa-amaamee nuura(w),
wakhalfee nuura(w), wa-jζal lee nuura(w),
wa-ζaŽŽim lee nuuraa|

"O Allah! Let there be light in my heart, light in my eye-sight, light in my hearing, light on my right, light on my left, light above me, light under me, light in front of me and light behind me, and provide me with light and make my light great." (123)

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

«اللَّهُمَّ الْجَعَلْ فِي قَلْبِي نُورًا، وَفِي بَصَرِي نُورًا، وَفِي بَصَرِي نُورًا، وَفِي سَمْجِي نُورًا، وَعَنْ يَسَارِي نُورًا، وَعَنْ يَسَارِي نُورًا، وَفَوْقِي نُورًا، وَفَوْقِي نُورًا، وَأَمَامِي نُورًا وَخَلْفِي نُورًا، وَأَمَامِي نُورًا وَخَلْفِي نُورًا، وَأَمَامِي نُورًا وَخَلْفِي نُورًا، وَاجْعَلْ لِي نُورًا، وَعَظْمْ لِي نُورًا،

5.1.3 *Du'aa'* on Entering and Leaving the Mosque On entering the mosque, one should pray:

|bismil-laah(i) waS-Salaatu was-salaamu ζalaa rasuulil-laah(i), all<u>aa</u>humma-ftah lee abwaaba rahmatik|

"In the name of Allah, and may His prayers and peace be upon Allah's Messenger. O Allah! Open for me the gates of Your mercy."

﴿إِسِمِ اللهِ، والصَّلاةُ والسَّلامُ على رسولِ اللهِ، اللَّهُمُّ
 افْتَخ لِي أَبْوَابَ رَحْمَتِكَ».

Going out of the mosque, one should say

|bismil-laah(i) waS-Sal<u>aa</u>tu was-salaamu

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

ζalaa rasuulil-laah(i), all<u>aa</u>humma innee asaluka miŋ faDlik|

"In the name of Allah, and may His blessings and peace be upon Allah's Messenger. O Allah! I am asking You to give me from Your Bounty."

﴿ بِسِمَ اللهِ، والصَّلاةُ والسَّلامُ على رسولِ اللهِ، اللَّهُمُّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ».

On entering, one should step in with the right foot. On leaving, one should step out with the left foot. (124)

5.1.4 Du'aa' while in the Mosque

While in the mosque, the Muslim should be remembering Allah \$\mathbb{H}\$, praying or reading the Qur'an. Regarding mosques, Allah \$\mathbb{H}\$ says that they are "(36)... houses which Allah has allowed to be exalted and that His name shall be remembered therein. Therein do offer praise to Him at morn and evening (37) Men

[|]i| = sit; |u| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

whom neither merchandise nor sale beguiles from remembrance of Allah and constancy in prayer and paying zakaah; who fear a day when hearts and eyeballs will be overturned."

[in Surat An-Nur, Ayahs 36-37].

Also, the Prophet says, "Mosques are built for a purpose." (125) "They are for the remembrance of Allah, Lord of Might and Majesty, for prayers and for reading the holy Qur'an." (126)

5.1.5 Du'aa' on Hearing the Prayer Call

As soon as the call for prayer starts, one should follow the caller, repeating what is being said, except at /hayyi ζalaS-Salaah/ "Hasten for prayer" and /hayyi ζalal-falaah/ "Hasten for success", one should say:

|laa-Kawla wa-laa quwwata illaa bil-laah|

"There is neither might nor power except with Allah."

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

«لاحولَ ولاقوَّةَ إِلَّا بِاللَّهِ».

The Prophet says, "When you hear the call for prayer, repeat after the caller." (127)

5.1.6 Du'aa' after the Prayer Call

Once the call for *salaah* is over, one should say:

|allaahumma Salli wa-sallim ζalaa ζabdika wa-rasuulika muhammad, ash-hadu allaa ilaaha illal-laah(u), wahdahu laa shareeka lah(u), wa-ash-hadu anna muhammadan ζabduhu wa-rasuuluh(u), raDeetu bil-laahi rabba(w), wa-bil-muhammadir-rasuula(w), wa-bil-islaami deenaa, |allaahumma rabba haadihid-daζwatit-taamma(ti), waS-Salaatil-qaa-ima(ti), aati muhammadan alwaseelata wal-faDeela(ta), wab-ζath-hu maqaamam mahmuudan-il-ladee waζadtah|

"I testify that there is no God but Allah, alone without partners, and Muhammad is His

[|]i| = sit; |u| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

slave and Messenger. O Allah! Let Your prayers and peace be upon Your slave and Messenger, Muhammad. I am pleased to accept Allah as my Lord, Muhammad as His Messenger, and Islam as my religion. O Allah! Lord of this perfect call and the established prayer! Grant Muhammad the privilege of intercession (on the Day of Judgment) and superiority, and take him to the exalted place You have promised him."

«اللهم صل وسلم على النّبِي محمّد، أشهد أن لا إله إلا الله وَحْدَهُ لاَ شَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ، رَضِيتُ بِاللهِ تَعَالَى رَبّاً، وَبِمُحَمَّدٍ وَ اللّهُ رَسُولاً، وَبِالإسْلامِ دِينًا. اللّهُمُ رَبّ هَذِهِ الدَّعْوَةِ التّامَّةِ، وَالصّلاةِ الْقَائِمَةِ، اللّهُمُ رَبّ هَذِهِ الدَّعْوَةِ التّامَّةِ، وَالصّلاةِ الْقَائِمَةِ، اللّهُ مَحَمَّدًا الْوَسِيلَةَ وَالْفَضِيلَةَ، وَابْعَثْهُ مَقَامًا مَحْمُودًا الّذِي وَعَدْتَهُ».

Then, one can supplicate Allah st for whatever one seeks for the good of this world and the Hereafter.

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

The Prophet says, "When you hear the prayer caller, repeat after him what he says, then pray for me; Allah prays ten times for whoever prays for me once. Then, ask Allah to grant me the waseelah, which is a status in Heaven not to be betowed except on one of Allah's bondsmen, and I beg to be the one. Whoever asks Allah to grant me the waseelah qualifies for my intercession [on the Day of Judgement]." (128)

The Prophet salso says, "If, on hearing the call for prayer, one says, 'I testify that there is no God but Allah, alone without partners, and that Muhammad is His slave and Messenger,' and says, 'I am pleased to accept Allah as my Lord, Muhammad as His Messenger, and Islam as my religion', his sins will be forgiven." (129)

According to the Hadith, "If, on hearing the call for prayer, one says, 'O Allah! Lord of this perfect call and the established prayer! Grant

[|]i| = sit; |u| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

Muhammad the waseelah and superiority, and take him to the exalted place You have promised him,' one qualifies for my intercession on the Resurrection Day." (130)

The Prophet salso says, "No supplication is rejected between the call for prayer and the start of prayer." (131)

5.1.7 Du'aa' on Starting Salaah

The following are some adhkaar from sahih (sound) Hadiths. They are selected particularly for being easily memorized. You can say these prayers once you enter the salaah state, i.e. after the first takbeer (saying: /allaahu akbar/). May Allah senable us all to say them regularly.

[A] You can say:

|wajjahtu wajhiya lil-ladee faTarassamaawaati wal-arDa haneefa(w), wa-maa ana minal-mushrikeen(a), inna Salaatee wa-

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

nusukee, wa-maĥyaaya wa-mamaatee, lillaahi rabbil-ζaalameen(a), laa shareeka lah(u), wa-biđaalika umert(u), wa-ana minal-muslimeen/

"I have turned my face toward him Who created the heavens and the earth, as one by nature upright, and I am not of the idolaters." "My worship and my sacrifice and my living and my dying are for Allah, Lord of the Worlds. He has no partner. This am I commanded, and I am first of those who surrender (unto Him)." (132)

*وَجُهْتُ وَجُهِيَ لِلَّذِي فَطَرَ السَّمَاوَاتِ وَالأَرْضَ حَنِيفًا،
 وَمَا أَنَا مِنَ الْمُشْرِكِينَ، إِنَّ صَلاتِي وَنُسُكِي وَمَحْيَايَ
 وَمَمَاتِي لِلَّهِ رَبُ الْعَالَمِينَ، لا شَرِيكَ لَهُ، وَبِذَلِكَ أُمِرْتُ
 وَمَمَاتِي لِلَّهِ رَبُ الْعَالَمِينَ، لا شَرِيكَ لَهُ، وَبِذَلِكَ أُمِرْتُ
 وَأَنَا مِنَ الْمُسْلِمِينَ».

[B] You can say:

/subhaanakal-l<u>aa</u>humma wa-bihamdik(a), wa-tabaaraka-smuk(a), wa-ta'(aala

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

jadduk(a), wa-laa ilaaha ghairuk/

"O Allah! Glory be to You, and praise be to You. Blessed be Your name, and Supreme be Your Fortune. There is no God but You." (133)

﴿ سُبْحَانَكَ اللَّهُمُّ وَبِحَمْدِكَ، وَتَبَارَكَ اسْمُكَ، وَتَعَالَى جَدُّكَ، وَتَعَالَى جَدُّكَ، وَلَا إِلَهَ غَيْرُكَ».

[C] You can add:

|allaahumma baaζid baynee wa-bayna khaTaayaay(a), kamaa baaζatta baynal-mashriqi wal-maghrib| allaahumma naqqini minal-khaTaayaa kamaa yunaqqa-aththawbul-abyaDu minad-danas(i) | allaahumma-ghsil khaTaayaay(a) bil-maa-i wath-ththalji wal-barad|

"O Allah! Distance me from my sins, as you have distanced the east from the west, and wash away my sins with cool water, ice and hail, as a white garment is cleansed of all dirt." (134)

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{ba}d;$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

«اللَّهُمُّ بَاعِدْ بَيْنِي وَبَيْنَ خَطَايَايَ كَمَا بَاعَدْتَ بَيْنَ الْمَشْرِقِ وَالْمَغْرِبِ، اللَّهُمُّ نَقُنِي مِنَ الْخَطَايَا كَمَا يُنَقَّى النَّوْبُ الأَبْيَضُ مِنَ الدَّنسِ، اللَّهُمُّ اغْسِلْ خَطَايَايَ بِالْمَاءِ وَالنَّلْجِ وَالْبَرَدِ».

[D] You can also add, particularly in the case of the voluntary night *salaah*:

"O Allah, Lord of Gabriel, Mikhail and Israfil, Creator of the heavens and the earth, Knower of the Unseen and the Seen. You will judge between Your slaves concerning matters wherein they differ. Guide me to the

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

truth in those matters wherein they differ by Your permission, for You guide whom You will to the straight path."⁽¹³⁵⁾

«اللَّهُمُّ رَبُّ جَبْرَائِيلَ وَمِيكَائِيلَ وَإِسْرَافِيلَ، فَاطِرَ السَّمَاوَاتِ وَالأَرْضِ، عَالِمَ الْغَيْبِ وَالشَّهَادَةِ، أَنْتَ السَّمَاوَاتِ وَالأَرْضِ، عَالِمَ الْغَيْبِ وَالشَّهَادَةِ، أَنْتَ تَحْكُمُ بَيْنَ عِبَادِكَ فِيمَا كَانُوا فِيهِ يَخْتَلِفُونَ، الْهَدِنِي لِمَا الْحَتُّلُفِ فَيهِ مِنَ الْحَقُ بِإِذْنِكَ، إِنَّكَ تَهْدِي مَنْ تَشَاءُ إِلَى صِرَاطٍ مُسْتَقِيمٍ».

[E] For seeking refuge in Allah A from Satan, you can say the following well-known prayer:

|aζuuđu bil-laahi minash-shayT<u>aa</u>nir-rajeem|

"I seek refuge in Allah from Satan, the outcast." (136)

You can also say:

|aζuuđu bil-laahis-sameeζil-ζaleem(i),

[|]a| = happy; |aa| = lamb; |aa| = star; |ay| = find; |d| = bad; |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has; |h| = hulm (Arabic dream);

minash-shayT<u>aa</u>nir-rajeem(i), min sharri hamzih(i) wa-nafkhih(i) wa-nafthih|

"I seek refuge in Allah, the All-Hearing, All-Knowing, from Satan, the outcast, and from his whispers, his blowing and his Nafth." (137)

5.1.8 Adhkaar in Rukuu' (Bowing)
In the rukuu' position, you should say three times:

|subhaana rabbiyal-ζaŽeem|

"Exalted be my Lord, the Magnificent."

The Prophet says, "If one says during rukuu', 'Exalted be my Lord, the Magnificent' three times, one's rukuu' is complete, yet it is the minimum." (138)

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

The Prophet stalso says, "As for rukuu', glorify your Lord in it." (139)

During rukuu', you can also say three times:

|subĥaana rabbiyal-ζaŽeem(i) wa-biĥamdih|

"Exalted be my Lord, the Magnificent. Praise be to Him." (140)

You can add:

|subhaanakal-l<u>aa</u>humma wa-bi-hamdik(a), all<u>aa</u>humma-ghfir lee|

"O Allah! Glory be to You, and praise be to You, our Lord. O Allah! Forgive me." (141)

You can also add:

|subbuuhun qudduus, rabbul-malaa-ikati warruuh|

```
|a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};

|d| = t\text{his}; |D| = d\text{umb}; |ee| = \text{meat}; |gh| = \text{Paris}); |h| = \text{has};

|h| = \text{hulm (Arabic dream)};
```

"You are the Ever-Exalted, the All-Holy, You are the Lord of angels and the Soul [Jibreel]."⁽¹⁴²⁾

When in the *rukuu'* or *sujuud* position, one is not to recite Quranic Ayahs. (143) Ali Ibn-Abi Taalib said, "Allah's Messenger instructed me not to recite the Qur'an while in Rukuu' or Sujuud." (144)

5.1.9 Du'aa' on Straightening up from Rukuu' As you straighten up from the rukuu' position, you should say:

|samiζal-l<u>aa</u>hu liman ƙamidah|

"Allah hears whoever praises Him."

Once straightened up, you should say:

|rabbanaa wa-lakal-hamd|

```
|i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus
```

"Our Lord! To You all praise is due." (145)

﴿رَبُّنَا وَلَكَ الْحَمْدُۗۗۗ.

You could say:

|rabbanaa wa-lakal-hamd(u), hamdan katheeran Tayyibam-mubaarakan feeh|

"Our Lord! To You belongs all praise that is great, good and blessed." (146)

To this you can add:

|mil-as-samaawaat(i), wa mil-al-arD(i), wa maa baynahumaa, wa-mil-a maa shi'ta miŋ shay-imbaζd|

"As much praise as the fill of the heavens, the earth, what is between them and the fill of everything else You will." (147)

«مِلْءَ السَّمَاوَاتِ، وَمِلْءَ الأَرْضِ، وما بينهما، وَمِلْءَ مَا

```
|a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};

|d| = t\text{his}; |D| = d\text{umb}; |ee| = \text{meat}; |gh| = \text{Paris}); |h| = \text{has};

|h| = h\text{ulm (Arabic dream)};
```

شِئْتَ مِنْ شَيْءٍ بَعْدُه.

You can also add if you wish:

|ahluth-thanaa-i-wal-majd(i), aħaqqu maa qaalal-ζabd(u), wa-kulluna laka ζabd| allaahumma laa maniζa limaa aζTaita, walaa muζTiya limaa manaζt(a), wa-laa yaŋfaζu đal-jaddi miŋkal-jadd|

"You are worthy of praise, glory and the most truthful words a slave can ever say, and we are all Your slaves. O Allah! None can prevent what You bestow, nor can anyone bestow what You prevent. No fortune can be of benefit to its possessor against Allah's Fortune." (148)

﴿ أَهْلَ النَّنَاءِ وَالْمَجْدِ، أَحَقُّ مَا قَالَ الْعَبْدُ، – وَكُلُّنَا لَكَ عَبْدٌ – اللَّهُمُّ لا مَانِعَ لِمَا أَعْطَيْتَ، وَلا مُعْطِيَ لِمَا مَنَعْتَ، وَلا يَنْفَعُ ذَا الْجَدُ مِنْكَ الْجَدُّهِ.

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

The minimum you can say is:

|rabbanaa wa-lakal-hamd|

"O our Lord! To You all praise is due."(149)

﴿رَبُّنَا لَكَ الْحَمْدُهِ.

5.1.10 Adhkaar in Sujuud (Prostration)

When prostrating, you should say three times:

|subhaana rabbiyal-aζlaa|

"Glory be to my Lord, the most High." (150)

Instead, you can say three times: /subhaana rabbiyal-aζlaa wa-bi-hamdih/ "Glory be to my Lord, the most High, and praise be to Him." (151)

[|]a| = happy; |aa| = lamb; |aa| = star; |ay| = find; |d| = bad; |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has; |h| = hulm (Arabic dream);

If you wish, you can add:

|subhaanakal-l<u>aa</u>humma rabbanaa wabihamdik(a), all<u>aa</u>humma-ghfir lee|

"O Allah! Glory be to You, our Lord, and praise be to You. O Allah! Forgive me." (152)

You can also add:

|subbuuhun qudduus, rabbul-malaa-ikati warruuh|

"You are the Ever-Exalted, the All-Holy, You are the Lord of angels and the Soul [Jibreel]." (153)

On reciting an Ayah requiring prostration in or out of salaah, you can say:

|sajada wajhee lil-lađee khalaqahu wa-Sawwarah(u), wa-shaqqa samζahu wa-

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

baSarah(u), [bi-ĥawlihi wa-quwwatih(i)], tabaarakal-l<u>aa</u>hu ahsanul-kh<u>aa</u>liqeen/

"My face is prostrating to the One Who has created it, formed it and provided its hearing and eyesight [by His Might and Power]. Blessed be Allah, the best Creator." (154)

﴿سَجَدَ وَجْهِي لِلَّذِي خَلَقَهُ، وَصَوَّرَهُ، وَشَقَّ سَمْعَهُ
 وَبَصَرَهُ، [بِحَوْلِهِ وَقُوِّتِهِ]، تَبَارَكَ اللَّهُ أَحْسَنُ الْخَالِقِينَ٩.

You can also add:

|allaahumma-ktub lee bihaa ζindaka ajra(w), wa-Daζ bihaa ζannee wizra(w), wa-jζalhaa lee ζindaka đukhra(w), wa-taqabbalhaa minnee, kamaa taqabbaltahaa min ζabdika daawuud|

"O Allah! With this (prostration), record for me a reward from You; remove one of my sins; save it for me for time of need; and accept it from me, as you accepted it from Your slave Daawuud." (155)

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

«اللَّهُمُّ اكْتُبُ لِي بِهَا عِنْدَكَ أَجْرًا، وَضَعْ عَنِي بِهَا وِزْرًا، وَاجْعَلْهَا لِي عِنْدَكَ ذُخْرًا، وَتَقَبَّلْهَا مِنْي كَمَا تَقَبَّلْتَهَا مِنْ عَبْدِكَ دَخُرًا، وَتَقَبَّلْهَا مِنْي كَمَا تَقَبَّلْتَهَا مِنْ عَبْدِكَ دَاوُدَه.

5.1.11 *Du'aa'* when Sitting between Prostrations

When you sit up between the prostrations, You should say:

|rabbi-ghfir lee, wa-rhamnee, wa-ζaafinee [wa-jburnee], wa-hdinee, wa-rzuqnee [warfaζnee]|

"O my Lord! Forgive me, have mercy on me, make me healthy, [help me], guide me, and provide for me [and raise me in rank]." (156)

﴿رَبُ اغْفِرْ لِي وَارْحَمْنِي وَعَافِنِي [وَاجْبُرْنِي] وَاهْدِنِي وَارْزُقْنِي [وَارْفَعْنِي]».

You can say:

|rabbi-ghfir lee, rabbi-ghfir lee|

```
|i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus
```

"Omy Lord! Forgive me. O my Lord! Forgive me." (157)

5.1.12 Tashahhud

For tashahhud, you say: |attahiyyatu lil-laah(i), waS-Salawaat(u) waT-Tayyibaat(u)| assalaamu \(\zalayka \) ayyuhan-nabiy-yu wa-rahmatul-laahi wa-barakaatuh| assalaamu \(\zalaynaa \) wa-\(\zalaa \) alaa \(\zalayha \) adil-laahiS-Saaliheen| ash-hadu allaa ilaaha illal-laah, wa-ash-hadu anna muhammadan abduhu wa-rasuuluh|

"Salutations be to Allah, and prayers and good deeds. Peace be upon you, O Prophet, and the mercy of Allah and His blessings. Peace be upon us and upon Allah's sincere slaves. I bear witness that there is no God but Allah. I bear witness that Muhammad is His slave and Messenger." (158)

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

«التَّحِيَّاتُ لِلَّهِ، وَالصَّلَوَاتُ، وَالطَّيْبَاتُ، السَّلامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللهِ وَبَرَكَاتُهُ، السَّلامُ عَلَيْنَا وَعَلَى عِبَادِ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللهِ وَبَرَكَاتُهُ، السَّلامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الطَّالِحِينَ، أَشْهَدُ أَنْ لا إِلَهَ إِلَّا اللَّهُ، وَأَشْهَدُ أَنْ لا إِلهَ إِلاَ اللَّهُ، وَأَشْهَدُ أَنْ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ».

To pray for the Prophet **\$** after *tashahhud*, you should say:

|allaahumma Salli ζalaa muhammadi(w), waζalaa aali muhammad(iŋ), kamaa Sallayta ζalaa ibraaheem(a), wa-ζalaa aali ibraaheem(a), innaka hameedum-majeed| | allaahumma baarik ζalaa muhammad(iw), wa-ζalaa aali muhammad(iŋ), kamaa baarakta ζalaa ibraaheem(a), wa-ζalaa aali ibaraaheem(a), fil-ζaalameen(a), innaka hameedum-majeed|

"O Allah, pray for Muhammad and the family of Muhammad, as You have prayed for Ibraheem and the family of Ibraheem. You are Praiseworthy and Gloryworthy.

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

O Allah! Bless Muhammad and the family of Muhammad, as You have blessed Ibraheem and the family of Ibraheem, in all the worlds. You are Praiseworthy and Gloryworthy."⁽¹⁵⁹⁾

«اللَّهُمُّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ، اللَّهُمُّ بَارِكُ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى أَبْرَاهِيمَ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى أَبْرَاهِيمَ وَعَلَى آلِ أَنْكَ حَمِيدٌ مَجِيدٌ».

5.1.13 Du'aa' after Tashahhud

After you finish the last tashahhud, and before you do tasleem (saying: |assalaamu ζalaykum|) to end salaah, you can say your favourite supplication". (160)

5.1.14 Du'aa' for Seeking the Good of Both Worlds

[1] /rabbanaa aatinaa fid-dunyaa hasanah, wa-fil-aakhirati hasanah, wa-qinaa ζađaaban-naar/

[|]a| = happy; |aa| = lamb; |aa| = star; |ay| = find; |d| = bad; |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has; |h| = hulm (Arabic dream);

"O our Lord! Give us good in this world, and good in the Hereafter, and protect us from the torment of fire." [Surat Al-Baqarah, Ayah 201].

[2] /rabbanaa, laa tuzigh quluubanaa ba'\(da i\) da hadaitanaa, wa-hab lanaa mil-ladunka rahmah, innaka an tal- wahhaab/

"Our Lord! Cause not our hearts to stray after You have guided us, and bestow upon us mercy from Your Presence. Lo! You are the Bestower." [Surat Al-Imran, Ayah 8].

[3] /allaahumma innee a'\zuu\overline{du bika min \(\zataabi \) jahannam(a), wa-min \(\zataabil-qabr(i), wa-min \) fitantil-mahyaa wal-mamaat(i), wa-min

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

sharri fitnatil-maseehid-dajjaal/

"O Allah! I seek refuge in You from the torment of the Hell Fire, from the torment of the grave, from the trial of life and death, and from the affliction of Al-Maseeh Ad-Dajjal [Anti-Christ]."⁽¹⁶¹⁾

﴿اللَّهُمُّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ جَهَنَّمَ، وَمِنْ عَذَابِ اللَّهُمُّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ جَهَنَّمَ، وَمِنْ فَتْنَةِ الْمَسِيحِ الْقَبْرِ، وَمِنْ شَرِّ فِتْنَةِ الْمَسِيحِ النَّاجُالِ». وَمِنْ شَرِّ فِتْنَةِ الْمَسِيحِ الدَّجَّالِ».

[4] |allaahumma-ghfir lee maa qaddamt(u), wa-maa akhkhart(u), wa-maa asrarat(u), wa-maa a'\tagarat(u), wa-maa asraft(u), wa-maa anta a'\tagaratamu bihee minnee, antal-muqaddim(u) wa-antal-mu-akhkhir(u), laa ilaaha illaa ant|

"O Allah! Forgive my sins, the earlier and the later ones, the secret and the declared thereof, and what I have done excessively. You are the One Who puts things forward, and the One

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

Who delays them, and there is no God but You." (162)

﴿ اللَّهُمُّ اغْفِرْ لِي مَا قَلَّمْتُ وَمَا أَخُرْتُ، وَمَا أَسْرَرْتُ وَمَا أَشْرَرْتُ وَمَا أَغْلَمُ بِهِ مِنْي، أَنْتَ أَغْلَمُ بِهِ مِنْي، أَنْتَ أَغْلَمُ بِهِ مِنْي، أَنْتَ الْمُقَدِّمُ، وَمَا أَنْتَ أَغْلَمُ بِهِ مِنْي، أَنْتَ الْمُقَدِّمُ، وَأَنْتَ الْمُؤَخِّرُ، لا إِلَهَ إِلَّا أَنْتَ ٩.

[5] |allaahumma innee Žalamtu nafsee Žulman katheera(w), wa-laa yaghfiruā-āunuuba illaa ant(a), faghfir lee maghfiratam-min Lindik(a), war-hamnee, innaka antalghafuurur-raheem

"O Allah! I have wronged myself considerably. None can forgive sins but You, so grant me Your forgiveness. You are the Ever-Forgiving, the Merciful." (163)

﴿ اللَّهُمُّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا ، وَلا يَغْفِرُ الذُّنُوبَ إِللَّا أَنْتَ ، فَاغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ ، فَاغْفِرْ لِي مَغْفِرَةً مِنْ عِنْدِكَ ، وَارْحَمْنِي إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ ».

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

5.1.15 Adhkaar after Tasleem

Once you finish an obligatory salaah, you can say the following adhkaar, as Prophet Muhammad did: (164)

1. Say 3 times: /astaghfirul-laah/ "I seek Allah's forgiveness."

﴿أُسْتُغْفِرُ اللَّهُ ٩.

2. Say: |allaahumma antas-saalaam(u), wa-minkas-salaam(u), tabaarakta yaa đal-jalaali wal-ikraam|

"O Allah! You are Peace, and peace is from You. Blessed be You, the Possessor of Majesty and Honour." (165)

﴿ اللَّهُمَّ أَنْتَ السَّلامُ، وَمِنْكَ السَّلامُ، تَبَارَكْتَ يا ذَا الْحَلالِ وَالْإِكْرَامِ ٩.

3. Say: | laa ilaaha illal-laah(u), wahdahu laa shareeka lah(u), lahul-mulk(u), wa-lahul-

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

hamd(u), wa-huwa ζalaa kulli shayin qadeer, allaahumma laa maniζa limaa aζTayta, wa-laa muζTiya limaa manaζta, wa-laa yanfaζu đaljaddi minkal-jadd/

"There is no god but Allah, alone without partners. To Him belongs the dominion, and to him all praise is due. He has power over all things. O Allah! None can prevent what You bestow, nor can anyone bestow what You prevent. No fortune can be of benefit to its possessor against Allah's Fortune." (166) (167)

«لا إِلَهَ إِلَّا اللَّهُ وَخدَهُ لا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْمَلْكُ، وَلَهُ الْمَحْمْدُ، وَهُوَ عَلَى كُلُّ شَيْءٍ قَدِيرٌ، اللَّهُمُّ لا مَانِعَ لِمَا أَعْطَيْتَ، وَلا مُغْطِيَ لِمَا مَنَعْتَ، وَلا يَنْفَعُ ذَا الْجَدُ مِنْكَ الْحَدُّهِ.

الْحَدُّهُ.

الْحَدِّمُ اللَّهُ اللَّهُ اللَّهُ وَحُدَّهُ لَا مَانِعُ لِمَا مَنْ اللَّهُ الللَّهُ اللَّهُ اللَّهُ اللَّهُ الللَّهُ اللَّهُ اللَّهُ الللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ الللَّهُ اللَّهُ الللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللللَّهُ اللَّلْمُ اللَّهُ اللَّهُ اللللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ الللَّهُ اللَّهُ

4. Say: |laa ilaaha illal-l<u>aa</u>h(u) wahdahu laa shareeka lah(u), lahul-mulk(u), wa-lahul-hamd(u), wa-huwa ζalaa kulli shai-iŋ qadeer| laa hawla wa-laa quwwata illaa bil-laah(i)| laa

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

ilaaha illal-l<u>aa</u>h(u), wa-laa nazbudu illaa iyyaah(u), lahun-nizma(tu), wa-lahulfaDl(u), wa-lahuth-thanaa-ul-hassan(u), laa ilaaha illal-l<u>aa</u>h(u), mukhliSeena lahuddeena, wa-law karihal-kaafiruun/

"There is no God but Allah, alone without partners. To Him belongs the dominion, and to Him belongs all praise. He has power over all things. There is no might or power except with Him. There is no God but Allah. We worship none but Him. To Him belong all blessings, sovereignty and good praise. There is no god but Allah, in Whom we have pure faith in spite of the disbelievers." (168)

﴿لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْمَلْكُ، وَلَهُ الْمَحْمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، لَا حَوْلَ وَلَا قُوَّةً إِلَّا بِاللَّهِ، لَا إِلَهَ إِلَّا اللّهُ، وَلَا نَعْبُدُ إِلَّا إِيَّاهُ، لَهُ النَّعْمَةُ، وَلَهُ اللّهِ، لَا إِلَهَ إِلَّا اللّهُ، مُخْلِصِينَ لَهُ النَّفَاءُ الْحَسَنُ، لَا إِلَهَ إِلَّا اللّهُ، مُخْلِصِينَ لَهُ اللّهُ، مُخْلِصِينَ لَهُ اللّهُ مَا النّهُ اللّهُ مَحْلِصِينَ لَهُ اللّهُ مَا اللّهُ مَا اللّهُ اللّهُ مَا اللّهُ اللّهُ اللّهُ مَا اللّهُ اللّهُ مَا اللّهُ اللّهُ اللّهُ مَا اللّهُ اللّهُ اللّهُ اللّهُ اللّهُ مَا اللّهُ الللّهُ اللّهُ الللّهُ اللّهُ اللّهُ اللّهُ اللّهُ ال

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

Counting on the fingers of your right hand, say:

- /subhaanallaah/ (Glory be to Allah) دشیخان الله، 33 times;
- /alhamdulil-laah/ (Praise be to Allah) مَا لَمُدُ لِلَّهِ 33 times; and
- /allaahu akbar/ (Allah is the Greatest) مَاللَّهُ أَكْبُرُ» 33 times.

Then, top up these adhkaar to one hundred by saying:

|laa ilaaha illal-l<u>aa</u>h(u), wahdahu laa shareeka lah(u), lahul-mulku, wa-lahulhamd(u), wa-huwa ζalaa kulli shayin qadeer|

"There is no god but Allah, alone without partners. To Him belongs the dominion, and to Him all praise is due. He has power over all things." (169)

«لا إِلَهَ إِلَّا اللَّهُ وَخْدَهُ لا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

الْحَمْدُ، وَهُوَ عَلَى كُلُّ شَيْءٍ قَدِيرٌ ٩.

- 6. Recite Ayat Al-Kursi, (170) Surat Al-Ikhlass, Surat Al-Falaq and Surat An-Naas. (171)
- 7. In addition to the afore-mentioned adhkaar, you can say the following prayer 10 times, particularly after the dawn and sunset salaah⁽¹⁷²⁾:

|laa ilaaha illal-l<u>aa</u>h(u), wahdahu laa shareeka lah(u), lahul-mulku, wa-lahulhamd(u), yuhyee wa-yumeet(u), wa-huwa Lalaa kulli shayin qadeer|

"There is no God but Allah, alone without partners. To Him belongs the dominion, and to Him all praise is due. He gives life and causes death, and He has power over all things."

﴿لَا إِلَهَ إِلَّا اللَّهُ وَخَدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ، يُخيي وَيُمِيتُ، وَهُوَ عَلَى كُلُّ شَيْءٍ قَلِيرًا.
 الْحَمْدُ، يُخيي وَيُمِيتُ، وَهُوَ عَلَى كُلُّ شَيْءٍ قَلِيرًا.

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

5.1.16 Suras to Recite in Al-Witr Salaah

As the Prophet sused to do in al-witr salaah, you should recite, after Surat Al-Fatihah, Surat Al-A'laa in the first rak'ah, Surat Al-Kafirun in the second, and Surat Al-Ikhlaas in the third. The Prophet did tasleem in the last one, i.e. the third. (173)

5.1.17 Qunuut Du'aa (174)

In the fajr and al-witr quant (invocation in salaah), you should say:

|allaahumma-hdinee feeman hadayt(a), waζαafinee feeman ζαafayt(a), wa-tawallanee feeman tawallayt(a), wa-baarik lee feemaa αζΤαyt(a), wa-qinee sharra maa qaDayt(a), innaka taqDee wa-laa yuqDaa ζalayk(a), wainnah(u) laa yađillu maw-waalayt(a), wa-laa yaζizzu man ζaadayt(a), tabaarakta rabbanaa wa-taζaalayt|

"O Allah, guide me among those You guide. Grant me safety among those You grant

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

safety. Take me into Your care among those You take into Your care. Bless what You give me. Protect me from the evil You have decreed. Verily, You decree, but nothing is decreed for You; whomever You take care of is never humiliated, and whomever You take as an enemy is never honoured. Blessed and exalted be You, our Lord." (175)

«اللَّهُمُّ اهْدِنِي فِيمَنْ هَدَيْتَ، وَعَافِنِي فِيمَنْ عَافَيْتَ، وَتَوَلَّنِي فِيمَنْ عَافَيْتَ، وَبَارِكْ لِي فِيمَا أَعْطَيْتَ، وَقِنِي شَرَّ مَا قَضَيْتَ، وَقِنِي شَرَّ مَا قَضَيْتَ، [ف] إِنَّكَ تَقْضِي وَلا يُقْضَى عَلَيْكَ، وَإِنَّهُ لا يَذِلُ مَنْ وَالَيْتَ، [ولا يَعِزُ مَنْ عَادَيْتَ]، تَبَارَكْتَ رَبَّنَا وَتَعَالَيْتَ، وَوَلا يَعِزُ مَنْ عَادَيْتَ]، تَبَارَكْتَ رَبُنَا وَتَعَالَيْتَ».

You can add Omar's or his son's qunuut:

|allaahumma nastaζeenuk(a), wanastaghfiruk(a), wa-laa nakfuruk(a), wanu'min(u) bika, wa-nakhlaζu mayyakfuruk(a)|allaahumma iyyaka naζbud(u),
wa-laka nuSallee wa-nasjud(u), wa-ilayka

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

nasζaa wa-naĥfid(u), narjuu raĥmatak(a) wa-nakhshaa ζađabak(a), inna ζađaabakal-jidda bil-kuffaari mulĥiqu, allaahumma ζađđibil-kafratal-lađeena yaSudduuna ζaŋ-sabeelik/

"O Allah! We seek Your help and for giveness. We do not deny You. We have faith in You, and we dissociate ourselves from whoever denies You. (176) O Allah! You we worship; to You we pray and prostrate; toward You we run and strive. We seek Your mercy and fear Your torment. Your inevitable torment of the disbelievers is certainly coming. O Allah! Let Your torment be on the disbelievers, who obstruct (people from following) Your way. (177)

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

When you finish al-witr salaah, you should say the following 3 times - the third time should be prolonged:

/subhaanal-malikil-qudduus/ "Glory be to the Holy King." (178)

5. What to Say if Distracted During Salaah by a Human or Satan

If someone speaks to you during salaah, you should say aloud: /subhaanal-laah/ "Glory be to Allah." (179)

If Khanzab (the devil that distracts Muslims during salaah) whispers to you during salaah, you should do the following, as instructed by the Prophet (180):

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

[a] say:

|aζuuđu bil-laahi minash-shayTaanir-rajeem|

"I seek refuge in Allah from Satan, the outcast."

[b] Then, spit to your left three times.

5.1.18 Adhkaar for Specific Salaahs

5.1.18.1 Rain-Invoking Prayers

The following are selected supplications for invoking rain:

Praying for rain, you can say:

|all<u>aa</u>humma aghithnaa, all<u>aa</u>humma aghithnaa, all<u>aa</u>humma aghithnaa|

"O Allah! Rescue us [with rain]. O Allah! Rescue us [with rain]. O Allah! Rescue us [with rain]."

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

You can also pray:

|all<u>aa</u>humma-sqinaa, all<u>aa</u>humma-sqinaa, all<u>aa</u>humma-sqinaa|

"O Allah! Provide us with water. O Allah! Provide us with water. O Allah! Provide us with water." (181)

«اللَّهُمَّ اسْقِنَا، اللَّهُمَّ اسْقِنَا، اللَّهُمَّ اسْقِنَا».

You can add:

|allahumma-sqi ζibaadaka wa-bahaaimak(a), waŋ-shur rahmatak(a), wa-ahyee baladakal-mayyit|

"O Allah! Provide Your slaves (people) and Your animals with water, spread Your mercy and give life to Your dead country." (182)

﴿اللَّهُمُّ اسْقِ عِبَادَكَ وَبَهَائِمَكَ، وَانْشُر رَّحْمَتَكَ، وَأَخْيِ بَلَدَكَ الْمَيِّتَ».

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

You can also add:

|allaahumma-sqinaa ghaithammugheetha(m), maree-am mareeζa(n), naafiζan ghaira D<u>aa</u>rr(in), ζaajilan ghaira aajil|

"O Allah! Provide us with saving rain that brings about good and prosperity and that is beneficial, not harmful, and let it fall sooner, not later." (183)

In the rain-invoking salaah, as in that of the Eeds and Fridays, (184) it is recommended that Surat Al-A'laa and Surat Al-Ghashiyah be recited after Al-Fatihah in the first and the second Rak'ahs respectively. (185)

5.1.18.2 Istikhaarah Supplication

To ask Allah 🧩 for help in making a choice,

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

you should offer a non-obligatory two-rak'ah prayer, then pray:

|allaahumma innee astakheeruka ζilmik(a), wa-astaqdiruka bi-qudratik(a), wa-as-aluka min faDlik-al-LaŽeem, fa-innaka taqdiru wa-laa aqdir(u), wa- ta\(\mathbb{l}\)lamu wa-laa aζlam(u), wa-anta ζallaamul-ghuyuub/ allaahumma, in kunta ta'\lamu anna hadhalamra khairul-lee fee deenee, wa-ma\(\zera\)aashee, wa-Laaqibati amree (or fee Laajili amree waaajilihi), faqdurh(u) lee, wa-yassirhu lee, thumma baarik lee feeh(i), wa-in kunta taClamu anna haađal-amra sharrul-lee fee deenee, wa-ma'\(\zeta\)ashi, wa-\(\zeta\)aqibati amree (or fee (aajili amri wa-aajilihi), fa-Srifhu (anni, waS-rifnee (anh(u), waqdur liyal-khayra)haythu kaana, thumma raDDinee bih/

"O Allah! I ask guidance from Your knowledge, and Power from Your Might, and I ask for Your great blessings. You are capable, but I am not. You know, but I do

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

not, and You are the Knower of the unseen. O Allah! If that thing is, in Your knowledge, good for my faith, subsistence and Hereafter (good for my present and future), ordain it for me, and make it easy for me to obtain, and then bless it. If that thing is, in Your knowledge, bad for my faith, subsistence and afterlife (bad for my present and future), keep it away from me, and keep me away from it. Ordain for me whatever is good for me, and make me satisfied with it." (186)

اللّهُمُّ إِنِّي أَسْتَخِيرُكَ بِعِلْمِكَ، وَأَسْتَقْدِرُكَ بِقُدْرَتِكَ، وَأَسْتَقْدِرُكَ بِقُدْرَتِكَ، وَأَسْتَقْدِرُ وَلَا أَقْدِرُ. وَتَعْلَمُ وَلَا أَقْدِرُ. وَتَعْلَمُ وَلَا أَقْدِرُ. وَتَعْلَمُ وَلَا أَعْلَمُ، وَأَنْتَ عَلَّمُ الْغَيْوبِ، اللّهُمُّ إِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الأَمْرَ [ويسمِّي حاجَتهُ] خَيْرٌ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةٍ أَمْرِي - أَوْ قَالَ: فِي عَاجِلِ أَمْرِي وَآجِلِهِ - فَاقْدُرْهُ لِي وَيَسُرْهُ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةٍ أَمْرِي وَآجِلِهِ - فَاقْدُرْهُ لِي فِيهِ، وَإِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الأَمْرَ شَرِّ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةٍ أَمْرِي - أَوْ قَالَ: فِي عَاجِلِ أَمْرِي وَآجِلِهِ - أَوْ قَالَ: فِي عَاجِلِ أَمْرِي - أَوْ قَالَ: فِي عَاجِلِ أَمْرِي - أَوْ قَالَ: فِي عَاجِلٍ أَمْرِي وَاصْرِفْنِي عَنْهُ، وَاصْرِفْهُ عَنْي وَاصْرِفْنِي عَنْهُ، وَالْمِوفْنِي عَنْهُ، وَاصْرِفْنِي عَنْهُ، وَاصْرِفْنِي عَنْهُ،

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

The Prophet says that the person praying for Allah's help in choice making should mention his need.

5.1.18.3 The Friday Dawn Prayer

In the first rak'ah of the Friday dawn prayer, the Imam should recite Surat As-Sajdah after Al-Fatihah. In the second Rak'ah, he should recite Surat Al-Insan after Al-Fatihah. (187) According to the Sunnah, the two Suras should be recited in full. (188)

5.1.18.4 The Friday Prayer

You should supplicate as much as you can during the "answer hour". It is considered the most opportune time for answering prayers on the Friday day. According to the strongest argument, that special hour is "the time between the Imam's sitting till the salaah is over". (189) (190)

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{ba}d;$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

The Imam can recite Surat Qaaf in the khutbah (sermon), for this is well established in the Prophet's Sunnah. (191)

He can recite Surat Al-Jumu'ah after Al-Fatihah in the first *rak'ah*, and Surat Al-Munafiqun in the second.⁽¹⁹²⁾

He may, in accordance with the Sunnah, recite Surat Al-A'la in the first rak'ah, and Surat Al-Ghashiyah in the second.

If the Jumu'ah prayer and the Eed prayer coincide, the Imam can recite Al-A'la and Al-Ghashiyah in both prayers. (193)

5.1.18.5 Salaat Al-Kusuuf (Eclipse)

This is what a Muslim should do in the case of kusuuf (eclipse) according to the Sunnah: remember Allah as much as possible; supplicate Allah as, asking for His forgiveness; pray until the eclipse is over; give charity; free slaves (if one has any); and seek Allah's protection from the trial of Al-Maseeh Addajjal and from the torment of the grave.

[|]i| = sit; |n| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

In salaat al-kusuuf, the Imam should recite a Surah like Surat Al-Baqarah after Al-Fatihah in the first rak'ah, and a Surah like Surat Al-Imran in the second. He should prolong rukuu' (bowing) and sujuud (prostration), and should not stop praying until the ecplise is over.

As narrated by Ibn-Abbas, "There was an explise in the Prophet's lifetime. He prayed, and so did the Muslims behind him. He stood for a long time, during which he recited Surat Al-Baqarah. He also did a long *sujuud*. Then, he raised his Head from *rukuu*' and stood up for a long time, but not as long as the first time..." (194)

The Prophet says, "These signs, which Allah sends, do not occur because of the death or birth of anybody, but Allah tests His worshipers by them. So, whenever you see such signs, make haste for Allah's remembrance, invoke Him and ask for His forgiveness." (195)

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

The Prophet says, "The sun and the moon do not eclipse because of someone's death or birth. They are two of Allah's signs. So, whenever you see these eclipses, pray and invoke Allah till the eclipse is over." (196)

The Prophet salso says, "Whenever you see that [type of sign], supplicate Allah, glorify him, offer salaah and and pay sadaqah (charity)." (197)

He instructs Muslims to "free slaves during the solar eclipse." (198)

In an eclipse sermon, the Prophet said, "It has been revealed to me that you will be tried in your graves soon; you will undergo a trial like that of Al-Masseeh Addajjal." (199)

5.1.18.6 The Eed Salaah

According to the Sunnah, the Imam of the Eed prayer should recite, after Al-Fatihah, Surat Al-A'la in the first rak'ah and Surat Al-Ghashiyah in the second. (200)

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

On the occasion of the two Eeds, Eed Al-Fitr and Eed Al-Adha, the Sunnah is to say takbeer [/allaahu akbar/ "Allah is the greatest"]. On the occasion of Eed Al-Fitr, takbeer begins from the sunset of the last day of Ramadan till the Imam starts the Eid prayer, on the first of Shawwal.

On the occasion of Eed Al-Adha, takbeer starts after the dawn prayer on the Arafah Day (the 9th. of Thul-Hijjah) till the afternoon prayer on the 13th of Thul-Hijjah. (201)

This is the commonly said takbeer: |allaahu akbrul-laahu akbar(u), laa ilaaha illal-laah, wal-laahu akbar(u), wa-lil-laahil- hamd|

"Allah is the Greatest, Allah is the Greatest; there is no God but Allah; Allah is the Greatest, and to Allah all praise is due."

«اللهُ أكبرُ، اللهُ أكبرُ، لا إلهَ إلَّا اللهُ، واللهُ أكبرُ، وللهِ الحمدُ».

Ibn-Mas'ud used to say that *takbeer* on the occasion of Eed Al-Adha. (202)

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

5.2 Adhkaar for Zakaah

5.2.1 Prayer on Receiving Zakaah

The receiver of zakaah, be it the governor, the poor, or the zakaah collector, should pray for the donor, e.g. say:

|jazaakal-l<u>aa</u>hu khair<u>aa</u>|

"May Allah reward you well."

«جَزَاكَ اللهُ خَيْراً» .

The Prophet says, "If someone does you a service, and you say to them, 'May Allah reward you well', you will have praised him greatly." (203)

One can also pray for the zakaah giver by saying:

|all<u>aa</u>humma aζTi muŋfiqan khalafaa|

"O Allah! Give the one who spends [for Your Sake] a compensation [for what he has spent]." (204)

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

«اللهُمَّ أَعْطِ مُنْفِقاً خَلَفاً».

It is worth mentioning that Muslims invoke Allah's blessings on Prophet Mohamed # by saying this special prayer:

/allaahumma Sallee \(\zeta\) alaih/, or

|Sallal-laahu ζalaihi wa-sallam| or |ζalaihiS-Salaatu was-salaam| - all these utterances mean "May Allah's prayers and peace be upon Prophet Muhammad". Muslims keep it for the Prophet sonly. So, it is not appropriate to say it to the zakaah giver. (205)

5.2.2 Prayer if Offered Money

If someone offers you some money, you should ask Allah st to bless them, by saying:

|baaraka all<u>aa</u>hu laka fee ahlika wa maalik|

"May Allah bless your family and your wealth." (206)

«بَارَكَ ٱللهُ لَكَ فِي أَهْلِكَ وَمَالِكَ».

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

5.2.3 Du'aa' on Returning a Loan

On returning a loan to the one that has lent it to you, you should thank and pray for him / her. You can say:

|baaraka all<u>aa</u>hu laka fee ahlik(a), wa maalik(a), innamaa jazaa-ussalafi alhamdu wal-adaa'|

"May Allah bless your family and your wealth. Lending must be met by gratitude and payment of loan." (207)

﴿بَارَكَ ٱللهُ لَكَ فِي أَهْلِكَ وَمَالِكَ، إِنَّمَا جَزَاءُ ٱلسَّلَفِ
 ٱلْحَمْدُ وَٱلْأَدَاءُ ٩.

5.3 Fasting Adhkaar

5.3.1 What to say on Sighting the Ramadan Crescent

On seeing the Ramadan crescent, you should say:

|allaahumma ahlilhu ζalaynaa bil-yumni waleemaan(i), was-salaama(ti) wal-islaam,

[|]i| = sit; |v| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |v| = cov; |z| = zero; |Z| = Thus

rabbee wa-rabbukal-l<u>aa</u>h/

"O Allah! Let it be accompanied by blessings, faith, security and Islam. [O moon!] Allah is your God and mine." (208)

5.3.2 Response to Insult when Fasting

If someone calls you bad names, you should respond by saying twice:

/innee Saa-im/ (I am fasting). (209)

5.3.3 What to Do during your Fast

While fasting, Muslims should do as much good as possible, such as salaah, dhikr (remembrance of Allah \$), recitation of the Qur'an and supplication. The Prophet says, "There are three people whose supplications

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

are not rejected: a fasting person till he / she breaks the fast; a just ruler; and a person that has been wronged." (210)

5.3.4 Du'aa' on Breaking Fast

On breaking your fast, you can pray:

|đahabaŽ-Žama-u, wab-tallatil- ζuruuq(u), wa-thabatal-ajr(u) iŋ-shaa-all<u>aa</u>h|

"Thirst has gone; the veins are wet; the reward [from Allah for fasting] is secured by Allah's permission." (211)

* ذَهَبَ الظَّمَأْ، وَابْتَلَّتِ الْعُرُوقُ، وَثَبَتَ الأَجْرُ إِنْ شَاءَ اللَّهُ.
 اللَّهُ».

5.3.5 A Guest's Du'aa' on Breaking Fast

On breaking your fast at someone's house, you should pray for them by saying:

|afTara ζiŋdakumuS-S<u>aa</u>-imuun, wa-akala Taζaamakumul-abr<u>aa</u>r, wa-Sallat ζalaikumul-malaa-ikha|

[|]i| = sit; |u| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

"The fasting ones have broken their fast in your house; the good ones have eaten from your food; may the angels pray for you." (212)

﴿ أَفْظَرَ عِنْدَكُمُ الصَّائِمُونَ ، وَأَكَلَ طَعَامَكُمُ الأَبْرَارُ ، وَأَكَلَ طَعَامَكُمُ الأَبْرَارُ ، وَصَلَّتْ عَلَيْكُمُ الْمَلائِكَةُ ».

5.3.6 Du'aa' on Laylatul-Qadr

If you witness Laylatul-Qadr (Night of Decree / Power), you should pray:

|all<u>aa</u>humma innaka ζafuwwuŋ tuĥibbulζafwa, fa-ζfu ζannee|

"O Allah! Verily, you are the Ever-Forgiving, Who loves to forgive. Please forgive me." (213)

On that Night, you should be reciting the Qur'an and saying all the best possible adhkaar and supplications in honourable places. This should be done in an i'tikaaf

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

state (retreat in the mosque). (214)

5.4 Adhkaar for Hajj and Omrah

The *hajj* and *omrah adhkaar* fall within two categories: one related to travelling, and the other related to rites.

5.4.1 Travel-Related Adhkaar

As for the travel-related *adhkaar*, most of them have already been mentioned. However, let us add some more.

5.4.1.1 Du'aa' Uphill and Downhill

According to the Sunnah, when your means of transport goes uphill, you should say:

```
|allaahu akbar|
```

"Allah is the Greatest."

When it goes downhill, you should say:

```
|i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus
```

|subhaanal-laah|

"Glory be to Allah."

«سُبْحَانَ اللهِ».

As narrated by Jabir, "Whenever we went uphill, we said takbeer [/allaahu akbar/]; whenever we went downhill, we said tasbeeh [/subhaanal-laa/]⁽²¹⁵⁾

5.4.1.2 Du'aa' if Troubled by Transport

If you experience difficulty with your means of transport, you are not to curse it. The Sunnah prohibits such behaviour. In one incident, when a travelling woman cursed her means of transport, the Prophet said, "Take things off its (the animal's) back, for it has been cursed."

5.4.1.3 Travelling *Du'aa'* at Daybreak

If the the day breaks while you are travelling, you should say:

```
|a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};

|d| = t\text{his}; |D| = d\text{umb}; |ee| = \text{meat}; |gh| = \text{Paris}); |h| = \text{has};

|h| = \text{hulm (Arabic dream)};
```

|samiζa saamiζum-biĥamdil-laah(i) wahusn(i) balaa-ihi ζalainaa| rabbanaa Saaĥibnaa, wa-afDil ζalainaa, ζaa-iđam-billaah(i) minan-n<u>aa</u>r|

"A listener has heard that we praise Allah for His favours upon us. Our Lord, accompany us, and grant us from Your favours. We seek Allah's protection from the Fire." (217)

﴿ سَمِعَ سَامِعٌ بِحَمْدِ اللَّهِ وَحُسْنِ بَلاثِهِ عَلَيْنَا، رَبُّنَا صَاحِبْنَا، وَأَفْضِلْ عَلَيْنَا، عَاثِذًا بِاللَّهِ مِنَ النَّارِ».

5.4.1.4 Du'aa' on Staying the Night

If you stop at a place in order to stay the night, you should pray:

|auuđu bi-kalimaatil-laahi-taam-maat(i) min sharri maa khalaq|

"I seek refuge in Allah's perfect words from the evil of what He has created."(218)

«أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرٌّ مَا خَلَقَ».

[|]i| = sit; |u| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

5.4.1.5 Du'aa' on Entering a Town

Whenever you want to enter a town or village, you should supplicate:

|allaahumma rabbas-samaawatis-sabζi wa-maa aŽlaln(a), wa-rabbal-arDeenas-sabζi wa-maa aqlaln(a), wa-rabbar-riyaahi wa-maa āarain(a), as-aluka khaira haaāihil-qaryati, wa-khaira ahlihaa, wa-khaira maa feehaa, wa-aζuuāu bika miŋ sharriha, wa-sharri ahlihaa, wa-sharri mafeehaa|

"O Allah, Lord of the seven heavens and what they overshadow, Lord of the seven earths and what they carry, and Lord of the winds and what they scatter about, I ask You of the good of this village, the good of its people and the good of what is in it, and seek Your protection from its evil, the evil of its people, and the evil of what is in it."(219)

«اللهُمَّ رَبُّ السَّمَاوَاتِ السَّبْعِ وَمَا أَظْلَلْنَ، وَرَبُّ اللَّهُمُّ وَرَبُّ الرَّياحِ وَمَا ذَرَيْنَ، الأَرْضِيْنَ السَّبْعِ وَمَا أَقْلَلْنَ، وَرَبُّ الرِّياحِ وَمَا ذَرَيْنَ،

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

أَسْأَلُكَ خَيْرَ هَذِهِ القَرْيَةِ وَخَيْرَ أَهْلِهَا، وَخَيْرَ مَا فِيهَا، وَأَعُوذُ بِكَ مِنْ شَرِّهَا، وَشَرِّ أَهْلِهَا، وَشَرِّ مَا فِيهَا».

5.5 Rite-Related Adhkaar for Hajj & Omrah 5.5.1 Adhkaar for Ihraam

On preparing for *ihraam* (state of *omrah* or *hajj*), you should say the same *adhkaar* already mentioned on *ightisaal*, *wudhuu'* and getting dressed.

5.5.2 Talbiyah

Following the Prophet's example, you should say for *talbiyah*:

|labbaykal-laahumma labbayk, labbayka laa shareeka laka labbayk, innal-hamda wanniζmata laka wal-mulk, laa shareeka lak/

"I am hastening in response to Your call. O Allah! I am hastening in response to Your call. I am hastening in response to Your call; You have no partner. I am hastening in response to Your call. Verily, all praise and

[|]i| = sit; |n| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

grace be to You, and so be the dominion. You have no partners." (220)

﴿لَيْنَكَ اللَّهُمُّ لَيْنَكَ، لَبَيْكَ لا شُرِيكَ لَكَ لَبَيْكَ، إِنَّ الْمَثْكَ، إِنَّ الْمَحْمَدَ، وَالنَّعْمَةَ، لَكَ وَالْمُلْكَ، لا شَرِيكَ لَكَ،

You can add:

|labbayka, labbayka, wa-saζdayk(a), walkhayru bi-yadayk(a), labbayka warraghbaa-u ilayka wal-ζamal|

"I am hastening in response to Your call; I am hastening in response to Your call. May You be pleased. All good is in Your hands. I am hastening in response to Your call. My desire is to please You, and so is my deed." (221)

﴿لَبَيْكَ، لَبَيْكَ وَسَعْدَيْكَ، وَالْحَيْرُ بِيَدَيْكَ، لَبَيْكَ وَالرَّغْبَاءُ إِلَيْكَ وَالْعَمَلُ».

When to stop Talbiyah

In the case of omrah, you are to stop talbiyah

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

once you enter the Haram, the Holy Mosque. (222)

In the case of hajj (pilgrimage), you are to stop talbiyah once you finish throwing the jamaraat (pebbles) of Al-Aqabah Al-Kubra on the Day of Nahr (sacrifice offering). According to the Hadith, "The Prophet continued talbiyah till he threw the pebbles." (223)

5.5.3 Adhkaar for Tawaaf

To start tawaaf (circumambulating the Ka'bah), you are to face the Black Stone, touch it if you can, kiss it if you can, or put your hand towards it saying:

/allaahu akbar/ (Allah is the Greatest).

Like the Prophet **\$5**, every time you pass by the Black Stone, point towards it, saying, |allaahu akbar|

Doing tawaaf around the Ka'bah on a camel, the Prophet spointed, with something in his hand, (224) towards the Black Stone every time he passed by it saying: |allaahu akbar|. (225)

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

Should you touch the four corners of Al-Ka'bah, if you can?

According to the Sunnah, you can only touch two corners, the Black Stone and Arrukn Al-Yamaani (the Yemeni Corner). During tawaaf, the Prophet used to recite verse 180 of Surat Al-Baqarah:

|rabbanaa aatinaa fid-dunyaa hasana(taw), wa-fil-aakhira(ti) hasana(taw), wa-qinaa ζadaaban-n<u>aa</u>r|

"Our Lord! Give unto us in the world that which is good and in the Hereafter that which is good, and guard us from the doom of Fire." (227)

5.5.4 Du'aa' in the Post-Tawaaf Rak'ahs

After tawaaf, you offer a two-rak'ah salaah at Prophet Ibraheem's Muqaam. Like the

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

Prophet ﷺ, you should recite Surat Al-Ikhlaas and Surat Al-Kafirun in the two rak'ahs. (228)

5.5.5 Adhkaar between Al-Safa and Al-Marwah

When approaching Al-Safa or Al-Marwah, you should recite verse No. 158 in Surat Al-Baqarah;

|innaS-Safaa wal-marwata min shaζaa-irillaah(i), fa-man hajjal-bayta aw-iζtamara, falaa junaaha ζalaihi ayyaT-Tawwafa bihimaa, wa-man taTawwaζa khayran fainnal-laaha shaakirun ζaleem|

"(158) Lo! (The mountains) Al-Safa and Al-Marwah are among the indications of Allah. It is therefore no sin for him who is on pilgrimage to the House (of God) or visits it, to go around them (as the pagan custom is). And he who doeth good of his own accord (for him), Lo! Allah is Responsive, Aware."

﴿ إِنَّ ٱلصَّغَا وَٱلْمَرُوءَ مِن شَعَآبِرِ ٱللَّهِ ۚ فَمَنَ حَجَّ ٱلْبَيْتَ أَوِ ٱعْتَكُرَ

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

On starting Sa'y on Al-Safa, you say:

/abda-u bimaa bada-allaahu bih/ "I start with what Allah started with." (229)

Seeing Al-Ka'bah when you are on Al-Safa or Al-Marwah, you should say three times:

/laa ilaaha illal-laah(u), allaahu akbar/
"There is no God but Allah. Allah is the Greatest."

Then, you should say: |laa ilaaha illallaah(u), wahdahu laa shareeka lah(u), lahulmulk(u), wa-lahul-hamd, wa-huwa \(\zeta\) alaa kulli shayin qadeer, laa ilaaha illal-laahu

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

wahdah(u), anjaza waζdahu, wa-naSara ζabdahu, wa-hazamal-ahzaaba wahdah/

"There is no God but Allah, alone without partners. To Him belongs the dominion, and to Him all praise is due. He has power over all things. There is no God but Allah alone, Who fulfilled His promise, helped His slave [Muhammad] and defeated the Ahzab (those who collaborated agaist the Prophet) alone."

Then, you can supplicate Allah as you like. (230)

*لا إِلَهَ إِلَّا اللَّهُ وَخدَهُ لا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلُّ شَيْءٍ قَدِيرٌ، لا إِلَهَ إِلَّا اللَّهُ وَخدَهُ، الْحَمْدُ، وَهُوَ عَلَى كُلُّ شَيْءٍ قَدِيرٌ، لا إِلَهَ إِلَّا اللَّهُ وَخدَهُ، أَنْجَزَ وَعْدَهُ، وَهُزَمَ الأَخْزَابَ وَحْدَهُ».
 أَنْجَزَ وَعْدَهُ، وَنَصَرَ عَبْدَهُ، وَهَزَمَ الأَخْزَابَ وَحْدَهُ».

5.5.6 Du'aa' on Proceeding to Arafah

You should say the following as often as possible:

|labbaykal-laahumma labbayk, labbayka laa shareeka laka labbayk| innal-hamda wan-

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

niζmata laka wal-mulk, laa shareeka lak/ / labbayka, labbayka, wa-saζdayk(a), walkhayru bi-yadayk(a), labbayka warraghbaa-u ilayka wal-ζamal, all<u>aa</u>hu-akbarullaahu-akbar/

"O Allah! I am hastening in response to Your call; I am hastening in response to Your call. I am hastening in response to Your call; You have no partner; I am hastening in response to Your call. Verily all praise and grace be to You, and so be the dominion. You have no partners. I am hastening in response to Your call. I am hastening in response to Your call. May You be pleased. All good is in Your hands. I am hastening in response to Your call. My desire is to please You, and so are my deeds." (231)

«لَيْكَ اللَّهُمُّ لَيُنْكَ، لَيْكَ لا شَرِيكَ لَكَ لَيْكَ، إِنَّ الْمُنْكَ، إِنَّ الْمُنْكَ، وَالنَّعْمَةَ، لَكَ وَالْمُلْكَ، لا شَرِيكَ لَكَ. لَيْكَ، الْمُنْكَ، لا شَرِيكَ لَكَ. لَيْكَ، لَيْكَ، لَيْكَ، لَيْكَ وَالْمُلْكَ، لَيْنَكَ وَالرَّغْبَاءُ إِلَيْكَ، لَيْنَكَ وَالرَّغْبَاءُ إِلَيْكَ الْبَيْكَ وَالرَّغْبَاءُ إِلَيْكَ

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

وَالْعَمَلُ، اللهُ أكبرُ، اللهُ أكبرُ...٥.

5.5.7 Du'aa' on the Mount of Arafah

Pilgrims should remember Allah and make du'a as often as possible on the Arafah Day-raising hands while supplicating is recommended. The Prophet said, said, "The best supplication is that which is said on the Arafah Day. The best of what the Prophets and I have said is:

|laa ilaaha illal-l<u>aa</u>h(u), waħdah(u) laa shareeka lah(u), lahul-mulk(u), wa-lahulħamd(u), wa-huwa ζalaa kulli shay-iŋ qadeer|

"There is no God but Allah, alone without partners. To him belongs the dominion, and to Him all praise is due. He has power over all things." (233)

﴿لا إِلَهَ إِلَّا اللَّهُ وَخدَهُ لا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ، وَهُو الْحَمْدُ، وَهُوَ عَلَى كُلُّ شَيْءٍ قَدِيرٌ».

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

5.5.8 Acts for the Dawn of the Sacrifice Day

As the Prophet side did at Al-Mash'ar Al-Haraam (Jabal Quzah), Muzdalifah, the pilgrim should face the Ka'bah. However, it suffices the pilgrim to stay in any part of Muzdalifah. The Prophet said, "I am staying in this very spot (Jabal Quzah), but, it is permissible to stay in any part of Jam'u." (234)(235)

In Muzdalifah, the pilgrim should remember Allah sa often as possible by saying takbeer (Allah is the Greatest), tahmeed (Praise be to Allah), tasbeeh (Glory be to Allah) tahleel (There is no God, but Allah) and prayers. He should leave Muzdalifah for Mina before sunrise, as the Prophet says in Surat Al-Baqarah, Ayah 198, "... But, when ye press on in the multitude from Arafat, remember Allah by the sacred monument. Remember Him as He has guided you, although before you were of those astray."

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{ba}d;$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

According to the Hadith, "At Al-Mash'ar Al-Haraam, the Prophet faced the Qiblah and went on supplicating, glorifying and praising Allah and testifying to His oneness. When it became sufficiently bright, he left for Mina before sunrise." (237)

5.5.9 Du'aa' and Acts on Throwing Jamaraat According to the Sunnah, the pilgrim is to do the following with regard to the throwing of pebbles:

- Once the pilgrim starts to throw the pebbles at Jamrat Al-Aqabah Al-Kubra on the Sacrifice Day (Thul-Hijjah, 10th.), he has to stop talbiyah. According to the Hadith, "The Prophet kept saying talbiyah till he strated throwing the pebbles." (238)
- With each pebble thrown at the three Jamrahs, the pilgrim is to say:

/allaahu akbar/ (Allah is the Greatest).

- After throwing the pebbles at Al-Jamrah Al-Sughra and Al-Jamrah Al-Wusta, the pilgrim

[|]i| = sit; |u| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

is to walk forward a little. Facing Al-Ka'bah, he is to prolong his stand, supplicating with hands raised. However, these acts are not to be done in the case of Jamrat Al-Aqabah Al-Kubra. Having thrown the pebbles at Al-Aqabah Al-Kubra, the pilgrim is not to stop, but to move on.

Thus, by doing all the above, the pilgrim is following the Prophet's Sunnah. (239)

5.5.10 Du'aa' during Tashreeq Days

In Mina, during the Tashreeq Days (the 11th, 12th and 13th of Thul-Hijjah), the pilgrim is to continue saying:

|all<u>aa</u>hu akbar(u), all<u>aa</u>hu akbar(u), laa ilaaha illal-l<u>aa</u>h(u), wal-l<u>aa</u>hu akbar wa-lillaahil-hamd|

"Allah is the greatest. Allah is the greatest. There is no god but Allah. Allah is the greatest. To Allah all praise is due." (240)

«اللهُ أَكْبَرُ، اللهُ أَكْبَرُ، لَا إِلَهَ إِلَّا اللهُ، واللهُ أَكْبَرُ وَللهِ الْحَمْدُ».

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

Omar Ibn Al-Khattaab used to say that in his tent in Mina. When fellow Muslims in the mosque heard him, they said it, and so did those in the markets. The *takbeer* was so great that Mina vibrated with it all over. (241)

5.5.11 Du'aa' on Offering Hajj Sacrifice

Having thrown the pebbles at Jamrat Al-Aqabah, the pilgrim can say the following prayer on offering the *hajj* sacrifice:

|bismillaah(i), wal-l<u>aa</u>hu akbar(u), all<u>aa</u>humma taqabbal minnee|

"In the name of Allah. Allah is the Greatest. O Allah, accept this sacrifice from me."

The above-mentioned prayers can be said by the Muslim offering a sacrifice in general, including *hajj*. As mentioned in one Hadith, on offering a sacrifice, the Prophet said, "In the name of Allah. Allah is the Greatest.

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

O Allah, accept this sacrifice from Muhammad and the family of Muhammad." (242)

5.5.12 Du'aa' on Completing All Hajj Rites

Having completed all hajj rites, the pilgrim is to say as much dhikr (remembrance of Allah) and supplication as possible. In this regard, Allah says in Surat Al-Baqarah, "(200) And when you have completed your devotions, then remember Allah as ye remember your fathers or with a more lively remembrance. But of mankind is he who saith: "Our Lord! Give unto us in the world," and he has no portion in the Hereafter. (201) And of them (also) is he who says: "Our Lord! Give unto us in the world that which is good and in the Hereafter that which is good, and guard us from the doom of Fire." So, the pilgrim should supplicate:

|rabbanaa aatinaa fid-dunnya hasana(taw), wa-fil-aakhirati hasana(taw), wa-qinaa

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris); |h| = has;|h| = hulm (Arabic dream);

adaaban-naar/

"Our Lord! Give unto us in the world that which is good, and in the Hereafter that which is good, and guard us from the doom of Fire."



[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

Chapter 6

General Adhkaar

Allah calls on all Muslims to remember Him as often as possible. They are also commanded to pray for the Prophet. Below are related statements from the Qur'an and the Hadith:

- "(152) Therefore remember Me, I will remember you. Give thanks to Me, and reject not Me." [Surat Al-Baqarah, Ayah 152]
- "(143) And had he [Prophet Yuunus] not been one of those who glorify (Allah), (144) he would have tarried in its belly [that of the whale] till the day when they are raised." [Surat

As-Saaffat, Ayahs 143-144]

- "(56) Lo! Allah and His angels shower blessings on the Prophet. O you who believe! Ask blessings on him and salute him with a

[|]i| = sit; |u| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

worthy salutation." [Surat Al-Ahzab, Ayah 56]

-"(99)... and takes that which he expands and also the prayers of the messenger as acceptable offerings in the sight of Allah. Lo! Verily it is an acceptable offering for them." [Surat At-Tawbah, Ayah 99]

In the Hadith, the Prophet says, "Allah prays ten times for whoever prays for me once." He also said, "Pray for me. Wherever said, your prayers reach me." (244)

The following is a selection of supplications to be said in remembrance of Allah and in invocation of His blessings on Prophet Muhammad ...

[1] To invoke Allah's blessings upon the Prophet **55**, we can say:

|allaahumma Salli ζalaa muhammad(iw) waζalaa aali muhammad(iŋ), kamaa Sallayta ζalaa ibr<u>aa</u>heem(a) wa-ζalaa aali ibr<u>aa</u>heem(a), innaka hameedum-majeed. all<u>aa</u>huma baarik ζalaa muhammad(iw) wa-

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{ba}d;$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

ζalaa aali muħammad(iŋ), kamaa baarakta ζalaa ibr<u>aa</u>heem(a) wa-ζalaa aali ibar<u>aa</u>heem(a), fil-ζaalameen(a), innaka ħameedum-majeed/

"O Allah, pray for Muhammad and the family of Muhammad, as You have prayed for Ibraheem and the family of Ibraheem. You are Praiseworthy and Gloryworthy. O Allah, bless Muhammad and the family of Muhammad, as You have blessed Ibraheem and the family of Ibraheem, in all the worlds. You are Praiseworthy and Gloryworthy." (245)

«اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ، اللَّهُمَّ بَارِكُ عَلَى مُحَمَّدٍ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ، اللَّهُمَّ بَارِكُ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى أَلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى أَلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى أَلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى أَلْ أَلْمَالُمِينَ إِنَّكَ حَمِيدٌ مَجِيدٌ».

[2] The Prophet says, "There are some words (in remembrance of Allah) that are very light in utterance, but very heavy on the

 $[|]i| = sit; |\pi| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus$

scale of rewards and very much loved by Allah. They are:

|subhaanal-l<u>aa</u>hi wa-bi-hamdih(i), subhaanall<u>aa</u>hil-ζaŽeem|

"Glory be to Allah, and to Him all praise is due. Glory be to Allah, the Magnificent." (246)

[3] As the Prophet says, "There are four expressions most loved by Allah. They are:

|subhaanal-l<u>aa</u>h(i), wal-hamdulilaah(i), walaa ilaaha illal-l<u>aa</u>h, wal-l<u>aa</u>hu akbar|

"Glory be to Allah; to Him all praise is due; there is no God but Allah; Allah is the Greatest." (247)

﴿ سُبْحَانَ اللَّهِ، وَالْحَمْدُ لِلَّهِ، وَلا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبُرُهُ. أكبرُهُ.

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

[4] The Prophet said to Juwairiyah, "I have just said four phrases three times. They would weigh as much as the prayers you have said so far today. They are:

|subhanall<u>aa</u>hi wabi hamdihi ζadada khalqihi, wa riD<u>aa</u> nafsih(i), wazinata ζarshih(i), wamidada kalimaatih|

"Glory be to Allah, and praise be to Him as many times as the number of His creatures, as much as He pleases, as heavy as His Throne and as lasting as the ink ever used to record His words." (248)

﴿ سُبْحَانَ اللَّهِ وَبِحَمْدِهِ، عَلَدَ خَلْقِهِ، وَرِضَا نَفْسِهِ، وَزِنَةَ عَرْشِهِ، وَمِدَادَ كَلِمَاتِهِ،

[5] According to the Hadith, if you say the following supplication a hundred times in one day, you qualify for the following: you get a reward that equals that of freeing ten slaves; you are awarded a hundred hasanahs (reward

[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow;|z| = zero; |Z| = Thus

points in your account); a hundred of your sins are atoned; and you are protected from Satan all day till nightfall. The more you supplicate, the greater the rewards; (249) the supplication is:

|laa ilaaha illal-l<u>aa</u>h(u) wahdahu laa shareeka lah(u), lahul-mulk(u) wa-lahul-hamd(u), wahuwa ζalaa kulli shayin qadeer|

"There is no God but Allah, alone without partners. To Him belongs the dominion and all praise, and He has power over all things."

﴿لَا إِلَهُ إِلَّا اللَّهُ وَخُدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ، وَهُو الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ».

[6] In another Hadith, the Prophet says, "The best remembrance is: /laa illaaha illal-laah/ (There is no God but Allah). The best of supplication is: /al-hamdu lil-laah/ (Praise be to Allah). (250)

 $[|]a| = \text{happy}; |aa| = \text{lamb}; |\underline{aa}| = \text{star}; |ay| = \text{find}; |d| = \text{bad};$ |d| = this; |D| = dumb; |ee| = meat; |gh| = Paris; |h| = has;|h| = hulm (Arabic dream);

[7] According to the Hadith, the following supplication is considered a key to the treasures of Heaven:

/laa hawla wa-laa quwwata illaa bil-laah/
"There is no might or power except with Allah."(251)

In conclusion, let us respond to the Prophet's call for the remembrance of Allah: "Keep your tongue softened by the remembrance of Allah." By Allah's Grace, this qualifies us for eternal blessing in Heaven.



[|]i| = sit; |y| = tank / ring; |s| = set; |S| = sum; |sh| = she; |th| = think; |T| = tub; |u| = could; |uu| = food; |w| = cow; |z| = zero; |Z| = Thus

Conclusion

Praise be to Allah . He has granted us guidance, without which we would be astray. O Allah, pray for Your slave and Messenger Muhammad and for his kin, wives and offspring, as You have prayed for Prophet Ibraheem and his kin. You are Praiseworthy and Gloryworthy. O Allah, bless Your slave and Messenger Muhammad and his kin, wives and offspring, as You have blessed Prophet Ibraheem and his kin. You are Praiseworthy and Gloryworthy. O Allah, make this booklet as beneficial as You have made its sources. O Lord of the worlds, to You all praise is due.

Endnotes

- (1) The full name of the book as given by Al-Imaam Annawawiy is: Hilyat Al-Abraar wa Shi'aar Al-Akhyaar fee Talkhees Ad-Da'awaat wa Al-Adhkaar Al-Mustahabbah fee Al-Layl wa Annahaar (The Ornament of the Righteous and the Banner of the Good: A Brief Selection of Recommended Nightly and Daily Adhkaar).
- (2) Sahih Muslim, Hadith No. 2676.

 Jumdan is a mountain on the road to Makkah.
- (3) According to a version in Sahih Al-Bukhari, there is a mention of Ibraheem and Ali.
- (4) In Sahih Muslim's version of the Hadith, there is an extra /fil-aalameen/ (in the worlds).
- (5) Sahih Al-Bukhari, Hadith No. 3370. In Sahih Muslim, Hadith No. 405.
- (6) Sunan Abu-Daawuud, Hadith No. 1047. & Musnad Ahmad, Hadith No. 4 / 8.
- (7) Annawawi's Al-Adhkaar, op. cit., Chapters 1, 2,4, 9, 10 and 13.
- (8) Sahih Al-Bukhari, Book of the Beginning of

- Wahy (Inspiration), Hadith No. 1. & Sahih Muslim, Book of Imaarah, Hadith No. 1907.
- (9) Sahih Muslim, Hadith No. 2700.
- (10) Sahih Muslim, Hadith No. 373.
- (11) Sahih Al-Bukhari, Hadith No. 853. & Sahih Muslim, Book of Mosques, Hadith No. 564.
- (12) Sahih Al-Bukhari, Hadith No. 757.
- (13) Sahih Muslim, Book of Travellers' Prayers and Shortening Prayers, Hadith No. 747.
- (14) Sahih Al-Bukhari, Hadith No. 7288. & Sahih Muslim, Book of Hajj (Pilgrimage), Hadith No. 1337.
- (15) Sahih Al-Bukhari, Hadith No. 6382.
- (16) For meanings of the Arabic words, see Annawawiy's *Kitaab Al-Adhkaar*, (Book of What to say on Riding Your Means of Transport).
- (17) Sahih Muslim, Book of Hajj (Pilgrimage), Hadith No. 1342.
- (18) Sunan Abu-Daawuud, Hadith No. 2600. & Sunan Attermidhiy, Book of Prayers, Hadith No. 3442. & Al-Albaani's Sahih Abu-Daawuud, Hadith No. 2265. & Al-Albaani's Sahih Attermidhiy, Hadith No. 2738. & Musnad Ahmad, Hadith No. 2/7.
- (19) Sunan Attermidhiy, Hadith No. 3444.

- (20) Sunan Ibn-Maajah, Book of Jihad, Hadith No. 2825. & Al-Albaani's Sahih Ibn-Maajah, Hadith No. 2278.
- (21) Sunan Abu-Daawuud, Book of Clothes, Hadith No. 4023. & Al-Albaani's Sahih Abu-Daawuud, Hadith No. 3394. & Sunan Attermidhiy, Hadith No. 3560.
- (22) Abu-Daawuud, Book of Clothes, Hadith No. 4020. & Sunan Attermidhiy, Book of Clothes, Hadith No. 1767.
- (23) Sunan Ibn-Maajah, Book of Clothes, Hadith No. 3558. & Musnad Ahmad, Hadith No. 2 / 89.
- (24) Sahih Muslim, Hadith No. 2018.
- (25) Sunan Abu-Daawuud, Hadith No. 5096. & Annawawi's Al-Adhkaar.
- (26) Sunan Abu-Daawuud, Hadiths No. 5094-5095. & Sunan Attermidhiy, Hadith No. 3427.
- (27) Sunan Abu-Daawuud, Hadiths No. 5095. & Sunan Attermidhiy, Hadith No. 3666. The Hadith is ranked as "Hassan" (good) by Al-Albaani and by Ibn-Baaz.
- (28) Sahih Al-Bukhari, Hadith No. 6361. & Sahih Muslim, Book of Travellers' Prayers and Shortening Prayers, Hadith No. 763.
- (29) Sahih Muslim, Book of Travellers' Prayers and

- Shortening Prayers, Hadith No. 713.
- (30) Sahih Al-Bukhari, Hadith No. 168. & Sahih Muslim, Book of Purification, Hadith No. 268.
- (31) Sharh Annawawiy alaa Muslim (Annawawiy's Explanation of Sahih Muslim), 160/3.
- (32) Sahih Al-Bukhari, Book of Foods, Hadith No. 5376. & Sahih Muslim, Book of Drinks, Hadith No. 2022.
- (33) Sunan Abu-Daawuud, Book of Foods, Hadiths No. 3767 and No. 3768. & Sunan Attermidhiy, Book of Foods, Hadith No. 1858. & Sunan Ibn-Maajah, the section on Foods, Hadith No. 3264.
- (34) Sahih Al-Bukhari, Book of Foods, Hadiths No. 5458 and No. 5459.
- (35) Sahih Al-Bukhari, Hadith No. 6224.
- (36) Sunan Abu-Daawuud, Book of Marriage, Hadith No. 2130. & Sunan Attermidhiy, Book of Marriage, Hadith No. 1091.
- (37) Sahih Al-Bukhari, Hadith No. 141. & Sahih Muslim, Book of Marriage, Hadith No. 1434.
- (38) Sunan Attermidhiy, Hadith No. 3433.
- (39) Sunan Attermidhiy, Hadith No. 3428. & Attermidhiy considers the Hadith ghareeb (strange). & Al-Albaani's Sahih Attermidhiy, Hadith No. 2726. Al-Albaani ranks it as hassan

- (good). & Al-Haakim's Al-Mustadrak, Hadith No. 1/537. Al-Haakim ranks it as hassan (good).
- (40) Sahih Al-Bukhari, Hadith No. 6048 & Sahih Muslim, Hadith No. 2610.
- (41) Sahih Al-Bukhari, Book of Praying for Rain, Hadith No. 1013. & Sahih Muslim, Book of Praying for Rain, Hadith No. 897.
- (42) Sahih Muslim, Book of Praying for Rain, Hadith No. 899. & Sahih Al-Bukhari, Hadith No. 3206.
- (43) Sahih Al-Bukhari, Al-Adab Al-Mufrad, Hadiths No. 721 and No. 723. & Sunan Attermidhiy, Book of Prayers, Hadith No. 3450. See Annawawiy's Al-Adhkaar. & Muwatta' Maalik, Hadith No. 2/992.
- (44) Sahih Al-Bukhari, Book of Praying for Rain, Hadith No. 1032. & Sahih Muslim, Hadith No. 899.
- (45) Sahih Al-Bukhari, Book of Prayer Calls, Hadith No. 846. & Sahih Muslim, Book of Faith, Hadith No. 71.
- (46) Check Ibn-Mandhuur's *Lisaan Al-Arab* for the Arabic meanings of words.
- (47) Op. cit., Endnote No. (41).
- (48) Sahih Al-Bukhari, Hadith No. 6345. & Sahih Muslim, Hadith No. 2730.

- (49) /al-hazn/: tough land.
- (50) Sahih Ibn- Hibbaan, Hadith No. 970. & Ibn-Assiny's 'Amal Alyawm wal-Laylah (Daily and Nightly Deed), Hadith No. 353.
- (51) Sahih Muslim, Book of Destiny, Hadith No. 2664.
- (52) Sahih Al-Bukhari, Book of the Start of Creation, Hadith No. 3276. & Sahih Muslim, Book of Faith, Hadith No. 134.
- (53) Musnad Ahmad, Hadith No. 4/403.
- (54) Musnad Ahmad, Hadith No. 2/220. & Al-Haythamiy's Al-Mujamma', Hadith No. 5/105. & Al-Albaani's Assaheehah, Hadith No. 3/54.
- (55) Sunan Attermidhiy, Book of Prayers, Hadith No. 3431.
- (56) Sunan Abu-Daawuud, Book of Jihad, Hadith No. 2774. & Sunan Ibn-Maajah, Book of Establishing Salaah, Hadith No. 1394. & Al-Haakim's Al-Mustadrak, Hadith No. 1 / 275.
- (57) Sunan Ibn-Maajah, Book of Manners, Hadith No. 3803. & Al-Haakim's Al-Mustadrak, Hadith No. 1 /499. & Al-Albaani's Sahih Ibn-Maajah, Hadith No. 3066.
- (58) Muatta' Maalik, Hadith No. 2/398. & Al-Haakim's Al-Mustadrak, Hadith No. 3/410. &

- Sahih Ibn Hibbaan, Hadith No. 6105. & Al-Baghawiy's Sharh Assunnah (Explaining the Sunnah). 120/164.
- (59) Sahih Al-Bukhari, Book of the Start of Creation, Hadith No. 3303. & Sahih Muslim, Book of Dhikr and Supplication, Hadith No. 2192.
- (60) Sahih Al-Bukhari, Book of Wages, Hadith No. 2276. & Sahih Muslim, Book of Peace, Hadith No. 2201.
- (61) Sahih Al-Bukhari, Book of the Virtues of the Qur'an, Hadith No. 5016. & Sahih Muslim, Book of Peace, Hadith No. 2192.
- (62) Annawawi's *Al-Adhkaar*, Book of Supplications on Sickness and Death.
- (63) Sahih Al-Bukhari, Book of Medicine, Hadith No. 5745. & Sahih Muslim, Book of Peace, Hadith No. 2194.
- (64) Sahih Al-Bukhari, Book of Medicine, Hadith No. 5742. & Sahih Muslim, Book of Peace, Hadith No. 2191.
- (65) Sahih Muslim, Book of Peace, Hadith No. 2185.
- (66) Sahih Muslim, Book of Peace, Hadith No. 2202.
- (67) Sunan Abu-Daawuud, Book of Funerals, Hadith No. 3106. & Sunan Attermidhiy, Book of Medicine, Hadith No. 2083.

- (68) Sahih Al-Bukhari, Hadith No. 3616.
- (69) Sahih Al-Bukhari, Book of the Sick, Hadith No. 5671. & Sahih Muslim, Hadith No. 2680.
- (70) Sahih Al-Bukhari, Book of Conquests, Hadith No. 4440. & Sahih Muslim, Book of the Virtues of the Companions, Hadith No. 2444.
- (71) Sunan Attermidhiy, Hadith No. 3430. Attermidhiy considers it hassan (good), but ghareeb (strange). & Al-Albaani's Sahih Attermidhiy, Hadith No. 2727. Al-Albaani ranks it as sahih (sound).
- (72) Sunan Abu-Daawuud, Book of Funerals, Hadith No. 3116. & Al-Albaani's Sahih Abu-Daawuud, Hadith No. 2770. Al-Albaani ranks it as sahih (sound). & Sahih Ibn Hibbaan, Hadith No. 719.
- (73) Sahih Muslim, Book of Funerals, Hadith No. 916.
- (74) Annawawi's *Al-Adhkaar*, the chapter on What to Say if Desperate of Living.
- (75) Sahih Muslim, Book of Funerals, Hadith No. 920.
- (76) Sahih Muslim, Book of Funerals, Hadith No. 963.
- (77) Sahih Muslim, Book of Funerals, Hadith No. 918.

- (78) Ibid.
- (79) Sahih Al-Bukhari, Book of Funerals, Hadith No. 1284. & Sahih Muslim, Book of Funerals, Hadith No. 923.
- (80) Arabic /faraTaa/ means 'a forerunner to Heaven'.
- (81) Selected by Annawawi for his Al-Adhkaar.

 Sahih Al-Bukhari, Book of Funerals. A Muslim may say other prayers.
- (82) This was also selected by Annawawi for His Al-Adhkaar.
- (83) Musnad Ahmad, Hadiths No. 2/40 and No. 2/59.
- (84) Sunan Abu-Daawuud, Book of Funerals, Hadith No. 3221. & Al-Albaani's Sahih Abu-Daawuud, Hadith No. 2758.
- (85) It was mentioned by Annawawi in his Al-Adhkaar, in the section on What Sayings Benefit the Deceased.
- (86) Sunan Abu-Daawuud, Book of Funerals, Hadith No. 3201 & Sunan Attermidhiy, Book of Funerals, Hadith No. 1024.
- (87) Sahih Al-Bukhari, Book of Funerals, Hadiths No. 1393 and No. 6516.
- (88) Sahih Muslim, Book of Funerals, Hadith No. 977.

Endnotes 207

(89) Sahih Al-Bukhari, Hadiths No. 6325 and No. 7395. & Sahih Muslim, Book of Dhikr and Supplications, Hadith no. 2710.

- (90) Sunan Attermidhiy, Hadith No. 3401.
- (91) Sahih Al-Bukhari, Book of the Start of Creation, Hadith No. 3275.
- (92) Sunan Abu-Daawuud, Hadith No. 5082. & Sunan Attermidhiy, Hadith No. 3575.
- (93) Sahih Al-Bukhari, Book of Prayers, Hadiths No. 6306 and No. 6323.
- (94) Sunan Abu-Daawuud, Hadith No. 5068. & Al-Albaani's Sahih Abu-Daawuud, Hadith No. 4236. Al-Albaani ranked the Hadith as sahih (sound).
- (95) Sahih Muslim, Hadith No. 2732.
- (96) Sunan Abu-Daawuud, Hadith No. 5074. & Al-Albaani's Sahih Abu-Daawuud, Hadith No. 4239.
- (97) Op. cit., Endnote No. 6.
- (98) Only the supplications are mentioned, but the manners will be presented in detail in a future booklet, *The Believer's Provision Series*.
- (99) Op. cit., Endnote No. 91.
- (100) Sahih Al-Bukhari, Book of the Virtues of the Qur'an, Hadith No. 5040. & Sahih Muslim, Book of Travellers' Prayers and Shortening Prayers, Hadiths No. 807 and No. 808.

- (101) Sunan Abu-Daawuud, Hadith No. 5055. & Sunan Attermidhiy, Hadith No. 3403.
- (102) Nafth is slight blowing of breath without spitting.
- (103) Surat Al-Ikhlaas, Surat Al-Falaq and Surat An-Nas are called Al-Mu'awwidhaat (with which refuge is sought).
- (104) Sahih Al-Bukhari, Hadiths No. 5017 and 6319.
- (105) Sahih Al-Bukhari, Hadith No. 3113. & Sahih Muslim, Hadith No. 2727.
- (106) Sahih Muslim, Hadith No. 2713.
- (107) Sahih Al-Bukhari, Hadith No. 6312. & Sahih Muslim, Hadith No. 2711.
- (108) Sahih Al-Bukhari, Hadith No. 6320. & Sahih Muslim, Hadith No. 2714.
- (109) Sahih Al-Bukhari, Hadith No. 6313. & Sahih Muslim, Hadith No. 2710.
- (110) Op. cit., Endnote No. 102.
- (111) Sahih Al-Bukhari, Hadith No. 6985. & Sahih Muslim, Hadith No. 2261.
- (112) Musnad Ahmad, Hadith No. 2/181. & Sunan Abu-Daawuud, Hadith No. 3893. & Sunan Attermidhiy, Book of Adda'awaat, Hadith No. 3528.
- (113) Annawawi's Al-Adhkaar, the section on What to Say if You Wake up during the Night and You

- Want to Go Back to Bed.
- (114) Sahih Al-Bukhari, Hadith No. 1145.
- (115) Sahih Muslim, Book of Travellers' Salaah and Shortening Salaah, Hadith No. 763.
- (116) Sahih Al-Bukhari, Book of Wudhuu', Hadiths No. 142 and No. 6322. & Sahih Muslim, Book of Menstruation, Hadith No. 375.
- (117) Sahih Al-Bukhari, Book of Tayammum, Hadith No. 337. & Sahih Muslim, Book of Menstruation, Hadith No. 369.
 145. & Sahih Muslim, Book of Menstruation, Hadith No. 375.
- (118) Sunan Abu-Daawuud, Hadith No. 30. & Sunan Attermidhiy, Book of Purification, Hadith No. 7.
- (119) Sunan Abu-Daawuud, Hadith No. 101. & Musnad Ahmad, Hadith No. 9408. & Al-Albaani's Sahih Abu-Daawuud, Hadith No. 92.
- (120) Sahih Muslim, Book of Purification, Hadith No. 234. & Sunan Attermidhiy, Book of Purification, Hadith No. 55. & Sunan Attermidhiy, Book of Purification, Hadith No. 55.
- (121) Sahih Al-Bukhari, Book of Ablution, Hadith No. 159. & Sahih Muslim, Book of Purification, Hadith No. 226.
- (122) Mentioned by Annawawi in his Al-Adhkaar, the

- chapter on What to Say at Ightisal (washing the whole body).
- (123) Op. cit., Endnotes No. 26 and No. 28.
- (124) Op. cit., Endnote No. 29.
- (125) Sahih Muslim, Book of Mosques, Hadith No. 569.
- (126) Sahih Muslim, Book of Purification, Hadith No. 285.
- (127) Sahih Al-Bukhari, Book of Prayer Calls, Hadiths No. 611, 612 and 613. & Sahih Muslim, Book of Salaah, Hadith No. 383.
- (128) Sahih Muslim, Book of Salaah, Hadith No. 384.
- (129) Sahih Muslim, Book of Salaah, Hadith No. 386.
- (130) Sahih Al-Bukhari, Book of Prayer Calls, Hadith No. 614.
- (131) Sunan Abu-Daawuud, Book of Salaah, Hadith No. 521. & Sunan Attermidhiy, Book of Salaah, Hadith No. 212.
- (132) Sahih Muslim, Book of Travellers' Prayers and Shortening Prayers, Hadith No. 771.
- (133) Sunan Abu-Daawuud, Book of Salaah, Hadith No. 521. & Sunan Attermidhiy, Book of Salaah, Hadith No. 242. & Sahih Muslim, Book of Salaah, Hadith No. 399.
- (134) Sahih Al-Bukhari, Book of Prayer Calls, Hadith

- No. 744. & Sahih Muslim, Book of Mosques, Hadith No. 598.
- (135) Sahih Muslim, Book of Travellers' Prayers and Shortening Prayers, Hadith No. 770.
- (136) This choice is the easiest, and Annawawi included it in his Al-Adhkaar, and so did Ashshaatibi in his Al-Hirz as well as the investigators of reciters. Wallaahu a'lam (The truth is with Allah).
- (137) Sunan Abu-Daawuud, Book of Salaah, Hadith No. 775. & Sunan Attermidhiy, Book of Salaah, Hadith No. 242. & Al-Albaani's Sahih Attermidhiy, Hadith No. 201.
- (138) Sunan Abu-Daawuud, Book of Salaah, Hadith No. 886 & Sunan Attermidhiy, Book of Salaah, Hadith No. 261.
- (139) Sahih Muslim, Book of Salaah, Hadith No. 479.
- (140) Sunan Abu-Daawuud, Book of Salaah, Hadith No. 870.
- (141) Sahih Al-Bukhari, Book of Prayer Calls, Hadiths No. 794. & Sahih Muslim, Book of Salaah, Hadith No. 484.
- (142) Sahih Muslim, Book of Salaah, Hadith No. 487.
- (143) Mentioned by Annawawi in his *Al-Adhkaar*, the chapter on Rukuu' supplications.
- (144) Sahih Muslim, Book of Salaah, Hadith No. 480.

- (145) Sahih Al-Bukhari, Book of Prayer Calls, Hadith No. 732. & Sahih Muslim, Book of Mosques, Hadith No. 476.
- (146) Sahih Al-Bukhari, Book of Prayer Calls, Hadith No. 799.
- (147) Sahih Muslim, Book of Salaah, Hadith No. 477. The Arabic word /mil-a/ (the fill of) is also pronounced /mil-u/. In his Sharh Sahih Muslim, p. 4/193 and p. 6/59, Annawawi argues for /mil-a/, as the most widely used.
- (148) Sahih Muslim, Book of Salaah, Hadith No. 477
- (149) Mentioned by Annawawi in his Al-Adhkaar, in the chapter on What to Say When Straightening up from Rukuu'.
- (150) Op. cit., Endnote No. 132.
- (151) Op. cit., Endnote No. 140.
- (152) Op. cit., Endnote No. 141.
- (153) Op. cit., Endnote No. 142.
- (154) Sahih Muslim, Book of Travellers' Prayers and Shortening Prayers, Hadith No. 771 & Sunan Attermidhiy, Hadith No. 580.
- (155) Sunan Attermidhiy, Hadith No. 579
- (156) Sunan Abu-Daawuud, Book of Salaah, Hadith No. 850. & Sunan Attermidhiy, Book of Salaah, Hadith No. 284. & Sunan Ibn-Maajah, Book of

- Salaah, Hadith No. 898.
- (157) Sunan Ibn-Maajah, Book of Establishing Salaah in Accordance with the Sunnah, Hadith No. 897. & Sunan Annaasaey, Book of Salaah, Hadith No. 1146. & Al-Albaani's Sahih Ibn-Maajah, Hadith No. 731.
- (158) Sahih Al-Bukhari, Hadith No. 831. & Sahih Muslim, Book of Salaah, Hadith No. 402.
- (159) Op. cit., Endnote No. 5.
- (160) Sahih Al-Bukhari, Hadith No. 835. & Sahih Muslim, Book of Salaah, Hadith No. 402.
- (161) Sahih Al-Bukhari, Book of Funerals, Hadith No. 1377. & Sahih Muslim, Book of Mosques, Hadith No. 588.
- (162) Sahih Muslim, Book of Travellers' Prayers and Shortening Prayers, Hadith No. 771.
- (163) Sahih Al-Bukhari, Hadith No. 834. & Sahih Muslim, Book of Remembrance and Supplication, Hadith No. 2704.
- (164) This is taken from Sheikh Ibn-Baz's Tuhfatul-Akhyaar (The Gift of the Best).
- (165) Sahih Muslim, Book of Mosques, Hadith No. 591.
- (166) According to Al-Hassan, the Arabic word /al
 jadd(u)/ means 'fortune'.

- (167) Sahih Al-Bukhari, Hadith No. 844. & Sahih Muslim, Book of Mosques, Hadith No. 593.
- (168) Sahih Muslim, Book of Mosques, Hadith No. 594.
- (169) Sahih Muslim, Book of Mosques, Hadith No. 597.
- (170) Annasaaey's Assunan Al-Kubraa, Hadith No. 9928, and Annasaaey's 'Amal Al-Yawm wal-Laylah, Hadith No. 100. & Ibn-Assunni's 'Amal Al-Yawm wal-Laylah, Hadith No. 121.
- (171) Sunan Abu-Daawuud, Hadith No. 1523. & Sunan Attermidhiy, Hadith No. 2903.
- (172) Ibn-Baz's Tuhfatul-Akhyaar (The Gift of the Best). & Sunan Attermidhiy, Hadiths No. 3474 and No. 3534.
- (173) Sunan Abu-Daawuud, Hadith No. 1423. & Al-Albaani's Sahih Abu- Daawuud, Hadith No. 1261. & Sunan Annasaaey, Book of Voluntary Salaah at Night and during the Day, Hadith No. 1700.
- (174) According to Al-Imam Ashshafi'i, qumut is to be said aloud after straightening up from the second Rukuu'. According to Al-Imam Malik, it is to be said before that Rukuu', but not aloud. However, qumut is valid in all Salaah at times of affliction. Wallaahu a'lam (only Allah knows the truth).

- (175) Sunan Abu-Daawuud, Hadith No. 1425. & Sunan Attermidhiy, Hadith No. 464.
- (176) See Annawawi's Al-Adhkaar for Arabic meanings.
- (177) Sahih Ibn-Khuzaymah, Hadith No. 2/211. & Al-Bayhaqiy's Assunan Al-Kubraa. & Al-Albani's Irwaa' Al-Ghaleel, Hadith No. 2/170.
- (178) Sunan Annasaaey, Book of Voluntary Salaah at Night and during the Day, Hadith No. 1700.
- (179) Sahih Al-Bukhari, Hadith No. 684. & Sahih Muslim, Book of Salaah, Hadith No. 421.
- (180) Sahih Muslim, Book of Peace, Hadith No. 2203.
- (181) Op. cit., Endnote No. 40.
- (182) Sunan Abu-Daawuud, Hadith No. 1176. & Mutta' Maalik, Hadith No. 2/13. & Al-Albaani's Sahih Abu-Daawuud, Hadith No. 1043.
- (183) Sunan Abu-Daawuud, Hadith No. 1169.
- (184) Mentioned by Annawawi in his Al-Adhkaar, the chapter on Recitation after Seeking Allah's Protection from Satan.
- (185) Sahih Muslim, Hadith No. 878.
- (186) Op. cit., Endnote No. 15.
- (187) Sahih Al-Bukhari, Book of Friday, Hadith No. 891. & Sahih Muslim, Book of Friday, Hadith No. 880.
- (188) Mentioned by Annawawi in his Al-Adhkaar, the

- chapter on Recitation after Seeking Allah's Protection from Satan.
- (189) Sahih Muslim, Book of Friday, Hadith No. 853.
- (190) It is mentioned by Annawawi in his Al-Adhkaar, the chapter on the favourite supplications on Friday. However, he favours Ibn-Alqayyim's argument in Zad Al-ma'ad that it is the last hour of day on Friday; he supported his view by evidence from a number of Hadiths. See Ibn-Al-Qayyim's Zad al-Ma'ad, Vol.1, Chapter 1, p.131.
- (191) Sahih Muslim, Book of Friday, Hadith No. 873
- (192) Sahih Muslim, Book of Friday, Hadith No. 877.
- (193) Sahih Muslim, Book of Friday, Hadith No. 878.
- (194) Sahih Al-Bukhari, Hadith No. 5197. & Sahih Muslim, Hadith No. 907.
- (195) Sahih Al-Bukhari, Hadith No. 1059. & Sahih Muslim, Hadith No. 912.
- (196) Sahih Al-Bukhari, Hadith No. 1060. & Sahih Muslim, Hadith No. 915.
- (197) Sahih Al-Bukhari, Hadith No. 1044. & Sahih Muslim, Hadith No. 901.
- (198) Sahih Al-Bukhari, Hadith No. 1054.
- (199) Sahih Al-Bukhari, Hadith No. 1050. & Sahih Muslim, Hadith No. 903.
- (200) Op. cit., Endnote No. 185.

- (201) For starting and ending takbeer, see Al-Annawawi's Al-Adhkaar in the chapter on Legal Adhkaar on the Two Eeds (Festivals).
- (202) Ibn-Abi Shaiba's Al-Mussannaf, Hadith No. 2/165. & Al-Albani's Al-Irwaa', Hadith No. 3/125.
- (203) Sunan Attermidhiy, Hadith No. 2035. & Al-Albani's Sahih Al-Jaami', Hadith No. 6326.
- (204) Sahih Al-Bukhari, Book of Zakaah, Hadith No. 1442. & Sahih Muslim, Book of Zakaah, Hadith No. 1010.
- (205) See the section on Adhkaar for Zakaah.
- (206) Sahih Al-Bukhari, Book of Al-Ansaar's Qualities, and Hadith No. 3780.
- (207) Sunan Annasaaey, Hadith No. 4687. & Sunan Ibn-Maajah, Hadith No. 2424. & Al-Albaani's Sahih Annasaaey, Hadith No. 4366. & Al-Albaani's Sahih Ibn-Maajah, Hadith No. 1968.
- (208) Sunan Attermidhiy, Hadith No. 3451. & Musnad Ahmad, Hadith No. 1 / 162.
- (209) Sahih Al-Bukhari, Book of Fasting, Hadith No. 1894. & Sahih Muslim, Book of Fasting, Hadith No. 1151.
- (210) Sunan Attermidhiy, Hadith No. 3598.
- (211) Sunan Abu-Daawuud, Book of Fasting, Hadith No. 2357. & Annasaaey's 'Amal Al-Yawm wal-

- Lailah, Hadith No. 299.
- (212) Sunan Abu-Daawuud, Book of Foods, Hadith No. 3854. & Musnad Ahmad, Hadith No. 3 / 138.
- (213) Sunan Attermidhiy, Hadith No. 3513.
- (214) Annawawi's Al-Adhkaar, Kitaab Adhkaar Assiyaam (Book of Fasting Supplications).
- (215) Sahih Al-Bukhari, Book of Jihad, Hadith No. 2993.
- (216) Sahih Muslim, Hadith No. 2595.
- (217) Sahih Muslim, Hadith No. 2718.
- (218) Sahih Muslim, Hadith No. 2708.
- (219) Annasaaey's Assunan Al-Kubraa, Hadith No. 8827.
- (220) Sahih Al-Bukhari, Book of Hajj, Hadith No. 1549. & Sahih Muslim, Book of Hajj, Hadith No. 1184.
- (221) Sahih Muslim, Book of Hajj, Hadith No. 1184.
- (204) Mutta' Malik, Hadith No. 1122.
- (222) Muwatta' Maalik, Hadith No. 1122.
- (223) Sahih Al-Bukhari, Book of Hajj, Hadiths No. 1686 and No. 1687. & Sahih Muslim, Book of Hajj, Hadith No. 1281.
- (224) The thing that was in the Prophet's hand was called *al-mihjan* (a stick with a curved end, like a scepter).

- (225) Sahih Al-Bukhari, Book of Hajj, Hadith No. 1613. & Sahih Muslim, Book of Hajj, Hadith No. 1272.
- (226) Sahih Al-Bukhari, Book of Hajj, Hadith No. 1549. & Sahih Muslim, Book of Hajj, Hadith No. 1267.
- (227) Sunan Abu-Daawuud, Hadith No. 1892. & Al-Albani's Sahih Abu-Daawuud, Hadith No. 1666.
- (228) Sahih Muslim, Book of Hajj, Hadith No. 1218.
- (229) Ibid.
- (230) Sahih Muslim, Book of Hajj, Hadith No. 1218.
- (231) Sahih Al-Bukhari, Hadith No. 970. & Sahih Muslim, Book of Hajj, Hadith No. 1284.
- (232) Sunan Annasaaey, Hadith No. 3014.
- (233) Sunan Attermidhiy, Hadith No. 3585. & Muwatta' Maalik, Hadith No. 1-422 & Al-Albani's Sahih Attermidhiy, Hadith No. 2837.
- (234) "Jomah" refers to Muzdalifah.
- (235) Sahih Muslim, Book of Hajj, Hadith No. 1218.
- (236) Sahih Al-Bukhari, Book of Hajj, Hadith No. 1684.
- (237) Sahih Muslim, Book of Hajj, Hadith No. 1218.
- (238) Op. cit., Endnote No. 223.
- (239) Sahih Al-Bukhari, Book of Hajj, Hadith No. 1751.
- (240) Op. cit., Endnote No. 202.
- (241) Sahih Al-Bukhari, Kitaab Al-Eedain (Book of the

- Two Festivals). & Annasaaey's Assunan Al-Kubraa, Hadith No. 3/312.
- (242) Sahih Muslim, Book of Sacrifices, Hadith No. 1967.
- (243) Op. cit, Endnote No. 128.
- (244) Sunan Abu-Daawuud, Hadith No. 2042. & Al-Albaani's Sahih Abu-Daawuud, Hadith No. 1796.
- (245) Op. cit., Endnote No. (5).
- (246) Sahih Al-Bukhari, Hadiths No. 6406 and 6682. & Annawawi's Al-Adhkaar, Hadith No. 7563. & Sahih Muslim, Hadith No. 2694.
- (247) Sahih Muslim, Hadith No. 2137.
- (248) Sahih Muslim, Hadith No. 2726.
- (249) Sahih Al-Bukhari, Hadith No. 6403. & Sahih Muslim, Hadith No. 2691.
- (250) Sunan Attermidhiy, Hadith No. 3383. & Sunan Ibn-Maajah, Book of Manners, Hadith No. 3800. & Al-Albaani's Sahih Ibn-Maajah, Hadith No. 3065. & Al-Haakim's Al-Mustadrak, Hadith No. 1/502. & Annasaaey's 'Amal Al-Yawm wal-Laylah, Hadith No. 831.
- (251) Sahih Al-Bukhari, Hadith No. 6409. & Sahih Muslim, Hadith No. 2704.
- (252) Sunan Attermidhiy, Hadith No. 3375. & Musnad Ahmad, Hadith No. 188 / 4.

By Allah's Grace, Selected Adhkaar (Book One in The Believer's Provision Series) is completed, but to be followed by Comprehensive Du'aa' (Book Two in The Believer's Provision Series).

Publications by the Author

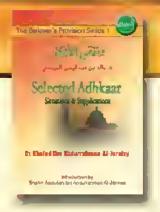
1.	Raghbah	(an Arabic-English edition)		
2.	Your Guide to Raghb	ah	(Arabic -	English)
3.	Al-Jeraisy Family		(Arabic -	English)
4.	Selected Documents on Saudi-Egyptian Relations during the Reign of King Abdul-Aziz Al-Saud, Volumes 1-3 (Arabic)			
5.	Time Management fr Administrative Persp			English)
6.	Administrative Leade Administrative Persp	- -		
7.	Consumer Behavior: An Analytical Study of The Saudi Family's Purchase Decisions (Purchasing Computers) (Arabic - English)			
8.	Tribalism from an Islamic Perspective (Arabic			(Arabic)
9.	A Critique of the Rol	le of Art		(Arabic)
10.	Virtues of Polygamy	,	(Arabic -	English)
11.	Muslim Women: Wh	ere to?		(Arabic)
12,	Delinquency: Treatment in Light of the Qur'an and the Sunnah (Arabic			(Arabic)
13.	Protection from Satan's Temptations		(Arabic)	
14.	Guarding against Magic		(Arabic)	
15.	Legal Ruava			(Arabic)

```
16. Treatment and Rugya as Practised
    by the Prophet.
                                           (Arabic)
17. Rugya of the Righteous.
                                           (Arabic)
The following booklets in the Believer's Provision Series:
18. Book 1: Selected Adhkaar
                                 (Arabic - English)
19. Book 2: Comprehensive Du'aa'(Arabic - English)
20. Book 3: Daily and Nightly
                                 (Arabic - English)
    Prayers
21. Book 4: Teaching Qur'anic Recitation (Arabic)
22. Book 5: Self-Rugya Treatment(Arabic - English)
23. Book 6: Fasting is Protection (Arabic - English)
24. Book 7: The Guide to Omrah (Arabic - English)
25. Book 8: The Guide to Hajj (Arabic - English)
26. Supplications for the Young (Arabic - English)
27. An Anthology of Fatwas by Scholars of the
    Holy Land (Arabic - English - French - Urdu)
28. Selected Fatwas on Faith-healing and
    Witchcraft (Arabic - English - French - Urdu)
29. Series of Fatwas by Scholars of the Holy Land:
    Book 1: Fatwas on Beliefs (Section 1) (Arabic)
    Book 2: Fatwas on Beliefs (Section 2)
                                          (Arabic)
    Book 3: Fatwas on Beliefs (Section 3) (Arabic)
    Book 4: Fatwas on Intentions,
    Cleanliness and Salaah
                                           (Arabic)
```

Book 5: Fatwas on Zakaah, Fasting, Hajj and Omrah	(Arabic)
Book 6: Fatwas on Marriage, Divorce and Treatment of Wives	(Arabic)
Book 7: Fatwas on Sales, Transaction and Usury	ns (Arabic)
Book 8: Fatwas on Medicine, Ruqya	
Treatment, Amulets and Magic	(Arabic)
Book 9: Fatwas for Women	(Arabic)
Book 10: Fatwas on Manners	(Arabic)
Book 11: Fatwas on Religious Knowle	edge,
Ijtihaad and Daawah	(Arabic)
Book 12: Miscellaneous Fatwas	(Arabic)

The following Arabic reference books jointly investigated - co-investigator: Dr. Saad Ibn Abdullah Al-Humayyid:

- 30. Kitaab Al-'Ilal (Book of Defects of Hadith Evaluation) by Ibn Abi Hatim
- 31. Mu'jam Al-Tabaraani: Part of Vol. 21, in Musnad Al-Nu'man Ibn Basheer
- 32. Vol. 13, Mu'jam Al-Tabaraani
- 33. Su'aalaat Assulami Liddaara-Qutniy
 (Questions put by Assulami to Al-Daara-Qutniy)
- 34. Ibn Al-Jawzi's Afat Ashaab Al-Hadeeth (The Problem with Hadith Researchers)



The booklet pinpoints the value of Allah's remembrance and supplication. It also shows how they can be answered. The writer has succeeded in selecting relevant content from only the established hasan or sahih supplications and regular voluntary sayings and Adhkaar, specific as well as general, Besides, he has documented the authenticity of narration and grades of Hadiths ."

Abdullah Ibn Abdurrahman AL-Jibreen

Distributed by

AL-Jeraisy Establishment

For Distributon & Advertising P.O.Box: 1405 Riyadh: 11431

Tel.: 4022564 Fax: 4023076

ISBN: 9960-39-211-2